

The Diary of Health
Transcribed and edited by Ralph Colp jr.

Jan 1 + ¹	Feb 1 +	March 1
2	2 +	2 +
3 ++	3	3 +
4	4	4 +
5	5	5
6 +	6 very poorly	6
7 ++	7	7
8	8	8
9	9	9
10 poorly very	10 +	10 +
11	11	11
12	12 +	12 10. 7. 12 ⁵
13	13 ++	13 +
14 - poorly very	14 + <u>Boil</u>	14
15	15	15
16	16	16 +
17 7 Days ²	17	17 +
18	18	18 +
19	19	19
20 +	20	20
21 ++	21	21
22 ++	22	22
23	23	23
24 +	24 ++	24
25	25 +	25 st. lb. oz.
26	26 +	26 10. 7. 2.
27 +	27 ++	27
28	28 +	28
29		29
30		30
31 ³		31 poorly

Malvern

9 Days⁴

April	1	poorly	May	1	well nearly	June.	1	well
	2	do		2	well		2	well
	3	no more snuff		3	do		3	well
		not very well		++ 4	poorly ["perhaps	10.12.7	4	well
	4				from walk" del.]	compress off	5	well not quite
	5			5	poorly		6	well almost very
	6	poorly		6	well		7	well
	7	do	10.11.13	7	well		8	well very
	8	well		8	well very		9	well <u>very</u>
10.8.8	9	well		9	do do	11. 0. 0	10	well very
	10	well		10	do (nearly		11	well very (in evening
	11	well		11	well			not quite)
	12	well		12	well		12	well
	13	well		13	well		13	well almost very
	14	well, not quite	(10.12.3)	14	well		14	well <u>very</u> 2*
	15	poorly	[with Fl.	15	well very		15	well very
10.9.10	16	well	W is 4 oz] 7	16	well		16	poorly in evening
	17	do		17	poorly		17	poorly
	18	do		18	poorly in Bed	st. lb oz	18	poorly rather
	19	do		19	poorly rather	10 13 15	19	poorly a little
	20	poorly little		20	well nearly		20	well nearly
	21	do do		21	well		21	well
st. lb	22	well		22	well not quite		22	well
10.10.12	23	poorly, rather		23	well		23	well
	24	well		24	well		24	well
	25	do		25	well	st lb oz	25	poorly little
	26	do		26	well not very	11 0 4	26	well
	27	poorly		27	well: in evening		27	well
	28	do. slight sinking ⁶			poorly		28	well
	29	do – trace of	10.12.10	28	well do		29	well
10.11.12	30	do		29	well		30	well
				30	well very			travelling treatment interrupted
				31	well very			* very little flatulence
								*2 do except early at night

<u>July</u> 1849		Temp. 54°.
1 Sunday. Shallow Bath 5' 8 2 dripping sheets	--	Well almost very
		Well almost very
2 Monday sweat do do		Well <u>very</u> (not a strong dash)
3 Tuesday sweat do do		Well almost very in morning:
4 Wednesday Shallow Bath do	slight eruption on legs fl at night not counted	Well
5 Thursday sweat do do		Well a good deal of flatulence
6 Friday Shallow Bath do		Well very
7 <u>Saturday</u> sweat do do		Well <u>very</u> on slight fit of flatulence at 5 P.M.
8 Sunday Shallow Bath do		Well almost very, one bad, one slight fit of flatulence, otherwise well
9 Monday sweat do do		Well – feeling vigorous all day,
10 Tuesday sweat do do		Well almost very (as on 8 th)
11 Wednesday Shallow Bath do		Well almost very. Then slight fit of flat.
12 Thursday sweat do do		Well almost very. 2 baddish & 1 slight fit of flat: <u>very much</u> flat in night
13 Friday Shallow Bath do		Well not quite. 2 bad fits of & much continual flat. eruption much diminished
14 <u>Sat.</u> sweat do do		Well almost very. 1 baddish 1 slight fit of fl: all night very bad fl. with fright
15 Sund. Shallow Bath. 2 footbaths do		Poorly – 2 very bad fits & much continued flat – do in night. languid
16 Monday Sweat do 3 dripping sh. 54° for 5'		Poorly, little; much continued flat: - do in night; languid
17 Tuesd. Shallow Douche Drip. Sh.		Poorly, much flat; excessive at night with slight trembling & fright.
18 Wed Sweat Douche do		Well, but with much flatulence
19 Thrusd. Shallow Douche do		Well feeling vigorous, but with several bad fits of fl & much at night

20	Frid.	Shallow Douche	do	Poorly in morning, well afterward, not very much fl
21	<u>Sat</u>	Sweat Douch	do	Well in morning. poorly afterwards with very much fl.
22	Sund	Shallow Douche	do	Well but with good deal of fl.
*				
23	Monday	Sweat * Douche	do	Well in morning, poorly in evening with very much fl.
24	Tuesd.	** Shallow Douche	do	Well, feeling vigorous all day, but in even ⁹ good deal of fl. excellent night
25	Wed.	Sweat Douch	do.	Well very. At 5.30: long though slight fit of fl. & some afterward
26	Thurs	Shallow Douche	do	Poorly little with considerable fl
27	Friday	Shallow Douche	do	Well almost very with 3 slight fits of fl: at night considerable fl.
28	<u>Sat</u>	Sweat Douche	do	(2 foot baths) Well in morning. Poorly in afternoon, nausea, much discomfort & fl.
29	Sund	Shallow foot Shallow Drip: at 12' 30'		Poorly very with nausea slight sinking, several fits of excessive fl.
30	Mond	Sweat Shallow Douche	do	Well decidedly 4 slight fits of fl.
31	Tuesday	Sweat Douche	do	Well nearly, ["but" del] with very much fl. 6 or 7 baddish fits of

* St lb

11 0 0

Without Hat or Compress in grey trousers & shoes.

29th almost every trace of eruption gone

** Began working on Cirripedia.

August 1849

1 Wed	0 Sh: 0 Dr.	Well <u>very</u> , two very slight fits of fl.
2 Th	Sw: Sh: D: Dr.:	Well very 3 slight fits of fl.
3 Fri	Sw: Sh: D Dr.	Well <u>very</u> 2 very slight fits of fl
4 <u>Sat</u>	Sw. Sh. D Dr.	Well <u>very</u> no fit of fl. only few separate eruct.
5 Sund	Sh. O Sh. Foot B.	Poorly little, 6 or 7 fits of fl of which 2 or 3 bad ones: little nausea
6 Mon	Sw: Sh D Dr	Well in morning, after 7 about 6 fits of fl not very bad: night bad, wakeful, much fl
*7 Tuesday	Sw Sh D Dr	Well, with 2 rather consid. Fits of fl
8 Wednesday	0 Sh: 0 Dr.	Well, barely, 5 or 6 fits of fl. of which one baddish
9 Thursday	Sw. Sh. D. Dr.	Well 4 or 5 slight fits of fl.
10 Friday	Sw. Sh. D. Dr.	Well in morning: <u>poorly</u> little afterwards, 4 or 5 fits of fl. of wh. One bad: night bad, oppressed, much fl
11 <u>Sat</u>	Sw. Sh. D Dr.	Well <u>very</u> , only one very slight fit of fl; night however with much. –
12 Sund	0 Sh 0. Dr.	Well barely 4 or 5 slight fits of fl.; night very good
13 Monday	Sw. Sh. D. Dr.	Well <u>very</u> , no fit of fl but some occas separate eruct: night with consid fl.
14 Tuesd	Sw Sh. D Dr.	Well <u>very</u> do do. <u>Night</u> or early morning, terrible fl headache, nausea, shivering, retching up with acid & clots blood
+ + 15 Wed	Sh. Dr. (FB) Dr(FB)	much headache fl. nausea, one bad sickness, acid & slime: night excellent
16 Th ¹⁰	Sw Sh D D	Well, but exhaust in morning. In evening little poorly. Night good but too heazy
17 Fri	Sw. Sh. D Dr.	Well 3 fits of fl night rather wakeful much fl.
18 <u>Sat</u>	Sw. Sh. D. Dr.	Well do night moderately good.
19 Sund	Sh. D. Dr.	Poorly little, much fl. – night fair
20 Mond.	Sw. Sh. D. Dr.	Well, 4 fits of fl. night fair but heazy.
21 Tuesd	Sw. Sh. D Dr.	Well <u>very</u> no fits of fl. but at <u>early</u> night much, good afterwards.
22 Wednesday	0 Sh. 0 D Dr.	Well almost very 3 fits of fl of wh. One longish night good, often wakeful
23 Th	Sw. Sh. D. Dr.	Well <u>very</u> no fits of fl & but very little occas. night good [“little” del] not much fl. often waking
24 Fri	Sw. Sh. D. Dr.	Well <u>very</u> do some reather uncomfortable feels- night good
25 <u>Sat</u>	Sw. Sh. D. Dr.	Well <u>very</u> do night so, so
26 Sund	0 Sh. 0 Dr.	Well: at 4 P.m. & after 4 fits of fl. night [“very” del] good,, rather heazy
27 Mond	Sw. Sh. D Dr.	Well <u>very</u> at l. one fit of fl. night uncomf. often waking. yet stay heazy much fl
28 Tues	Sw. Sh. D Dr.	Well much fl. in afternoon to cleansing. ¹¹ Night not very bad.

no eruption
4 to 6 fits of fl
every night, otherwise
good night

29	Wed	0 Sh. D Dr.	Well not quite, bowels uncomf. 2 fits of fl. one long & <u>bad</u> : night excellent
30	Th	Sw. Sh 0. 0	Poorly. Exhausted. Bowels wrong, Physic, <u>much fl.</u> from spice. night goodish.
31	Fri	0. 0. 0. 0.	Poorly. Bowels. not very much fl: night much fl

	3 P.M.	St	lb	oz	
* Tuesday 7 th :	11"	2"	1		dressed as before
					Go on till 10 th of September ¹²
					7 double dashes ¹³

1. <u>Sat</u>	Sw. Sh. D. Dr.	Well almost very. One fit of fl. not slight – Night uncomf. much fl.
2 Sunday	Sw. Sh. D.	Well <u>very</u> . some occas. fl night bad very much fl wakeful discomfort
3 Monday	Sw. Sh. D. Dr.	Poorly a little, much fl night at first bad, then rather heazy
4 Tues	Sw ShO. 0 Dr	Travels Poorly very, excessive fl; headache. night heazy, but otherwise pretty good
5 Wen	0. Sh. D. Dr.	Well but with <u>many</u> fit of fl not very bad. night pretty good
6 Th	Sw. Sh. D. Dr.	Well <u>very</u> . little occas. in evening. – night excellent, but long fit of fl in early morning
7 Fri	Sw. Sh. D. Dr.	Well very in morning: from long drive 3 consid. fits of fl night good
8 <u>Sat</u>	0. Sh D Sh	Well almost very, but 3 or 4 <u>slight</u> fits of fl night good
9 Sun	0 Sh. 0. Sh	Well almost very, one not very slight fit of fl night excellent
* 10 Mon	0 Sh. D. Sh.	Well almost very. one long but not bad fit of fl. night good.

11 Tu	0 Sh.	Well <u>travelling</u> . some fl.	night bad
Birmingham			
12 W.	Sh.	Well, not quit[e] 3 or 4 fits of	rather bad fl. night excellent
13 Th.	Sh.	Well extremely but 1 fit of fl	night uncomfortable
14 Fr.	Sh.	Well do do	night no good
15 <u>Sat</u>	Sh.	Bowels bad some fit of fl	night good
16 Sund	0	Well do	night excellent
17 Mon	Sh	Well very 1 fit of fl.	night excellent
18 Tu	Sh	Well extremely 1 rather bad fit of fl	night not bad
19 W.	Sh.	Well very 1 or two fits of fl	night not good
20 Th.		Well do (travelling) ¹⁴	night ["bad" del] fair
21 Fri	Sw. Sh. D. Dr.	Well. 3 fits of fl, of which two bad –	night much fl
22 <u>Sat</u>	Sw. Sh. D. Dr.	Well 5 fits of consid. fl.	night bad, much fl. headach[e], fear
23 Sund	Packed.	Poorly in bed a good deal of fl.	night good, too heazy
24 Mond	Sw. Sh. D. Dr.	Well, but 4 or 5 fits of fl.	night fair
25 Tu	Sw Sh. D. Dr.	Well 4 fits of fl. of which two baddish	night not very good
26 W.	0 Sh. D. Dr.	Well 3 fits of fl of which 1 bad	night fair in morning 1 bad fl.
27 Th.	Sw. Sh. D. Dr.	Well do 1 rather bad	night good
28 Fr.	Sw. Sh. D. Dr.	Well <u>very</u> , one slight fit of fl	night fair
29 <u>Sat</u>	Sw. Sh. D. Dr.	Well <u>very</u> Little occas.	night good
30 Sund.	0. Sh. 0. Sh.	Well <u>very</u>	night wakeful

not very much fl.

Birmingham

3 double¹⁵

10 th					
*	St	lb		St	lb oz
	11	3	0	21 st	11 2 8

October 1849

1 Mon.	Sw. Sh. D. Dr.	Well <u>very</u>	night excellent, two slightest fits of fl
2 Tu.	Sw. Sh. D. Dr.	Well <u>very</u>	night poor wakeful consid. fl
3 Wed	D. Sh. D Dr.	3 slight fits of fl	night good
4 Th	Sw. Sh. D Dr.	Well <u>very</u> .	With fl before breakfast – from not working – night poor much fl rather wakeful
5 Fri	Sw. Sh. D. Dr	Well almost very.	2 fits of fl of wh[ich] one very slight. – night pretty good
<u>6 Sat</u>	Sw. Sh. D. Dr.	Well.	2 fits of fl of wh[ich] one bad night poor much fl
7 Sun	0 Sh. 0 Dr.	Well not perfectly	6 fits of fl night fair rather heazy
8 Mon	Sw. Sh. D Dr.	Well <u>very</u>	night poorish 8 consid. fits of fl.
9 Tu	Sw. Sh. D. Dr.	Well <u>very</u>	slightest erupt. on back night ogod
10 Wed	0 Sh. D. Dr.	Well <u>very</u>	do night very good
11 Th	Sw. Sh. D. Dr.	Well <u>very</u>	1 perhaps slightest fit of fl night very good with fl except first part
12 Fri	Sw. Sh. D. Dr.	Well <u>very</u>	rash night very good, hardly got up for fl.
<u>13 Sat</u>	Sw. Sh. D. Dr.	Well <u>very</u>	([“little” del] bad boil) night very good – not much fl.
14 Sun	0 Sh. 0 0.	Well <u>very</u>	uncomf. from Boil night very good, very little fl
15 Mon ¹⁶	Sw. Sh. 0 Dr.	Well <u>very</u>	do night good, in morning some fl
16 Tu	Sw. Sh. Dr. 0	Well <u>very</u>	do Some occas. fl night good, in morning some consid. fl.
17 Wed	0 Sh. 0 Dr.	Well <u>very</u>	Boil broke night good
18 Th	Sw. Sh. D. Dr.	Well very	2 not very slight fits of fl before breakfast. night fair
19 Fri	Sw. Sh. D. Sh.	Well <u>very</u>	night good with fl, oppressed.
<u>20 Sat</u>	Sw. Sh. D. Dr.	Well <u>very</u>	night poorish [“much” del] consid fl
21 Sun	0 Sh. 0 Dr.	Well <u>very</u>	(rash almost gone) night baddish much fl in early part
22 Mon	Sw. Sh. D. Dr.	Well.	3 fits of fl. of wh. [ich] one long night poorish
23 Tu	Sw. Sh. D. Dr.	Well almost very	2 fits of fl one very slight night poorish
24 W.	0 Sh. D Dr.	Well <u>very</u>	some occas. fl (rash gone) night good
25 Th	Sw. Sh. D. Dr.	Well <u>very</u>	[“(new boil coming)” del] night good
26 F.	Sw. Sh. D. Dr.	Well <u>very</u>	night first part baddish
<u>27 Sat</u>	Sw. Sh. D. D.	Well very,	after tea one baddish long fit of fl, night poor, heaz very much fl
28 Sund	0 Sh. 0 0	Well 3 fits of fl of which one long.	night fair
29 Mon	Sw. Sh. D. Dr.	Well	2 fits of fl of which one long night poor, wakeful yet Heazy
30 Tu.	Sw. Sh. D. Dr.	Well <u>very</u>	night poor
31 Wed.	0. Sh. 0. Dr.	Well not quite	7 fits of fl night pretty good

20 double dashes¹⁷

St lb

18th 11 10 in summer cloths as before

& Ten days in November on same treatment¹⁸

1849

November

Thurs 1 st	Sw. Sh. D. Dr.	Well not perfectly. 4 or 5 fits of fl. night wakeful, heazy much fl.
Fri 2 nd ¹⁹	Sw. Sh. D. Dr.	Well not perfectly. 4 or 5 fits of excessive fl. - night bad excessive fl.
<u>S 3rd</u>	Sw Sh D. Dr.	Well <u>very</u> . one fit of fl night fair
Sun 4 th	Sh. Sh.	Well very one consid. fit of fl night poorish
M 5	Sh T ²⁰	Well, much fl. fatigue headache night good
T 6	Dr T	Well do do do
W 7	Dr T ²¹	Well <u>very</u> night fair
Th 8	Dr T	Well much fl. night good
Fr 9	Dr T	Well do night good
<u>Sat 10</u>	Sw Sh. Sh.	Well <u>very</u> do
Sun 11	Sw Sh. Sh.	Well <u>very</u> do
M 12	Sh. D.	Well <u>very</u> night excellent. 1 slight fit fl.
T 13	Sw Sh. Sh. Dr	Well <u>very</u> night good
W 14	Sh. D.	Well almost <u>very</u> incipient cold uncomf. night good.
Th 15	Packed Sh	Well <u>very</u> ["with" del] not well from cold night good.
F 16	Sh.	Well almost very 2 fits of fl London night good, wakeful
<u>Sat 17</u>	Dr.	Well do very 2 fits of slight fl do night poor
S. 18	Sw. Sh. D.	Well not quite 3 fits of fl of which only one very bad night heazyish. consid. fl
M 19	Sw Sh. D.	Well not ["Boil" inserted] 5 or 6 fits of bad fl night with some consid. fits of fl.
T 20	Sw. Sh. Sh. Dr.	Well 5 fits of not bad fl. night with some consid. fits of fl
W 21	Sh. D.	Well 4 fits of fl night poor do
Th 22	Sh. 0 0 0	Poorly little. 4 or 5 fits of fl (Boil Broke) night pretty good
F 23	Sw. Sh. D.	Well <u>very</u> (one almost fit of fl) night good
<u>Sat 24</u>	Sh. D.	Well <u>very</u> rash night good
Sun 25	Sw. Sh. Sh.	Well <u>very</u> night not very good
M 26	Sh. D.	Well <u>very</u> (1 slight fit of fl after breakfast) night good
T 27	Sw. Sh. Dr Dr	Well <u>very</u> 1 fit of fl before breakfast night excellent
W 28	Sh. D.	Well <u>very</u> night good
Th 29	Sh. D.	Well <u>very</u> night excellent
Fr 30	Sw. Sh. Dr. Dr.	Well <u>very</u> night good

(12 Weeks, to Nov. 10) Sw. 5 D. 5 Dr. Twice²²11 Double dashes²³

St lb
 27th 11 11 with flannel waistcoat

1849 December

<u>Sat 1.</u>	Sh. D.	Well <u>very</u>	(rash continuous)	night poorish
Sund. 2 nd	Sw. Sh. Sh.	Well not quite;	in afternoon 6 or 7 fits of bad fl.	night poor much fl.
M. 3	Sh D	Well <u>very</u>	night rather wakeful,	poor
Tu. 4	Sw. Sh. Dr. Dr.	Well <u>very</u>	night rather wakeful but good	
Wed. 5	Sh. D.	Well <u>very</u>	night little	do do
Th. 6	Sh. D.	Well <u>very</u>	night often disturbed but goodish	
Fri 7	Sw. Sh. Dr. Dr.	Well <u>very</u>	(little Boil broke / some rash)	night good
<u>Sat 8</u>	Sh. D.	Well <u>very</u>	(little occas. fl. in evening no fl)	night excellent
Sun 9	Sw. Sh. Sh	Well <u>very</u>	night not very good	
M 10	Sh. D.	Well <u>very</u>	(some little occas. fl)	night good
Tu 11	Sw. Sh Dr. Dr.	Well <u>very</u>	(consid. occas. fl)	night poorish, much fl
Wed 12	Sh. D.	Well <u>very</u>	night good	
Th. 13	Sh. D.	Well <u>very</u>	night not very good	
Fri. 14	Sw. Sh. Dr. Dr.	Well (two consid. fit & occas. fl)	night bad, heazy, excessive fl	
<u>Sat 15</u>	Sw. Sh. Dr. Dr.	Well <u>very</u>	(rash gone)	night good
Sun 16	Sw. Sh. Sh.	Well <u>very</u>	(some occas fl)	night pretty good
Mon 17	Sh. D.	Well <u>very</u>	(do)	night do
Tu 18	Sw. Sh. D.	Well <u>very</u>	night do	
We 19 ²⁴	Sh. London	Well <u>very</u>	night bad, wakeful, excessive fl	night good
Th 20	Dr. T ²⁵ ["do inserted"]	Well not quite; headache	excessive fl	night good
²⁶ #				
Fi 21	Sh D.	Well <u>very</u>	(no rash)	night pretty good
<u>Sat 22</u>	Sh. D.	Well <u>very</u>	night excellent	
Sund 23	Sh. Sh.	Well <u>very</u>	night pretty good ["wakeful" inserted]	
Mo 24	Sh. D.	Well <u>very</u>	night very wakeful, one bad fit of fl in middle	
Tu 25	Sh. Dr. 0.	Well <u>very</u>	(almost 1 fit of fl. night goodish, but good deal of fl early & ["late" del] morning	
Wed 26	Sh. D.	Well <u>very</u>	(new boil) night wakeful very much fl	
Th 27	Sh. D.	Well <u>very</u>	night wakeful excessive fl early in morning	
Fi 28	Sh. Dr. Dr.	Well <u>very</u>	night rather wakeful, rather much fl, little in morning	
<u>Sat 29</u>	Sh. D.	Well <u>very</u>	night good – With fl morning	
Sund. 30	Sh. Sh.	Well <u>very</u>	(some occas. fl) night good – baddish fit of fl in M[orning]	
Mon 31	Sh. D.	Well <u>very</u>	(not very comfortable) ["before Boil broke]" inserted] night good.	
			hardly any fl in m[orning]	
Nov 10 th	Dec 20 (six weeks)	Sw. thrice, D. 4 times, Dr. twice ²⁷		

1850 January

Tu 1 st	Sh. Dr. 0	Well not quite, in afternoon excessive fl. Little headach. Night wakeful very much fl.
Wed 2 nd	Sh. D.	Well <u>very</u> some occas fl night wakeful rather much fl
Th 3	Sh. D.	Well <u>very</u> do night much fl
Fr 4	Sh. Dr. Dr.	Well <u>very</u> night wakeful consid. fl
<u>Sat 5</u>	Sh. D.	Well <u>very</u> night wakeful do
Su 6	Sh. Dr. Dr.	Well <u>very</u> night good, little wakeful, little fl
M 7	O D.	Well <u>very</u> night excellent do very little fl.
Tu 8	Sh. Dr. Dr.	Well <u>very</u> night good, little wakeful, consid fl m.[orning]
W. 9	Sh. D.	Well <u>very</u> night do do Little fl
Th 10	Sh. D.	Well <u>very</u> (2 slight fit of fl) night good do
42°		
F 11	Sh Dr. Dr.	Well <u>very</u> (some discomfort) night heazyish, rather much fl.
<u>Sat 12</u>	Sh. D.	Well <u>very</u> night poorish. wakeful. extreme fl
Su. 13	Sh. 0. 0.	Well <u>very</u> night do do do
M 14	Sh. D.	Well <u>very</u> night good E ²⁹ confinement
Tu. 15	Sh. Dr. Dr.	Well <u>very</u> (some occas. fl) night good, heazyish, 2 or 3 baddish fits of Fl
W. 16	Sh. D.	Well <u>very</u> night – consid. fl.
<u>Th. 17</u>	Sh. D. ³⁰	Well <u>very</u> (some discomfort) night heazyish, rather much fl
F. 18	Sw. Sh. Dr. 0	Well <u>very</u> tired in evening night often waking. do
<u>Sat 19</u>	Sh. D. Well.	3 fits of slight fl. G. unwell ³¹ night heazyish. 1 bad fit of fl
Su 20	Sh. 0. 0.	Well <u>very</u> (some discomfort) night heazyish consid. fl
M. 21	Sh. D.	Well <u>very</u> night rather wakeful, rather much fl
Tu 22	Sw. Sh. Dr. Dr.	Well <u>very</u> night good; little wakeful
W. 23	Sh. D.	Well <u>very</u> night uncomfot Ge. ^y unwell ³²
Th. 24	Sh. D.	Well <u>very</u> (tired in evening) night good
Fi 25	Sw. Sh. Dr. Dr.	Well <u>very</u> night very good
<u>Sat. 26</u>	Sh. D.	Well <u>very</u> night good
Su. 27	Sh. 0. 0	Well <u>very</u> (little oppressed in evening) night pretty good
M. 28	Sh. 0. 0	Well <u>very</u> (long continuous slight fl. in evening (Mitcham) night do ³³
Tu 29	Sw. Sh. D.	Well, in afternoon not quite, several bad fits of fl night not very good
W. 30	Sh. D.	Well not, increasing, very bad fl. night excessive fl
Th. 31	Sh. D.	Well amost <u>very</u> , one not bad fit of fl night poor oppressed, wakeful

Dec. 21 to Jan 17 – four weeks, with D. 4 times per week & no lamp. Dripping twice per week

Jan 18th to Feb 12 three weeks with D. 4 times. Sw twice in six days. Dr. twice³⁴

24 double dash³⁵

1850 February

F. 1	Sw. Sh. Dr. Dr.	Well <u>very</u> (some occasional fl) night wakeful, but very good
<u>Sat 2</u>	Sh. D.	Well <u>very</u> do night very good
Sund 3	Sh. 0. 0.	Well 2 slightest fits of fl. discomfort. night wakeful, not very good
M 4	Sw. Sh. D.	Poorly, yet not much fl night languid yet rather wakeful
Tu 5	Sh. D.	Well <u>very</u> (consid. occas. fl) night uncomf, wakeful, exhausted.
Wed. 6	Sh. ³⁶	<div style="display: flex; align-items: center;"> <div style="font-size: 4em; margin-right: 10px;">}</div> <div> London Poorly very much fl + night, bad sickness,³⁸ slight shivering Poorly, better in evening night pretty good Well only about 2 or 3 slight fit night rather wakeful, good </div> </div>
Th 7	Dr ³⁷	
Fi. 8	Dr	
<u>Sat 9</u>	Sw. Sh. Dr.	
Sun 10	Sh. D.	Well <u>very</u> (2 barely fits of fl) night heazyish, much fl
M. 11	Sh. D. ³⁹	Well, in evening 1 bad fit fl. night heazy much fl
* —————		Well do do night pretty good
Tu 12	Sw. Sh. Dr. D.	Well do 2 or 3 fits of fl night extreme fl.
W. 13	Sw. Sh. D.	Well <u>very</u> 2 of the <u>slightest</u> fits of fl night pretty good. consid fl.
Th 14	Sh. Dr. F.B.	Well <u>very</u> do night very good
F 15	Sw. SH. D F.B.	Well <u>very</u> some occas. fl night pretty good
<u>Sd 16</u>	Sh. Dr. Dr.	Well <u>very</u> night good
Sun 17	Sw. Sh. D F.B.	Well <u>very</u> Little occas fl night heazy, but goodish
M 18	Sh. Dr. DR.	Well <u>very</u> night good
Tu 19	Sw. Sh. D FB	Well <u>very</u> night good
W 20	Sw. Sh. Dr. Dr.	Well <u>very</u> almost 1 fit of fl. night wakeful, poorish, much fl
Th 21	Sh. D. F. B.	Well <u>very</u> do night not very good
F 22	Sw. Sh. Dr. F.B.	Well <u>very</u> night poor much fl
<u>Sat 23</u>	Sh. D. F.B.	Well <u>very</u> night heazish, rather much fl
Sun 24	Sw. Sh. Dr. F.B.	Well <u>very</u> night poor, heazy much fl.
M. 25	Sh. D. F.B	Well <u>very</u> night very poor. extreme fl
Tu 26	Sw. Sh. Dr. Dr.	Well <u>very</u> (1 fit of fl night bad, ["exhausted" del] extreme fl
W 27	Sh. D. FB	Well. 2 fits of fl not bad, night poor wakeful. extreme fl
Th 28	Sw. Sh. D. FB	Well <u>very</u> night bad, ["much" del] extreme fl.

15 Double⁴⁰

	St	lb	
Feb. 26	11	13 $\frac{3}{4}$ (thick trousers Fl.[annel] W.[aistcoat])	15 double dashes

1850

March

F. 1	Sh. 0. F.B.	Poorly, light headache excessive fl. night bad excessive fl
<u>Sat 2</u>	Sw. Sh. D. Dr.	Poorly, little light headache several fits of fl ["Boil broke" inserted] night pretty good
Sun 3	Sw. Sh. D. F.B.	Well, <u>very</u> , one long fit of fl night poorish, wakeful much fl
M 4	Sh. D. F. B.	Well <u>very</u> night wakeful, not good
T. 5	Sw. Sh. Dr. Dr.	Well <u>very</u> night good, but consid fl.
Wed 6	Sh. D. F.B.	Well <u>very</u> almost fit of fl. night wakeful, goodish
Th 7	Sw. Sh. D.	Well <u>very</u> (some occas fl) night with consid fl
F. 8	Sw. Sh. Dr. Dr.	Well <u>very</u> (do) night pretty goodish
<u>Sat 9</u>	Sh. D.	Well <u>very</u> night goodish
Sun 10	Sw. Sh. Sh.	Well <u>very</u> night pretty good
M. 11	Sh. D.	Well not quite in evening 1 bad & 2 slight fits of fl night languid, pretty good
Tu 12	Sw. Sh. Dr Dr	Well <u>very</u> (some occas. fl) night good
W 13	Sw. Sh. D.	Well ["almost very" inserted] 1 longish & 1 slight fit of fl night, heazest, poorest, consid fl.
Th 14	Sh. D. F.B.	Well <u>very</u> night often waking consid fl.
F. 15	Sw. Sh Dr. Dr.	Well very (3 <u>slight</u> fits of fl. night poorish heaz yet wakeful. do
<u>Sd 16</u>	Sh. D. F.B.	Well <u>very</u> , yet poorly with occas fl night heazest, but pretty good
Sun. 17	Sw. Sh Sh	Well <u>very</u> 2 slight fits of fl. night poor wakeful
M 18	Sh. D.	Well <u>very</u> almost 1 fit of fl night pretty good
Tu. 19	Sw. Sh. D.	Well <u>very</u> night good
W. 20	Sw. Sh. Dr. 0.	Well not quite 5 or 6 slight fits of fl night poor, oppressed excessive fl
Th 21	Sh. D.	Well <u>very</u> (some occas fl) night pretty good
F. 22	Sw. Sh. Dr. F.B.	(2 & ½ ["slight" inserted] fits of fl.) night poorish extreme fl
<u>Sat 23</u>	Sh. D.	Well (4 slight fits of fl) night pretty good
Sun 24	Sw. Sh. Sh.	Well <u>very</u> night bad, heazy, 1 very bad fit of fl
M. 25 th	Sh. D.	Well (in evening 2 or 3 bad fits of fl night much fl
Tu 26	Sw. Sh. Dr. Dr.	Well 3 or 4 slightest fit of fl night very much fl
W. 27	Sw Sh. D.	Well <u>very</u> some occas. fl & discomfort – night good
Th 28	Sh. D.	Well <u>very</u> night good. somewhat oppressed
F. 29	Sw. Sh. Dr Dr	Well <u>very</u> night very much fl
Sat. 30	Sw. D.	Well 4 fits of fl of which 1 bad night do heazy
Sun. 31	Sw. Sh. Sh.	Well 3 fits of fl night do do

["11" del] 16 double dashes⁴¹

March 27th St lb
11 11 ¾ in thick trousers Fl. w^t / all this must explain weariness in Evening

1850					
April					
M. 1	Sh. D.	Well <u>very</u>	1 fit of not bad fl.	Night consid fl heazish, pretty good	
Tu 2. ^d	Sw. Sh. Dr. Dr.	Well <u>very</u>	do	night pretty good	
W 3	Sw. Sh. D. FB	Well <u>very</u>	2 slight fits of fl	night good but heazish	
Th 4	Sh. D.	Well <u>very</u>	1 & almost 2 slight fits of fl	night heazy	
F. 5	Sw. Sh. Dr. Dr.	Well 2 slight fit & occas fl		night heazish much fl	
<u>Sat 6</u>	Sh. D.	Well	3 fits of fl	night consid fl	
Sun 7.	Sw. Sh. Sh.	Well	3 or 4 fits of fl	night do	
M. 8	London }	Sw. Sh. D.	very much fl	night poorish very much fl	
Tu. 9		T ⁴²	do some headache	night do do	
W. 10 ⁴³		T	do	night better.	do
Th. 11		T	do	night pretty good.	much fl
F. 12.	Sw. Sh. D.	Well <u>very</u>		night very heazy. extreme fl	
<u>Sat 13</u>	Sh. D.	Well <u>very</u>	almost fits of fl	night at first very much fl. then good	
Su. 14	Sw. Sh. F.B.	Well <u>very</u>		night very good	
M. 15	Sh. D.	Well <u>very</u>	(Boil)	night at first very much fl; then good	
Tu. 16	Sw. Sh. Dr. F.B.	Well <u>very</u>	, almost 1 fit of fl.	night good	
W. 17	Sw. Sh. D.	Well <u>very</u>		night good	
Th. 18	Sh. D.	Well <u>very</u>	almost 1 fit of fl	night restless, but very good	
F. 19	Sw. Sh. Dr.	Well <u>very</u>	consid. occas. fl	night very good	
<u>Sat 20</u>	Sh. Dr. Dr.	Well <u>very</u>	(Boil broke)	night, later much fl.	
Su 21	Sw. Sh. 0. 0.	Well <u>very</u>		night heazish, do	
M. 22	Sh. D.	Well <u>very</u>		night poorish, much fl.	
<u>Tu 23</u>	Sw. Sh. Dr. Dr. ⁴⁴	Well	2 slight fits of fl. (discomfort)	night heazish	
W. 24	Sw. Sh. D.	Well.	1 slight. 1 baddish fit of fl	night ["do" inserted] pretty good	
Th 25	Sh. D.	Well <u>very</u>		night poorish. very much fl	
F. 26	Sw. Sh.	Well <u>very</u>	some occas fl	night good	
<u>Sat 27</u>	Sh. D.	Well <u>very</u>		night very good	
Sun. 28 ⁴⁵	Sw. Sh. O	Well <u>very</u>	some occas fl	night good	
M. 29	Sh. D.	Well <u>very</u>		night very good, rather wakeful	
Tu 30	Sw. Sh. D.	Well <u>very</u>	almost 1 fit of fl. ["2 little boils" inserted]	night poorish, early extreme fl.	

17 double dash⁴⁶

18th at 2 oclock / with thin cloth trouser St lb oz
Left off Compress, & waistcoat flannel 11. 13 ["12" del] ¾
Some few evenings less tired

1850

May -- 1 --	Sh. D.	Well <u>very</u> .	Some occas fl.	night good
Th 2	Sh. 0. 0.	Well	2 or 4 very slight fits, much discomfort	night uncomfortable
Fi. 3	Sh. 0 0.	Well	2. slight fits, evening	do night do. but very much fl.
<u>Sat 4</u>	Sw Sh. D	Well very.	1 slight fit & occas. fl.	night pretty good
S 5 th	Sh. D.	Well <u>very</u>		night almost very good
M 6	Sw. Sh. D.	Well <u>very</u>	almost 1 fit of fl.	night good
Tu 7	Sw. Sh. D.	Well <u>very</u>	night good ["but bad" del]	2 fits of fl in morning
W. 8	Sh. D.	Well <u>very</u>		night very good, heazish
Th 9	Sw. Sh. D.	Well <u>very</u>	night 3 bad fits of fl.	acid from stomach
F. 10	Sh. D.	Well.	3 bad fits of fl.	night good
<u>Sat. 11</u>	Sw. Sh.	Well.	do	night pretty good
Sun 12	Sh. 0 0	Well not quite	much 1	night considerable fl.
M. 13	Sh. [London]	Well not quite	excessive fl	night pretty good
Tu 14	Sw. Sh. D.	Well <u>very</u>	almost 1 fit of fl.	night consid. fl. heazish
W 15	Sw. Sh. D.	Well <u>very</u>	almost 1 fit of fl	night much fl
Th 16	Sh. D	Well <u>very</u>		night consid. fl
F. 17	Sw. Sh. D.	Well <u>very</u> .	1 fit of fl. from excitement ⁴⁷	night rather much fl
<u>Sat 18</u>	Sh. D.	Well.	2 rather bad fits of fl (Got Boil)	night do
S. 19	Sw. Sh. O. O. ⁴⁸	Work not at all	extreme fl.	night heavy 2 very bad fits of fl
M. 20	Sh. D. Dr.	Well not quite	5 or 6 bad fits of fl	night not very bad. consid fl
Tu 21	D. Sw. Sh. Dr	Well not quite	do do	night much fl
W. 22	Sh. D. Dr.	Well not quite	6 or 7 bad fits of fl (Boil ["first" inserted] broke)	night heazish. much fl
Th 23	Sw. Sh. D. Dr.	Well	2 fits of fl. one bad	night much fl
F 24	D. Sw. Sh. Dr	Well	3 fits of fl. one baddish	night consid. fl
<u>Sat 25</u>	Sh. D. F.B.	Poorly	Little in excessive fl.: slight headache	night at first much fl. after good
S. 26	Sw. Sh. 0. 0.	Well not quite.	much fl slight headach	night pretty good
M. 27	Sh. D. Dr.	Well <u>very</u>	1 long slight fit of fl	night do heazish
Tu 28	D. Sw. Sh. Dr.	Well <u>very</u>		night very good
W 29	Sh. D. Dr.	Well <u>very</u>	almost 1 slight fit of fl	night good. heazish
Th 30	Sw. Sh. D. Dr.	Well very.	3 slight fits of fl	night consid fl
F. 31 st	Sh. D. Dr.	Well <u>very</u>		night pretty good. rather wakeful

12 double dashes

12 double d.⁴⁹

	St.	lb	oz	
10	11	13	10	
28	11	12	8	(light plaid trousers.)

1850

June

<u>Sat 1</u>	D. Sw. Sh. Dr.	Well <u>very</u>	1 fit of fl.	night restless consid fl.
S. 2 nd	Sw. Sh. O F.B.	Well <u>very</u>	2 slightest fits of fl.	night very good
M. 3	Sh. D.	London	Very much fl	
Tu 4	Dr.		do	
W 5	Dr.		do: in evening well	
Th 6	Dr		Well <u>very</u>	
F. 7	Sw. Sh. D. Dr.	Well <u>very</u>	1 long fit of fl	night pretty good
<u>Sat 8</u>	Sh. D. Dr.	Well <u>very</u>		night do
S. 9	Sw. Sh. O. 0.	Well <u>very</u>	1 & almost 2 fits of fl	night pretty good
M. 19	Sh. D.	Well <u>very</u>	do	night do
Tu 11	Sh. D. Travelling	Malvern	Extreme fl	night good
W 12	O. D.		Well <u>very</u> 2 slight fits of fl	night very good
Th 13	D. Sw. Sh.		Well ⁵⁰ <u>very</u> some occas. fl	night indifferent
F. 14	D. Sw. Sh		Well 3 or 4 fits of fl	night good
<u>Sat 15</u>	D., S., Sh		Well <u>very</u> 2 longish fits of fl. yet very vigorous	night good
Su 16	D. O. O.		Well 2 or 3 do	night heazish good
M. 17	D. Sw. Sh		Well <u>very</u> do	night pretty good
Tu 18	Dr. Travelling		much fl	night good
W 19	Sh. D. Sitz ⁵¹		Well <u>very</u> 2 slight fits of fl	night heaz much fl
Th 20	Sw. Sh. O Sitz		Well 3 fits of fl	night heazish do
F. 21	Sh D Sitz		Well <u>very</u> 1 or 2 slight fits of fl	night heazish, pretty good
<u>Sat 22</u>	Sw. Sh Dr Sitz		Well <u>very</u>	night uncomf. very much fl
S. 23	Sh. O. O.		Well <u>very</u> 1 long fit of fl	night heazish with much fl
M 24	Sh D Sitz		Well 2 long fits of fl ["Evening" inserted]	(Salad) night pretty good
Tu 25	Sw. Sh. D.		Well <u>very</u> 1 long fit of fl	evening night good except morning
W 26	Sh. O. O.		Well 2 or 3 slight fits of fl	night wakeful good
Th 27	Sw. Sh. D. F.B.		Well <u>very</u> occas. fl. (new Boil)	night rather idle. good
F. 28	Sh. O. O.		Well <u>very</u> 1 do	night goodish, heazish
Sun 30	Sh. O O		Well 2 or 3 slight fits of fl.	night good.

1850

July

M. 1	Sw. Sh. D.	London	Excessive fl	Boil broke	night baddish	Boils
Tu 2	Dr		do		night pretty good	
W 3	Dr.		much fl		night good	
Th. 4	Sw. Sh. D.		Well <u>very</u>	1 very slight fit of fl.	night very good	
F 5	Sh. D.		Well <u>very</u>	some occas fl.	night good	
<u>Sd 6</u>	Sw. Sh. D.		Well very	2 fits of fl. of which one long	night good	
Sun 7	Sh. 0. 0.		Well <u>very</u>	some occas fl	night good	
M. 8	Sh. D.		Well <u>very</u>	1 long slight fit of fl	night moderate	
T. 9	Sw. Sh. D.		Well <u>very</u>	1 do	night do morning bad fl	
W 10	Sh. 0. 0.		Well not quite.	Much fl	night good	
Th. 11	Sw. Sh. D.		Well	2 or 3 long fits of fl	night do	
F. 12	Sh. 0.		Poorly a little	much fl	night good	
<u>Sd. 13</u>	Sw. Sh. D.		Well <u>very</u>	some occas. fl	night pretty good	
S. 14	Sh. O.		Well <u>very</u>	2 slight fits of fl	night indifferent	
M. 15	Sh. D.		Well <u>very</u>	1 longish fit of fl	do	
T. 16	Sw. Sh. D.		Well <u>very</u>	2 slight fits of fl	night good	
W. 17	Sh.		Well <u>very</u>		night consid. fl	
Th. 18	Sw. Sh. D.		Well <u>very</u>	some occas. fl	night do	
F 19	Sh		Well <u>very</u>		night after first part good	
<u>Sat 20</u>	Sw. Sh. D.		Well <u>very</u>	1 slight fit of fl	night, pretty good	
Sun 21	Sh.		Well not quite.	several not bad fits of fl	night first part bad	
M. 22	Sh. D.		Well	3 fits of fl. not bad	night fair	
Tu. 23	Sw. Sh. D.		Well <u>very</u>	some occas fl	night consid. fl. —	
W. 24	Sh.		Well <u>very</u>	do	rather much fl	
Th. 25	Sw. Sh. D.		Well <u>very</u>	1 long fit of fl		
F. 26	Sh.		Well not quite	several slight fits of fl	heazish	
<u>Sat 27</u>	Sw. Sh. D.		Well <u>very</u>		not good	
S. 28	Sh.		Well not quite.	heaz much slight fl continuous	heazish do heazish do	
M. 29	Sh. D.		Well <u>very</u>	1 slight fit of fl		
T. 30	Sw. Sh. D.		Well <u>very</u>	do	night good	
W. 31	Sh		Well <u>very</u>	1 long fit of fl	considerable fl. very much fl.	

St lb

9th

11

12

9 double dashes⁵³

1850 August

Th. 1	["Sw. Sh. D" inserted]	Well <u>very</u>
F. 2	Sh	Well <u>very</u>
<u>Sat 3</u>	Sh	Well <u>very</u>
S. 4	Sh.	Well very 2 slight fits of fl
M. 5	Sh. D.	Well 2 consid fits of fl.
Tu 6	Sw. Sh.	Well <u>very</u> 1 fit o fl
W. 7	Sh.	Well <u>very</u> do
Th. 8	Sw. Sh. D.	Well <u>very</u> do
F. 9	Sh	Well very 2 fits of fl
<u>Sat 10</u>	Sh	Well <u>very</u> consid occass fl
Su 11	Dr. T. ⁵⁴	Well barely very much fl
M 12	Dr.	Well very 2 fits of fl
T 13	Dr.	Well not quite much fl.
W 14	Dr.	Well very 2 fits of fl
Th 15	Dr.	Well <u>very</u>
F 16	Dr.	Well <u>very</u>
<u>Sd. 17</u>	Dr	Well <u>very</u>
S. 18	Dr	Well <u>very</u> almost fit of fl
M. 19	Dr.	Well <u>very</u>
T. 20	Sw Sh. D.	Well <u>very</u>
W 21	Sh.	Well. 2 baddish fits of fl
Th. 22	Sh. D.	Well very. 1 baddish fit of fl
F 23	Sw. Sh.	Well very 2 mod. fits of fl.
<u>Sat 24</u>	Sh. D.	Well very. 1 baddish 1 slight fit
S. 25	Sh.	Well <u>very</u> Boil
M. 26	Sh. D.	Well very 2 fits of fl
T. 27	Sw. Sh.	Well <u>very</u> 1 slight fit of fl
W. 28	Sw Sh	Well <u>very</u> broke
Th 29	Sh. D.	Well <u>very</u> 1 slight fit of fl.
F. 30	Sw. Sh.	Well <u>very</u> almost 1 fit of fl
<u>Sat 31</u>	Sh. D.	Well <u>very</u>

Night

pretty good
much fl
early part good. morning excessive fl. acid
night moderate
night pretty good
night at first uncomf then good
moderate
good
good
very good
good
night indifferent heazish
night heazish
heazish
good
good
indifferent
poor, much fl
good. morning baddish fit
pretty good. consid fl.
modest do
consid fl
do heazish
do heazish
good
indifferent consid fl.
pretty good
much fl
baddish, oppressed much fl
pretty good
good

Leith Hil⁵⁵

1850 September

			<u>Night</u>
Sun 1	Sh.	Well <u>very</u> <u>occas</u> fl (a little rash)	good
M. 2	Sh. D.	Well <u>very</u> do	consid fl
T. 3	Sw. Sh. D.	Well <u>very</u> much do	much fl.
W 4	Sh.	Well <u>very</u>	very much fl
Th 5	Sh. D.	Well <u>very</u> much fl.	much fl
F. 6	Dr. 0 London.	Well not quite. excessive fl. slight headache	excessive fl.
<u>Sat 7</u>	Sw. Sh. D.	Well <u>very</u>	extreme fl (Willy ill) ⁵⁷
S. 8	Sh.	Well <u>very</u> , barely fit of fl & much occas	consider .fl
M. 9	Sh. D	Well <u>very</u>	rather much fl
Tu 10	Sw. Sh. D.	Well not quite. very much cont. fl	extreme fl. oppressed
W 11	Sh	Well do (Cold)	much fl. do
Th 12	Sh. D.	Well <u>very</u> 2 very slight fits of fl	pretty good
F. 13	Sw. Sh.D.	Well <u>very</u> 1 consid fit of fl	extreme lf
<u>Sat 14</u>	Sh. D.	Well very 2 slight fits of fl.	much fl
S. 15	Sh	Well <u>very</u>	do
M. 16	Sh. D.	Well <u>very</u> 1 fit of fl	rather much fl.
T. 17	Sw. Sh. D.	Well <u>very</u> 1 long fit of fl (rash continued)	very much fl.
W. 18	Sh.	Well several fits not bad of fl	do oppressed
Th. 19	Sh. D.	Well do do	do do
F. 20	Sw. Sh.	Well very 1 fit & almost second do	much fl.
<u>Sat 21</u>	Sh. D.	Well <u>very</u> 1 slight fit of fl occas. fl	pretty good
S 22	Sh	Well <u>very</u> some consid fl	1 do
M 23	Sh. D.	Well very 2 slight fits of fl much fl.	little oppressed
T. 24	Sw. Sh. D.	Well <u>very</u> 1 slight & occas fl	excessive fl. discomfort
W. 25	Sh.	Well <u>very</u> do do	rather much fl
Th. 26	Sh. D.	Well very 2 fits of fl	very much fl
F. 27	Sw. Sh. D.	Well <u>very</u> 1 fit of fl	rather much fl
<u>Sat 28</u>	Sh. D.	Well several sligh fits of fl	pretty good
S. 29	Sh.	Well barely do	do
M. 30	Sh.	Well <u>very</u> consid occas fl	excessive fl

1850	October			Night
Tu 1	Sw. Sh. D.	Well not quite, much fl		pretty good. oppressed
W. 2	Sh. D.	Well <u>very</u> almost 1 fit of fl		good
Th 3	Sh.	Well <u>very</u> some occas fl		consid fl
F 4	Sw. Sh. D.	Well <u>very</u> 1 small fit & ½ anoth		pretty good
<u>Sat 5</u>	Th. Sh. D.	Well <u>very</u>		do
Sun 6	S.	Well <u>very</u>		do
M. 7	Sh. D.	Well <u>very</u> 1 slight fit		do
T 8	Sw. Sh. D.	Well <u>very</u> 1 do almost two		indifferent, oppressed, much fl
W. 9	Sh.	Well <u>very</u> 2 fits of fl		night good
Th 10	Sh. D.	Well <u>very</u> 1 slight fit		wakeful. not much fl.
F 11	Sw. Sh. D.	Well barely 3 fits of fl		night little oppressed. much fl
<u>Sat 12</u>	Sh. D.	Well not quite. several fits of fl		shivering, vomit, very much fl + ⁵⁹
Sun 13	Sh.	Poorly a Little, excessive fl		later with consid. fl
**				
M 14	Sh.	Poorly a Little excessive fl	Little Boil	extreme fl
T 15	Dr.	Well not quite extreme fl		rather much fl
W. 16	Dr.	Well many fits of fl		good
Th 17	Dr	Well almost very 3 or 4 fits of fl		good heazish
F. 18	Dr.	Well not quite, extreme fl		do do
<u>Sat 19</u>	Swim	Well almost very 3 fits of fl		do do
Sun 20	Swim	Well do		do
M 21	Swim	Poorly, excessive continued fl	Little Boil	poorish
Tu 22	O	Well 3 or 4 not bad fit of fl	12 bad days! ⁶²	good
W. 23	Sh	Well <u>very</u> 1 slightest fit of fl		good
Th. 24	Sh.	Well <u>very</u>		good
F. 25	Sh.	Well 3 fits of fl		good
<u>Sat 26</u>	Sh.	Well <u>very</u> 1 & nearly 2 fits of fl		modest. Little oppressed
Su 27	Sh.	Well <u>very</u> 1 fit of fl		moderately good
M 28	Sh	Well <u>very</u> rather uncomfortable		good heazish
Tu 29	Sw. Sh. D.	Well <u>very</u> 1 fit of fl		moderately good
W 30	Sh. D.	Well <u>very</u> 2 fits of fl		moderate
Th. 31	Sw. Sh.	Well 3 fits of fl		extreme fl.

persistent surface boil

Ramsgate⁶¹ Hartfield⁶⁰

5 double dash⁶³

Oct. 14 not tired in evening⁶⁴

1850 November

Night

F. 1	Sh. D.	Well	3 fits of fl	much fl	heazish
<u>Sat 2</u>	Sw. Sh. D.	Well very	2 or 3 slight fits of fl	consid	fl
S 3	Sh	Will	3 baddish fits of fl	do	pretty good
M. 4	Sw. Sh. D.	Well very	3 fits of fl slight		good
Tu 5	Sh. D.	Well very, but not quite in morning.	3 fits of fl		good
W. 6	Sw. Sh	Well	several slight fits of fl		good
Th. 7	Sh. D	Well <u>very</u>	1 fit & some occas fl		moderate
F. 8	Sw. Sh.	Well.	1 baddish & 1 slight fit	poor ["very" inserted]	much fl
<u>Sat.9</u>	Sh. O	Poorly.	bed feverish		bad
Sun 10	Packed	Poorly bed.	much continued fl. (cold)		some bad fits of fl
M. 11	Sw. Sh. D. F.B.	Well very	2 ½ fits of fl		much fl
Tu. 12	Sh. F.B. Well very	cold	2 or 3 fits of fl		good
W. 13	Sh. FB	Well very	1 consid. & 1 light fit of fl		pretty good
Th. 14	Sw. Sh. F.B.	Well <u>very</u>	1 fit of fl		poor excessive fl
F. 15	Sh. F.B.	Well very	2 consid fits of fl		pretty good
<u>Sat 16</u>	Sw. Sh. F.B.	Well.	much continued fl (Mitcham) ⁶⁵		moderately good
Sun. 17	Sh. F.B.	Well <u>very</u>	1 fit of fl	(Boils)	do
M. 18	Sw Sh F.B.	Well <u>very</u>	occas fl		do
Tu 19	Sh. F.B.	Well <u>very</u>	do		do
W. 20	Sw. Sh. D. F.B.	Well <u>very</u>	do		not very good
Th. 21	Sh. D.	Well very	two fit in evening		do
F. 22	Sw. Sh.. F.B.	Well very	do		do
‡					
<u>Sat 23</u>	Sh. D. F.B.	Well <u>very</u>	occas. fl		do
Sun 24	Sh.	Well <u>very</u>	1 fit of fl evening		good
M 25	Sw. Sh. D. F.B	Well <u>very</u>	do		not very good
Tu 26	Sh. D. F.B.	Well <u>very</u>	do		do
W. 27	Sh. F.B.	Well	several fits of fl.		indifferent
Th. 28	Sw. Sh. D. FB	Well <u>very</u>	1 fit in evening		poorish
F 29	Sh D. FB	Well <u>very</u>	1 fit		indifferent
<u>Sat 30.</u>	Sh. D.	Well <u>very</u>	do		pretty good

with rash

Little rash

1850 December

(Diary page 20)

Night

Sun. 1	Sw Sh	Well <u>very</u>	1 fit & almost another	indifferent
Mon 2	Sh. D.	Well <u>very</u>	2 fits one baddish	good
Tu 3	Sh. D.	Well <u>very</u>	1 fit	good
W 4	Sw. Sh.	Well	3 or 4 fits of fl	pretty good
Th 5	Sh. D.	Well <u>very</u>	2 fits of fl	good
Fr. 6	Sh	Well <u>very</u>	1 fit & occas	good
<u>Sat 7</u>	Sh. D.	Well <u>very</u>	occas fl bad, excessive fl.	slight shivers.
S. 8	Sw. Sh.	Well barely	3 or 4 fits of fl	goodish, but heasyish
M. 9	Sh D	Well <u>very</u>	2 or 3 slight fits	good
Tu 10	Sh. D.	Well <u>very</u>	1 fit	good
W. 1	Sw. Sh.	Well <u>very</u> , but in eveng	1 bad fit	bad. vomit, excessive acid
Th 12	Sh F.B.	Poorly, extreme continued fl		good
F. 13	Sh.D.	Well <u>very</u>	1 fit & occas fl	wakeful but good
<u>Sat 14</u>	Sw. Sh. D.	Well <u>very</u>	do	indifferent
S. 15	Sh.	Well <u>very</u>	2 fits of fl	wakeful, poor much fl
M. 16	Sh. D.	Well	2 fits of fl	moderate
T. 17	Sh.	Well	much fl	moderate
W. 18	Dr. ⁶⁷	Well hardly, slight headache much fl		poor headache
Th. 19	Dr.	do	in evening very well	pretty good
F. 20	Dr	Well <u>very</u> though with fl		wakeful
<u>Sat 21</u>	Dr	do	do	good
Sun 22	Dr.	Well	3 or 4 fits of fl	indifferent
M. 23	Sw. Sh. D.	Well <u>very</u>	occas fl	heazish but good
Tu 24	Sh. D.	Well <u>very</u>	in evening 2 bad fit of fl	indifferent
W. 25	Sh.	Well <u>very</u>	occas fl.	Vomit, ["not acid" inserted], dazze headache, excessive fl
Th. 26	Sh.	Poorly a little, much slight continued fl		heazish pretty good
F. 27	Sw. Sh. D	Well <u>very</u>	occas fl.	good, little heazish
<u>Sat 28</u>	Sh. D.	Well <u>very</u>	1 slight fit	indifferent
Sun 29	Sh.	Well <u>very</u>	do & occas fl.	do
M. 30	Sh. D.	Well <u>very</u>	do do	do
T. 31	Sw. Sh.	Well	4 fits of fl	do

4 dashes⁶⁸24th began Tartar Emetic Ointment, & rubbed in for 12 days⁶⁹

1851 January

Night

Wed. 1	Sh. D.	Well <u>very</u>	1 fit of fl.	good
Th. 2	Sh. D.	Well <u>very</u>	occas fl.	pretty good
F. 3	Sw. Sh.	Well <u>very</u>	do	do
<u>Sat 4</u>	Sh. D.	Well <u>very</u>	do	wakeful do
Sun 5	Sh.	Well	4 fits of fl	good
M. 6	Sh. D.	Well <u>very</u>	1 fit of ["fl" omitted]	pretty good
T. 7	Sw. Sh. D.	Well <u>very</u>	do slight long continued	moderately good
W. 8	Sh. D.	Well <u>very</u>	do do	pretty good
Th. 9	Sh. D	Well <u>very</u>	do do	good
F 10	Sw. Sh.	Well <u>very</u>	3 fits of fl	indifferent
<u>Sat 11</u>	Sh. D.	Well <u>very</u>	2 fit	pretty good

70

Su 12	Sh	Well	2 fits of fl. & occas	<div style="display: flex; align-items: center;"> <div style="writing-mode: vertical-rl; transform: rotate(180deg); font-size: 2em; margin-right: 5px;">}</div> <div style="font-size: 0.8em; line-height: 1;"> Boils coming cause of unwellness </div> </div>	do
M. 13	Sh	Well	feeling poorly but not much fit		do heazish
T 14	Dr. T	Well; hardly	do 2 fits of do slight		do do
W 15	Sh	Poorly a little	do do		
Th 16	Sh. D.	Well <u>very</u>	2 very slight fits of fl		broke indifferent
F. 17	Sh	Well <u>very</u>	2 fits of fl		do
<u>Sat 18</u>	Sh. D.	Well <u>very</u>	1 fit		do
Sun 19	Sh.	Well <u>very</u>	2 strong fits of fl another boil came		pretty good
M. 20	Sh. D.	Well <u>very</u>	1 fit		do
T. 21	Sh.	Poorly	headache, excessive fl. from Boils		good
W. 22	Sh. D.	Well <u>very</u>	occas. fl		pretty good
Th. 23	Sh	Well <u>very</u>	1 very slight fit		do
F. 24	Sh. D.	Well <u>very</u>			mod. good
<u>Sat. 25</u>	Sh.	Well <u>very</u>			do heazish
Sun 26	Sh	Well <u>very</u>	1 fit. some discomfort ["very bad" insert]		indifferent
M. 27	Sh	Well	3 or 4 fits of fl do		do heazish
Tu 28	Sh.	Well <u>very</u>	1 slight fit		do good
W 29	Sh	Well <u>very</u>	occas fl		pretty good
Th 30	Sh	Well <u>very</u>	2 or 3 <u>very</u> slight fits	indiff.	heazish
F. 31	Sh. D.	Well <u>very</u>			moderately good

8 double dashes⁷¹

oz

Jan 4th (thick trousers & flannel w:) 12 7 4

["9th began Tartar"], then crossed out.⁷²

1851 February

Night

<u>Sat. 1</u>	Sh. D.	Well <u>very</u> ,	1 slight fit	(new boils)	indifferent
Su. 2	Sh.	Well <u>very</u>	do		do
M. 3	Sh. D.	Well <u>very</u>	do & occas.		indifferent, heazish
Tu. 4	Sh.	Well in very not quite; much fl			indifferent
W. 5	Sh.	<u>Poorly</u> considerab[le] flat			half good
Th. 6	Sh.	Poorly a little	do		do
F. 7	Sh.	Well not quite. 2 or 3 bad fits	broken		indifferent
<u>Sat. 8</u>	Sh.	Well 2 consid fits of fl			pretty good
S. 9	Sh	Well	2 fits of fl		moderate heazish
M. 10	Sh. D.	Well <u>very</u>	almost 1 fit		do do
T 11 th	Sw. Sh. D.	Well <u>very</u>	1 slight fit		indifferent
W. 12	Sh. D.	Well <u>very</u>	do		pretty good
Th. 13	Sw. Sh. D.	Well <u>very</u>	1 sharpish fit		do heazish
F. 14	Sh. D.	Well <u>very</u>	1 slight fit, some discomf.		do
<u>Sat 15</u>	Sw. Sh. D.	Well <u>very</u>	do		indifferent
S. 16	Sh	Well	3 slight fits		pretty good heazish
M 17	Sw. Sh. D.	Well <u>very</u>			moderately g.[ood] do
T. 18	Sh. D.	Well <u>very</u>	1 slight fit		heasy
W. 19	Sw. Sh. D.	Well	2 fits of fl		pretty good, heasz
Th 20	Sh	Well.	2 or 3 fits, not comfortable		heasy
F. 21	Sh.	Well	2 or 3 fits		heazish
<u>Sat 22</u>	Sh. D.	Well barely much fl			much fl. pretty good
S. 23	Sh	Well	2 or 3 fits of fl.	Lyell's visit	do heasz
M 24	Sh	Well bar[ely]	do		do
T. 25	Sh. D.	Well.	2 or 3 fits of fl		heaszish
W. 26	Sh. Sw. Sh	Well <u>very</u>	1 fit of fl		heaszish
Th. 27	Sh. D.	Well	2 fits fl (Tartar Emetic O.[intment] in evening) ⁷³		do
F. 28	Sw. Sh. D.	Well	almost very 2 slight fits		a little hea[s]y

1851	March				<u>Night</u>
<u>Sat. 1</u>		Sh. D.	Poorly	Little, heasz	heaszish. pretty good
S. 2		Sw. Sh.	Well	2 fits; in evening <u>bad fl.</u>	to bed. pretty good
M 3		Sh. D.	Well very.	1 fit of fl.	heaszish. do
T. 4		Sw. Sh. D.	3 sharpish fits of fl	(Croton) ⁷⁵	good
W. 5		Sh. D	Well <u>very</u> .	1 fit of fl	good
Th 6		Sw. Sh. D.	Well	2 or 3 consid fl	good
F. 7		Sh. D.	Well very,	heasy much fl	pretty good
<u>Sat 8</u>		Sw. Sh. D.	Well	several fits of fl	do
Sun 9		Sh	Well	do	do
M. 10		Sh. D.	Well almost very.	1 baddish fit (new Boil)	do
T 11		Sh	Well	3 fits of fl	do
W. 12		Sh. D.	Well.	3 fits of fl	moderately good
Th. 13		Sh.	Well <u>very</u>	1 sharp fit	do
F. 14		Sh. D.	Well	2 or 3 fits	not very good
<u>Sat 15</u>		Sh	Well	2 or 3 fits	fatigued from shivering poor. headache
Sun. 16		Sh	Poorly with	Influenza	do do
M. 17		Sh	Well <u>very</u>	1 fit	do ["pretty" del] barely good
T 18		Sw. Sh	Well	much fl	do pretty good
W. 19		Sh	Well barely	do do	moderately good
Th. 20		Sw. Sh	Poorly	influenza	do
F. 21		Dr.	do	do	pretty good
<u>Sat 22</u>		Sh. D.	Well <u>very</u>		do
Sun 23		Sw. Sh	Well	2 or 3 fits of fl	good
M. 24		Sh	Several fits of fl		
T. 25					
W. 26					
Th. 27					
F. 8					
<u>Sat. 29</u>					
Sun 30					
M. 31					

Malvern &
London
no day without
fits of fl. but
got well⁷⁴

1851 April

T. 1	Sh	Well <u>very</u>	1 slight fit	<u>Night</u>	pretty good
W. 2		Well <u>very</u>	do		not very good, much fl
Th. 3		Well <u>very</u>			pretty good
F. 4		Well <u>very</u>	almost one fit		moderately good
Sat 5		Well <u>very</u>	1 slight fit		do
Su 6		Well <u>very</u>	1 consid fl		not very good
M 7		Well <u>very</u>	almost fit		indifferent
T. 8		Well very.	2 slight fits		pretty good
W. 9		Well very	do	wakeful	indifferent
Th. 10		Well.	Headache in after noon	Kew	Bad
F. 11	O	Poorly			Bad
<u>Sat 12</u>	O	Poorly - vomit, not heavily			Bad
Sun 13	Dr.	consid. fl	pretty well		moderate
M 14	Sh	Well not very.	2 or 3 fits		pretty good
T. 15	<u>Malvern</u>				
W. 16					
Th. 17					
F. 18					
<u>Sat 19</u>					
S. 20					
M. 21					
T. 22					
W. 23					
Th 24					
F. 25					
<u>Sat 26</u>					
S. 27	Sh.	2 or 3 fits, slight	oppressed		heaszish
M 28	Sh.	do	do		do pretty good
T. 29	Sh.	do	do		heaz
W. 30	Sh	do	do		pretty good

1851 MayNight

Th. 1	Sh.	Well barely	3 or 4 slight fits of fl.	oppressed	oppressed	
F. 2	Sh.	do	do	do	pretty good	
Sat 3	Sh.	do	do	slightly	do	
S. 4	Sh.	do	do	slightly do	do	
M. 5	Sh.	Well	3 fits of fl		moderately good	
T. 6	Sh.	Well <u>very</u>	1 fit of fl	slight eruption	indifferent much fl	
W. 7	Sh.	Well	2 fits of fl		moderately good	
Th. 8	Sh.	Well	do		pretty good	
F. 9	Sh.	Well	do		pretty good	
Sat 10	Sh.	Well	3 fits of fl		indifferent	
Su 11	Sh.	Well	3 fits of fl		pretty good. heasz	
M. 12	Sh.	Well <u>very</u>	1 fit of fl & occas.		indifferent. extreme. fl-	
T. 13	Sh.	Well <u>very</u>	occas.	Child Born 9° 30' ⁸⁰	very good	
W. 14	Sh.	Well very	2 fits		moderately good	
Sh. 2						
Th 15	Sh.	Well <u>very</u>	1 fit		pretty good	
F. 16	Sh.	Well very	2 fits		moderately good	
Sd 17	Sh.	Well almost very	2 sharpish fit		very good	
Su. 18	Sh.	Well <u>very</u>	1 fit		moderately good	
M. 19	Sh.	Well	2 or 3 slight fits	uncomfortable	sl. Eruption	pretty good
T. 20	Sh.	Well very	2 fits of fl – oppressed			do
W. 21	Sh.	Well	2 or 3 fits	do		do
Th. 22	Sh.	Well	do			indifferent
F. 23	Sh.	Well	2 fits			pretty good
Sd 24	Sh.	Well <u>very</u>				moderate
Sun 25	Sh.	Well very 2 – slight fits				pretty good
M 26	Sh.	Well <u>very</u>		Eruption almost gone		do
T. 27	Sh.	Well <u>very</u>	1 slight fit			very good
W. 28	Sh.	Well <u>very</u>	do			indifferent
Th. 29	Sh.	Well <u>very</u>				very good
F 30	Sh.	Well <u>very</u>	1 fit			pretty good
Sat 31	Sh.	Well <u>very</u>	1 slight fit			good

1851 June

				Night
Sun 1	Sh.	Well very	2 slight fits of fl	moderate
M 2		Well <u>very</u>	occas fl	wakeful good
Tu 3		Well almost very	2 or 3 slight fits	pretty good
W. 4		Well <u>very</u>		wakeful do
Th. 5		Well <u>very</u>		pretty good
F. 6		Well <u>very</u>	1 slight fit	do
<u>Sat 7</u>		Well <u>very</u>	1 longish fit	do
Su. 8		Well very	2 longish fits, squashy	Little oppressed
				pretty good
M. 9	82	Well very	do do	do do
T. 10		Well	2 or 3 fits	heasz do
W. 11		Well <u>very</u>	1 slight fit	good
Th. 12		Well not quite	several fits, slight headache	pretty good
F. 13		Well very	2 fits of fl	wakeful indifferent
<u>Sat 14</u>		Well very	do	wakeful do
Sun 15		Well <u>very</u>		do do
M. 16		Well <u>very</u>	1 & ½ fit	pretty good
T. 17		Well <u>very</u>	occas fl	rather indifferent
W. 18		Well very	2 slight fits	do
Th. 19		Well <u>very</u>		wakeful indifferent
F. 20		Well <u>very</u>		do rather indifferent
<u>Sat 21</u>		Well <u>very</u>		do poor
Sun 22		Well very	2 slight fits	do rather indifferent
M. 23		Well	3 fits	do poor
T. 24		Well <u>very</u>	occas fl	very good
W. 25		Well <u>very</u>	1 fit	Little wakeful rather indifferent
Th. 26		Well <u>very</u>	1 & almost ½ other	pretty good
F. 27		Well not quite, consid fl.	slight headache	do
<u>S. 28</u>		Well <u>very</u>		do
Sun 29		Well <u>very</u>	1 & ½ fit	moderate
M. 30		Well <u>very</u>	occas fl	do

1851 July

Night

Tu. 1	Well very	3 slight fits		pretty good
W. 2	Well not quite, several fits, slight headache			pretty good
Th. 3	Well very	2 fits		moderate
F. 4	Well <u>very</u>	1 fit		wakeful pretty good after
<u>Sat 5</u>	Well <u>very</u>	1 fit		rather w.[akeful] very good
Sun 6	Well <u>very</u>	much occas fl	do	do
Mon. 7	Well <u>very</u>	occas. fl		good
T. 8	Well <u>very</u>	almost one fit	do	do
W. 9	Well barely in evening	several slight fits		good
Th. 10	Well <u>very</u>	sharply	do	very good
F. 11	Well <u>very</u>	1 slight fit	wakeful	indifferent
Sd 12	Well <u>very</u>	do		very good
Sun 13	Well very	2 slight fits	rather w.[akeful]	do
M. 14	Well <u>very</u>	occas. fl (small Boil broke)		very good
T. 15	Well <u>very</u>	1 fit		do
W. 16	Well <u>very</u>	do		do
Th. 17	Well very	2 slight fits		do
F. 18	Well <u>very</u>			very good
<u>Sat. 19</u>	Well <u>very</u>	1 fit & ½		moderate
Sun 20	Well <u>very</u>	some occas fl	heazish	pretty good
M. 21	Well <u>very</u>	1 slight fit		very good
T. 22	Well	3 fits of fl (visitors) ⁸⁵		pretty good
W. 23	Well <u>very</u>	1 fit		do
Th. 24	Well <u>very</u>	occas fl		moderate
F. 25	Well very	2 fits, slight discomfort		do (fear)
<u>Sat 26</u>	Well not quite, several fits some bad (slight sinking)			poorish
Sun 27	Well not quite, several slight fits, some discomfort			pretty good
M. 28	Well	2 or 3 slight fits		do
T. 29	Well	2 sharpish fits		moderate
W. 30	Well <u>very</u>	1 fit		very good
Th 31	Well <u>very</u>	1 & ½ fit		do

lb

July 5th. Light trousers & drawers, no fl. w 12 1 7

[8 double dashes]⁸⁶

1851 AugustNight

F. 1	Well <u>very</u>	2 fits			wakeful moderate
<u>Sat 2</u>	Well <u>very</u>	2 or 3 baddish fit			do pretty good
S. 3	Well <u>very</u>	2 or 3 fits			: very good
M 4	Well <u>very</u>	2 fits			wakeful pretty good
T 5	Well <u>very</u>				good
W 6	Well	slight headache	Kew	London	very good
Th 7	Well <u>very</u>				indifferent
F. 8	Well	headache			moderate
<u>Sat 9</u>	Well barely				pretty good
Sun 10	Well <u>very</u>				: indifferent
M. 11	Well <u>very</u>	almost 1 fit			wakeful indifferent
T. 12	Well <u>very</u>				moderate
W 13	Poorly	feverish, cold, much fl			very good
Th 14	Poorly	Rheumaticks continued	slight fl		: good
F 15	Well.	2 fits of fl	Little Rheumatism		pretty good
<u>Sat 16</u>	Well <u>very</u>	1 fit			indifferent, very much fl.
Sun 17	Well <u>very</u>	2 fits, discomfort some,			pretty good
M 18	Well <u>very</u>	1 fit			heazish, pretty good
T 19	Well	2 or 3 fits			do do
W. 20	Well	2 or 3 fits			do do
Th. 21	Well	do			: pretty good
F. 22	Well <u>very</u>	1 fit			good
<u>Sat 23</u>	Well <u>very</u>	yet uncomfortable			pretty good
S. 24	Well <u>very</u>	occas. fl.			moderate
M. 25	Well	2 or 3 fits uncomfort			pretty good
T. 26	Well not quite	1 bad fit & much fl.			good
W. 27	Well not quite ⁸⁸	do			pretty good
Th. 28	Sw. Sh. O F.B.	1 bad fit	heazish,		pretty good
F. 29	Sh. D. F.B.	Well <u>very</u>			: good
<u>Sat 30</u>	Sh. D. F.B.	Well <u>very</u>	I consid. fit		moderate
S. 31	Sw. Sh. F.B.	Well <u>very</u>	do		heazish do

1851 September				<u>Night</u>	
M. 1	Sh. D. F.B.	<u>Well</u>	1 fit		Heayish, pretty good
T. 2	Sh. F.B.	<u>Well very</u>			good
W. 3	Sw. Sh. D. F.B.	<u>Well very</u>			moderate
Th. 4	Sh. F.B.	<u>Well very</u>			heazish. very good
F. 5	Sh. D. F.B.	<u>Well very</u>	almost 1 fit		do moderate
<u>Sd 6</u>	Sw. Sh. F.B.	<u>Well very</u>	evening uncomfot:		: poorish
Sun 7	Sh. F.B.	<u>Well very</u>	yet not very comfort:		: wakeful moderate
M. 8	Sh. D. F.B.	<u>Well very</u>	1 fit		moderate
T. 9	Sw. Sh. F.B.	<u>Well very</u>	almost fit		do
W. 10	Sh. D. F.B.	<u>Well very</u>	1 fit		pretty good
Th. 11	Sh	<u>Well very</u>	2 fits		moderate
F. 12	Sw. Sh. D.	<u>Well very</u>	1 fit		indifferent
<u>Sat 13</u>	Sh	<u>Well very</u>	2 fits	Very tired in evening Sseudo ⁹⁰ - boils. -	do
S. 14	Sh	<u>Well</u>	2 or 3 fits		moderate
M. 15	Sh. D.	<u>Well</u>	do		good
Tu. 16	Sw. Sh.	<u>Well very</u>	1 fit		moderate
W. 17	Sh. D.	<u>Well very</u>	some occ.		wakeful. indifferent
Th. 18	Sh.	<u>Well very</u>	do		do good
F. 19	Sw. Sh. D.	<u>Well very</u>			very good
<u>Sat 20</u>	Sh.	<u>Well very</u>		Small Boils	first part bad moderate
Su 21	Sh	<u>Well very</u>	almost 1 fit		do indifferent
M 22	Sw. Sh. D.	<u>Well very</u>			do moderate
T. 23	Sh.	<u>Well very</u>	1 consid fit		pretty good
W. 24	Sh. D.	<u>Well very</u>			: wakeful. moderate
Th 25	Sw. Sh.	<u>Well very</u>	1 consid. fl:		pretty good
F. 26	Sh.	<u>Well almost very</u>	2 or 3 fits		moderate
<u>Sat 27</u>	Sh. D.	<u>Well very</u>	2 fits of fl.		pretty good
Sun 28	Sw. Sh	<u>Well</u>	3 or 4 slight fits		: do
M. 29	Sh. D.	<u>Well very</u>			do
T. 30	Sh	<u>Well very</u>	some occas fl.		good

(15 double dashes)

Best month since April 1850⁹¹

<u>1851</u>	October				<u>Night</u>
W. 1	Sw. Sh. D.	Well <u>very</u>			good
Th. 2	Sh.	Well <u>very</u>			indifferent
F. 3	Sh. D.	Well <u>very</u>	1 slight fit	do	do
<u>Sat 4</u>	Sw. Sh.	Well <u>very</u>	1 fit		early part. indifferent
S. 5	Sh.	Well	2 or 3 <u>slight</u> fits		heazish pretty good
M. 6	Sh. D.	Well <u>very</u>	1 fit		good
<u>T. 7</u>	<u>Sw. Sh.</u>	Well not quite	2 or 3 fits.		: languid good
#	92				
W. 8	Sh	Well <u>very</u>	some occas fl.		indifferent restless
Th. 9	Sh.	Well not quite	<u>London</u> 2 or 3 fits. Heady		heaszish, pretty good
F. 10	Sh	Well <u>very</u>	occas fl		wakeful pretty good
<u>Sat 11</u>	Dr. T:	Well <u>very</u>			pretty good
S. 12	Sh.	Well <u>very</u>			indifferent
M 13	Sh	Well <u>very</u>	1 long fit		pretty good
T. 14	Sh.	Well <u>very</u>	some occas		do
W. 15	Sh	Well very.	slight head. slight continued fl afternoon:		heaszist, indifferent
Th. 16	Sh	Well <u>very</u>	occas fl. (Electric Chains ⁹³ attc' waist)		Wakeful good
F 17	Sh	Well <u>very</u>			slightly so ["rather" inserted] indifferent
<u>Sd 18</u>	Sh.	Well <u>very</u>	1 cosid fit		very moderate
S. 19	Sh.	Well <u>very</u>	(do neck)		heazish, good
M. 20	Sh	Well <u>very</u>	almost fit		wakeful indifferent
T. 21	Sh	Well 2 or 3 fits			: moderate
W. 22	Sh	Well very	1 or 2 fits	visitors' Lyells	pretty good
Th. 23	Sh.	Well	3 or 4 fits		slight headache moderate
F. 24	Sh.	Well not quite	much fl		good
<u>Sd. 25</u>	Sh	Well <u>very</u>	1 fit		good
S. 26	Sh	Well <u>very</u>	some occas.		heazish. pretty good
M. 27	Sh	Well <u>very</u>	do		: moderate
T 28	Sh.	Well very	2 fits of fl not bad		do
W. 29	Sh.	Well	3 or 4 fits		heazish pretty good
Th. 30	Sh	Well	do		do good
F. 31	Sh	Well <u>very</u>	occas fl		good

St lb oz
Oct 1st -- 12 6 -- light trousers, drawers no flannel wt
[14 Double Dashes]⁹⁴

November

<u>Sat. 1</u>	Sh.	Well not quite.	headache.	much fl
S. 2	Sh.	Well <u>very</u>	some occas.	
M. 3	Sh.	Well <u>very</u>	slmost 1 fit	
T. 4	Sh.	Well <u>very</u>		
W. 5	Sh.	Well <u>very</u>	some occas.	
Th. 6	Sh.	Well <u>very</u>	1 slight fit	
F. 7	Sh.	Well <u>very</u>	do	
<u>Sd. 8</u>	Sh.	Well	bar[el]y	several fits
S. 9	Sh.	Well	do	slight fits
M. 10	Sh.	Well not quite	several fits	
T. 11	Sh.	Well <u>very</u>	1 consid fit	
W. 12	Sh.	Well	several fits	
Th. 13	Sh.	Well <u>very</u>		
F. 14	Sh.	Well <u>very</u>	(uncomfort. in evening)	
<u>Sat. 15</u>	Sh.	Well <u>very</u>	1 consid. fit	(party)
S. 16	Sh.	Well <u>very</u>	some occas	
M. 17	Sh.	Well <u>very</u>		
T. 18	Sh.	Well <u>very</u>	1 fit	
W. 19	Sh.	Well <u>very</u>	1 slight fit	
Th. 20	Sh.	Well <u>very</u>	good: ["nearly" del]	
F. 21	O	Poorly a Little,	headache,	much fl
<u>Sat. 22</u>	Sh.	Well <u>very</u>		
S. 23	Sh.	Well <u>very</u>	2 fits	
M. 24	Sh.	Well <u>very</u>		
T. 25	Sh.	Well <u>very</u>	almost fit	
W. 26	Sh.	Well <u>very</u>	1 fit	
Th. 27	Sh.	Poorly a little	consider	fl
F. 28	Sh.	Well barely	do	
<u>Sat. 29</u>	Sh.	Well bare[l]y		
S. 30	Sh.	Well <u>very</u>	1 or 2 fl	

Night

very good
do
: very good
moderate, wakeful
pretty good
very good. not SU ⁹⁵
: very good. do
very good Seldom up
good do
good
moderate
: ["very" del] good, not S.U.
indifferent
good
poor
good
moderate
good
: very good
morning bad
very good. not S.U.
very good. not S.U.
very good hardly S U
: very good
very good hardly S.U.
goodish
moderate
moderate
do
: very good

1851Night

Dec.

M. 1.	Sh.	Well <u>very</u>		very good. hardly U.
T. 2	Sh.	Well <u>very</u>	1 fit	good: do
W. 3	Sh.	Well <u>very</u>		very good
Th. 4	Sh.	Well <u>very</u>		do. hardly U
F. 5	Sh	Well <u>very</u>	(almost 1 fit)	Very good -- Not U
<u>Sat 6</u>	Sh.	Well <u>very</u>	1 fit	goodish
Sun 7	Sh.	Well <u>very</u>		good:
M. 8	Sh	Well <u>very</u>		<u>very good</u> not U
T. 9	Sh	Well <u>very</u>		very good
W 10	Sh.	Well very	2 fits	good
Th 11	Sh	Well <u>very</u>	(some discomfort)	very good
F 12	Sh	Well <u>very</u>		good restless
<u>Sat 13</u>	Sh	Well.	2 or 3 baddish fit	good:
Sun 14	Sh	Well <u>very</u>		good
M. 15	Sh	Well <u>very</u>		do
T. 16	Sh	Well <u>very</u>	London ⁹⁸	do
W. 17	Sh	Well <u>very</u> ⁹⁹		do
Th 18	Sh.	Well <u>very</u>		goodish
Fr. 19	Sh.	Well <u>very</u>		<u>very good</u> ; not Up
<u>Sat 20</u>	Sh	Well <u>very</u>		good
Sun 21	Sh.	Well <u>very</u>	1 baddish fit	very good
M. 22	Sh.	Well <u>very</u>	almost 1 fit	goodish. consid fl. once U
T 23	Sh	Well <u>very</u>	consid fl. occas fl	well 1 consid fit
W. 24	Sh	Well <u>very</u>	1 fit	moderate. 3 or 4 baddish fits
Th. 25	Sh	Well <u>very</u>	1 consid fl	good 2 fits
F. 26	Sh.	Well <u>very</u>		good 2 fits
<u>Sat 27</u>	Sh	Well <u>very</u>	1 consid fl	good
Su 28	Sh	Well <u>very</u>	occas fl	wakeful much fl :
M. 29	Sh	Well <u>very</u>		several bad fits of fl
T. 30	Sh	Well <u>very</u>		good 2 fits
W. 31	Sh	Well <u>very</u>	1 fit	poorish. several fits

19 double – dashes

Best since Jan. 1850¹⁰⁰

1852

January

Th 1 Sh. Well very
 F. 2 Sh. Well very almost 1 fit
Sat --3 Sh. Well very 2 or 3 fits
 Sun 4 Sh Well very
 M. 5 Sh Well very
 T. 6 Sh Well 2 or 3 fits
 W. 7 Sh Well not quite
 Th 8 Sh Well 2 baddish fits
 F 9 Sh Well very
Sat 10 Sh Well very
 Su 11 Sh. Well not quite. several fits.
 M. 12 Sh Well very
 T. 13 Sh Well 2 or 3 bad fits
W. 14 Sh. Well not quite. several fits¹⁰¹
 Th 15 Sw. Sh. O F.B. Well very 2 or 3 much fits
 F. 16 Sh. D. F. B. Well very
Sat 17 Sh. D. F.B. Well very much occas fl
 Sun 18 Sw. Sh. O F.B. Well very do discomfort
 M. 19 Sh. D. F.B. Well very some slight fl.
 T. 20 S. O F.B. Well 2 or 3 fits
 W 21 Sw. Sh. D. F.B Well very 1 fit
 Th 22 O F.B. Well very
 F. 23 Sh. O. F.B. Well very
Sat 24 Sw. Sh. D. F.B. Well very 1 fit
 Sun 25 Sh Well very 2 or 3 fits
 M. 26 Sh. D. Well very do
 T. 27 Sw Sh Well very do
 W. 28 Sh. D. Well very do
 Th. 29 Sw Sh Well much fl. London¹⁰²
 Fr. 30 Sw. Sh. Well barely several fit
Sat 31 Sh. D. Well several fits

Night

moderate 3 or 4 fits
 poorish some bad fl
 do do
 good
 very good not Up
 poorish. some bad fits
 very good
 wakeful. poor:
 very good
 good:
 good heazish
 good:
 goodish
 poorish
 restless. uncomfortable:
 good
 indifferent
 1 bad fit:
 good
 do
 do
 indifferent. much fl.
 goodish 2 or 3 fits
 good: do
 goodish: do
 good
 good
 good
 good
 very good
 poorish
 goodish

11 Double Dashes, but ¹⁰³

many poorish days.

1852

February

Night

Sun 1.	Sh.	Well barely.	several fits		moderate
M. 2	Sw. Sh. D.	Well	do		good
T. 3	Sh.	Well barely	do		indifferent. much fl.
W. 4	Sh. D.	Well very	3 fits		moderate
Th. 5	Sw. Sh.	Well barely	do		good:
F. 6	Sh. D.	Well <u>very</u>	1 fit		good
<u>Sat 7</u>	Sw. Sh.	Well very	2 fits		very good
S. 8	Sh.	Well <u>very</u>			good
M 9	Sh. D.	Well <u>very</u>	(almost 1 fit)		good
T. 10	Sw. Sh.	Well <u>very</u>			good
W. 11	Sh D.	Well <u>very</u>			very good:
Th. 12	Dr	Well <u>very</u> .	almost 1 fit.	<u>Cold</u>	good
F. 13	Dr.	Well <u>very</u>	1 slight fit	do	moderate
<u>Sat 14</u>	Dr.	Well <u>very</u>	some occas fl.	do	pretty good
S. 15	Sh.	Well very	2 or 3 fits		do:
M. 16	Sw. Sh. D.	Well <u>very</u>	1 fit		heazish good
T 17	Sh.	Well <u>very</u>	occas fl.		good :
W. 18	Sw. Sh D.	Well <u>very</u>			moderate
Th. 19	Sh. O	Well <u>very</u>	occas fl		indifferent
F. 20	Sw. Sh. D.	Well <u>very</u>			good
<u>Sat 21</u>	Sh.	Well <u>very</u>			good
S. 22	Sw. Sh.	Well <u>very</u>	occas fl		good
M. 23	Sh D.	Well <u>very</u>			very good
T. 24	Sw Sh.	Well <u>very</u>	1 slight fit		moderate
W. 25	Sh D.	Well <u>very</u>			good
Th. 26	Sw. Sh.	Well <u>very</u>			goodish
F. 27	Sh.	Well <u>very</u>	some occas. & discomfort		indifferent
<u>Sat 28</u>	Sw. Sh. D.	Well <u>very</u>	do		moderate:
S. 29	Sh.	Well <u>very</u>			good

#¹⁰⁴

18 Double Dashes¹⁰⁵

six & ½ weeks of Treatment.¹⁰⁶

1852 March: --

Night

M. 1	Sh.	Well <u>very</u>				very good
T. 2	Sh.	Well <u>very</u>				pretty good
W. 3	Sh.	Well very	1 bad fit, slight headache			good
Th. 4	Sh.	Well barely	2 or 3 fits	do		heaszish. good
F. 5	Sh.	Well <u>very</u>				good
<u>Sat 6</u>	Sh.	Well <u>very</u>	almost 1 fit			very good
S. 7	Sh	Well very	2 fits			very good hardly U.
M 8	Sh	Well <u>very</u>				indifferent Wakeful
T. 9	Sh	Well <u>very</u>				good
W. 10	Dr.	Poorly in afternoon. Headache		<u>Vomit</u>	London	bad
Th. 11	Dr.		do	do		pretty good:
F. 12	Sh.	Well <u>very</u>	1 slight fit			good
<u>Sat 13</u>	Sh.	Well <u>very</u>				very good
S. 14	Sh	Well <u>very</u>	1 in evening. Boil under arm.			heazish good
M. 15	Sh	Well <u>very</u>	poorly from boil wh. didn't break			good
T. 16	Sh	Well <u>very</u>				very good
W. 17	Sh	Well <u>very</u>				indifferent:
Th. 18	Sh	Well <u>very</u>	almost 1 fit			good
F. 19	Sh	Well barely	several fits in afternoon			heaszish. good
<u>Sat 20</u>	Sh	Well barely	do	do		do good
S. 21	Sh	Well <u>very</u>	1 fit			very good
M. 22	Sh.	Well <u>very</u>	1 or 2 fits			good
T. 23	Sh	Well <u>very</u>				very good
W. 24	Sh	Well <u>very</u>				wakeful do:
Th. 25	Sh.	Well <u>very</u>				good
F. 26	Sh. Dr.	Well <u>very</u>				wakeful moderate
<u>Sat 27</u>	Dr.	Well <u>very</u>	1 fit			do
S. 28	Dr.	Well very	2 or 3 fits	heasy		good
M 29	Dr.	Poorly	several slight fits			very heasy
T. 30	Dr.	Well not quite	2 slight fits			good
W. 31	Dr.		do			good

1852 April

Nights

Th. 1	Dr.	Well <u>very</u>	occas fl	very good
F. 2	Sh.	Well <u>very</u>	almost fit	very good
<u>Sat 3</u>	Sh.	Well <u>very</u>	occas fl	do
Sun 4	Sh.	Well <u>very</u>	1 fit	good
M 5	Sh	Well <u>very</u>		very good
T. 6	Sh.	Well <u>very</u>		very good. Hardly Up. –
W. 7	Sh.	Well <u>very</u>		moderate
Th. 8	Sh.	Well not quite evening.	continued fl. slight headache	good
F. 9	Sh.	Well <u>very</u>	evening not comfortable	very good
<u>Sat 10</u>	Sh.	Well <u>very</u>	a cold	indifferent ;
S. 11	Sh.	Poorly .	Cold, Sundays stomach not bad	moderate ;
M. 12	Dr. [“Well <u>very</u> ” del]	but Poorly.	cold.	indifferent.
T. 13	Sh	Poorly.	heasy Languid [“do” del]	moderate:
W. 14	Sh.	Poorly - little heaz		pretty good
Th. 15	Sh.	Well <u>very</u>	1 consid fit	moderate
F. 16	SH.	Well <u>very</u>	do	good
<u>Sat 17</u>	Dr.	Poorly little	several fits slight headache. Cold	good :
Sun 18	Dr.	Poorly	Cold	goodish
M. 19	Dr.	Poorly little	do	very good
T. 20	Dr.	Well <u>very</u>		do
W. 21	Sh.	Well <u>very</u>	1 baddish fit (slight cold)	do
Th. 22	Sh.	Well <u>very</u>	occas fl	do
F. 23	Sh	Poorly little	much fl. slight headach	heazish do
<u>Sat 24</u>	Sh	Well <u>very</u>	occas fl	good
Sun 25	Sh	Well <u>very</u>	do	very good:
M. 26	SH.	Well <u>very</u>	1 consid fit	do
Tu 27	Sh.	Well <u>very</u>	slight Cold	do
W. 28	Sh.	Well <u>very</u>		Moderate
Th. 29	Sh.	Well <u>very</u>	almost fit	pretty good
F. 30	Sh.	Well <u>very</u>		good

(14 Double dashes) Continued cold¹¹¹

1852 May

				Night
<u>Sat. 1</u>	Sh.	Well <u>very</u>	, almost fit	very good:
Su 2	Sh.	Well very	2 fits	good
M 3	Sh.	Well <u>very</u>	1 fit	indifferent:
T. 4	Sh.	Well <u>very</u>	do	good
W. 5	Sh.	Well <u>very</u>	almost 1 fit	indifferent wakeful
Th 6	Dr.	Well barely.	cold & headache	very good
F. 7	Sh.	Well <u>very</u>		good
<u>Sat 8</u>	Sh.	Well	2 or 3 fits	Moderate
S. 9	Sh.	Well barely		pretty good;
M. 10	Sh.	Well <u>very</u>		do. 1 bad fit
T 11	Sh.	Well <u>very</u>	1 consid fit	good
W. 12	Sh.	Well	2 or 3 fits	heazish good
Th. 13	Sh.	Well barely	3 a fit, slight headach	do. do.
F. 14	Sh.	Well <u>very</u>		moderate
<u>Sat 15</u>	Sh.	Well <u>very</u>	1 fit	good
S. 16	Sh	Well	2 bad fits	heazish good
M 17	Sh.	Well <u>very</u>	1 fit	do do
T 18	Sh.	Well <u>very</u>	occas fl.	good
W. 19	Sh.	Well <u>very</u>		very good
Th. 20	Sh.	Well <u>very</u>		wakeful. goodish
F 21	Sh	Well very	2 or 3 fits	good:
<u>Sat 22</u>	Sh.	Well <u>very</u>		very good.
Sun 23 ¹¹²	[“Sh” lightly del]		Well <u>very</u>	very good
M. 24	Sh	Well <u>very</u>	(some occas)	very good
T 25	Sh.	Well <u>very</u>		good
W. 26	Sh.	Well <u>very</u>	nearly a fit	very good
Th. 27	Sh.	Well <u>very</u>		very good
F. 28	Sh.	Well <u>very</u>		good:
<u>Sat 29</u>	Sh.	Well <u>very</u>	almost 1 fit	goodish
S. 30	Sh.	Well <u>very</u>	1 baddish fit	very good:
M. 31	Sh.	Well	some occas. fl	goodish

1852 June

Night

T. 1	Sh.	Well <u>very</u>			good
W 2	Sh.	Poorly	London	114	vomit at night
Th. 3	Dr.	Well			very bad
F. 4	Dr.	Well <u>very</u>			good
<u>Sat 5</u>	Dr.	Poorly			bad
Su 6	Sh.	Well <u>very</u>	Cold		Wakeful good :
M 7	Sh	Well <u>very</u>	Cold		do good
T. 8	Sh	Well <u>very</u>	Cough		very poor
W 9	Sh	Well <u>very</u>			very good
Th. 10	Sh.	Well <u>very</u>	almost 1 fit		do
			do		not up.. do:

115

F. 11	Sw. Sh. D. F.B.	Well <u>very</u>	1 fit		["very" del]	good
<u>Sat 12</u>	Sh F.B.	Well <u>very</u>				moderate
Su 13	Sh. D. F.B.	Well <u>very</u>				very good
M. 14	Sw. Sh F.B.	Well very	1 fit discomfort			moderate
T. 15	Sh. D. O	Well barely	2 or 3 fits	tooth ach		very good
W. 16	Sh O. O.	Well very	1 consid fit			good
Th 17	Sw. Sh. D. F.B.	Well ["very" del]	2 or 3 fits			very good
Fr. 18	Sh. D. F.B.	Well very	2 fits			indifferent
<u>Sat 19</u>	Sh. F.B.	Well very	do			good
¹¹⁶ S 20	Sw. Sh. D. ["F.B." del]		Well barely	face-ache	poorly	heazish good
M. 21	Dr	Well barely	do	not much flatulence		good
T 22	Dr.	Well	toothach			very good
W. 23	Sh	Well	toothache	["out & chloroform" del]		good
Th 24	Dr.	Well	tooth out & <u>chloroform</u>			good
F 25	Dr.	Well <u>very</u>				indifferent
<u>Sat 26</u>	Sh.	Well <u>very</u>				very good
S. 27	Sh.	Well ["very" del]	2 or 3 fits			heazish moderate
M. 28	Sh.	Well ["very" del]	do			do do
T. 29	Sh.	Well ["very" del]	do			do do
W. 30	Sh	Well	do			do do

Nine ["Eight" del] Double Dashes¹¹⁷(Ten Days Treatment)¹¹⁸

1852	<u>July</u>			<u>Night</u>
Th. 1	Sh.	Well	2 or 3 fits. heazish as during usual days	good:
F. 2	Sh.	Well	<u>very</u>	good
<u>Sat -3</u>	Sh	Well	<u>very</u> 1 fit	pretty good
S. 4	Sh	Well	2 or 3 fits (heazy)	good
M. 5	Sh	Well	<u>very</u> 1 fit	very good
Tu 6	Sh.	Well	<u>very</u> 1 slight fit	very good :
W. 7	Sh	Well	<u>very</u> 1 fit	very good.
Th. 8	Sh.	Well	<u>very</u>	very good:
F. 9	Sh	Well	very 2 fits	very good
<u>Sat 10</u>	Sh.	Well	<u>very</u> occas fl	good:
S. 11	Sh.	Well	barely much fl	good
⌘ 119				
M. 12	Sw. Sh. D.	Well	<u>very</u>	moderate
T. 13	Sh	Well	2 baddish fits	goodish:
W. 14	Sh. D.	Well	<u>very</u>	very good
Th 15	Sw. Sh.	Well	2 fits	very good
F. 16	Sh. D.	Well	<u>very</u>	very good
<u>Sat 17</u>	Sh	Well	very 2 fits	good
Sun 18	Sw. Sh. D.	Well	<u>very</u> 1 fit	good
M 19	Sh	Well	2 fits	heazyish pretty good:
T 20	Sh D.	Well	<u>very</u>	baddish
W. 21	Sw. Sh.	Well	<u>very</u> 1 fit	do
Th 22	Sh D.	Well	<u>very</u>	wakeful moderate
F 23	Sh.	Well	2 or 3 fits	very good
<u>Sat 24</u>	Sh. D.	Well	very do	heasy moderate
S. 25	Sw. Sh	Well	barely heaz. flat	very heaz
M 25	Sh. D.	Well	<u>very</u> 1 fit	goodish
T 27	Sh.	Well	barely much fl	good heazish
W. 28	Sw. Sh. D.	Well	<u>very</u>	good
Th 29	Sh	Well	<u>very</u>	very good
F. 30	Sh. D.	Well	<u>very</u>	good
<u>Sat 31</u>	Sw. Sh.	Well	<u>very</u> 2 fits	moderate:

1852 August				Night
Sun 1	Sh.	Well 2 or 3 fits		wakeful good
M. 2	Sh. D.	Well <u>very</u>		<u>very</u> good
T. 3	Sw. Sh. D.	Well <u>very</u>		very good
W. 4	Sh	Well <u>very</u>	1 fit	very good:
Th. 5 ¹²¹	Sh. D.	Well <u>very</u>	do	moderate
F. 6	Sw. Sh.	Well <u>very</u>	do	good
<u>Sat 7</u>	Sh.	Well <u>very</u>		good
S. 8	Sh	Well <u>very</u>		good
M 9	Sw. Sh. D.	Well <u>very</u>		very good
T. 10	Sh. D.	Well <u>very</u>		good
W. 11	Sh	Well	2 slight fits	good
Th. 12	Sw Sh.	Well <u>very</u>	2 fits	good
F. 13	Sh D.	Well <u>very</u>		good [written in small letters] "ish"
<u>Sat 14</u>	Sh. D.	Well <u>very</u>	2 slight fits	indifferent
S. 15	Sw. S	Well <u>very</u>		goodish
M 16	Sh D.	Well <u>very</u>		indifferent
T. 17	Sh D.	Well <u>very</u>		moderate
W. 18	Sw. Sh	Well <u>very</u>	1 bad fit	very heasy . poor
F 20	Sh. D.	Well <u>very</u>	1 fit	good
<u>Sat 21</u>	Sw. Sh. D.	Well <u>very</u>		wakeful good
S. 22	Sh Sw	Well barely		good
M. 23	Sh	Well		goodish:
T 24	Sh.	Well <u>very</u>		very good
W. 25	Sh.	Well <u>very</u>	almost 1 fit	goodish
Th. 26	Sh.	Well <u>very</u>	do (tired in evenings)	wakeful indifferent
F. 27	Sh.	Well <u>very</u>		heaz very good
<u>Sat 28</u>	Sh.	Well	3 or 4 fit	heasz very good
S. 29	Sh	Well <u>very</u>	1 fit	very good
M. 30	Sh.	Well	3 or 4 fits	good
T. 31	Sh.	Well <u>very</u>	1 fit	good

Six weeks treatment: not much good effect extremely tired in Evening.

I do not think last treatment did me much good.¹²³

1852 SeptemberNight

W. 1	Sh.	Well <u>very</u> .			good
Th. 2.	Sh.	Well <u>very</u>	1 fit		good:
F. 3	Sh.	Well	2 consid. fit		wakeful moderate
<u>Sat 4</u>	Sh.	Well <u>very</u>	1 fit		Sh. 2 good
S. 5	Th	Poorly. excessive fl. headache <u>vomit</u> . Trs ¹²⁵			poor
M 6	Sh.	Well <u>very</u>			good
T. 7	Sh.	Well <u>very</u>	1 fit		very good
W. 8	Sh.	Well	2 fits		Wakeful poorish
Th. 9	Sh.	Well <u>very</u> .	1 fit		heasy. moderate
F. 10	Sh.	Well <u>very</u>			goodish
<u>Sat 11</u>	Sh	Poorly. headache			goodish
S. 12	Dr.	Well <u>very</u>		Leith Hill 126	good
M. 13	Dr.	Well <u>very</u>			very good
T 14	Dr.	Well <u>very</u>			goodish
W. 15	Dr.	Well <u>very</u>			very good ["ish" del]
Th. 16	Dr.	Well <u>very</u>			good
F. 17	Sh	Well.	2 or 3 fits	heasz	goodish
<u>Sat 18</u>	Sh.	Well <u>very</u>			good
S. 19	Sh.	Well <u>very</u>	1 fit		good
M. 20	Sh.	Well <u>very</u>	almost fit		goodish
T. 21	Sh	Well <u>very</u>	1 fit		good
W. 22	Sh.	Well <u>very</u>	do		very good
Th. 23	Sh.	Well <u>very</u>	2 fits		heaszish good
F. 24	Sh	Well <u>very</u>	1 fit		good
<u>Sat 25</u>	Sh.	Well <u>very</u>			very good
S. 26	Sh.	Well <u>very</u>	2 consid fits		very good
M. 27	Sh.	Well <u>very</u>	almost 1 fit		indifferent
T. 28	Sh.	Well. evening extreme fl. headache.			good
W. 29	Sh.	Well <u>very</u>			good
Th 30	Sh.	Well <u>very</u>	1 consid fit		indifferent

<u>1852 October</u>				<u>Night</u>
F. 1	Sh.	Well <u>very</u>		moderate
<u>Sat 2</u>	Sh.	Well <u>very</u>		good :
S. 3	Sh.	Well <u>very</u>	almost 1 fit	indifferent
M 4	Sh.	Well <u>very</u>		good
T. 5	Sh.	Well <u>very</u>	almost 1 fit	good
W. 6	Sh.	Well <u>very</u>	1 fit	goodish
Th. 7	Sh.	Well <u>very</u>		indifferent
F. 8	Sh.	Well	2 fits fl	goodish
<u>Sat 9</u>	Sh	Well <u>very</u>	almost fit	wakeful. goodish:
S. 10	Sh.	Well <u>very</u>	1 fit	good
M 11	Sh.	Well <u>very</u>		very good
T. 12	Sh.	Well <u>very</u>		wakeful, good
W. 13	Sh.	Well <u>very</u>		very good
Th. 14	Sh.	Well <u>very</u>		goodish
F. 15	Sh.	Well <u>very</u>	Dinner Party ¹²⁸	goodish
<u>Sat 16</u>	Sh.	Well <u>very</u>		moderate
Su 17	Sh.	Well <u>very</u>	two fits	good
M 18	Sh.	Well <u>very</u>		restless good
T 19	Sh	Well <u>very</u>		indifferent
W 20	Sh.	Well <u>very</u>	1 fit	do
Th 21	Sh.	Well <u>very</u>		good
F 22	Sh.	Well <u>very</u>		poorish
<u>Sat 23</u>	Sh.	Well <u>very</u>	Dinner Party ¹²⁹	good
S 24	Sh.	Well <u>very</u>	almost fits ¹³⁰	poorish
M. 25 ¹³¹	Sh.	Well <u>very</u>		good
T. 26	Sh.	Well <u>very</u>		very good
W. 27	Sh.	Well <u>very</u>		goodish
Th 28	Sh.	Well <u>very</u>		goodish
F. 29	Sh.	Poorly	excessive fl. headache	very good
<u>Sat 30</u>	Sh.	Well <u>very</u>		goodish
S. 31	Sh.	Well <u>very</u>	2 fits	goodish

1852 NovemberNight

1. M	Sh.	Well	<u>very</u>			Heazish. goodish
2. T	Sh.	Well	<u>very</u>			moderate
3. W.	Sh.	Well	<u>very</u>			good :
4. Th	Sh.	Well	<u>very</u>			good :
5. F	Sh.	Well	<u>very</u>			good
<u>Sat 6</u>	Sh.	Well	<u>very</u>	almost fit		good
S. 7	Sh.	Well	<u>very</u>			good
M 8	Sh.	Well	<u>very</u>			good
T. 9	Sh.	Well	<u>very</u>			good
W 10	Dr.	Well	<u>very</u>			poor
Th. 11	Dr.	Well	<u>very</u>	1 fit		very good
F. 12	Dr	Well	<u>very</u>			very good
<u>Sat 13</u>	Sh.	Well	very	2 fits slight headache in evening		wakeful
S. 14	Sh.	Well	<u>very</u>			good
M. 15	Sh.	Well	<u>very</u>	1 fit		very good
T. 16	Sh.	Well	<u>very</u>	1 fit		good
W. 17	Sh.	Well	very	2 fits	London ¹³³	poor
Th. 18	Dr.	Well	<u>very</u>			very good
F. 19	Sh.	Well	<u>very</u>			very good
<u>Sat 20</u>	Sh	Well	<u>very</u>	1 fit		goodish
S 21	Sh.	Well	<u>very</u>	almost fit		good
M 22	Sh	Well	<u>very</u>			wakeful indifferent
T. 23	Sh.	Well	<u>very</u>	almost fit		one fit. very good
W. 24	Sh.	Well	<u>very</u>			very good.
Th. 25	Sh	Well	<u>very</u>			goodish
F. 26	Sh.	Well	<u>very</u>			good
<u>Sat 27</u>	Sh	Well	<u>very</u>	almost fit		moderate
S. 28	Sh.	Well	<u>very</u>			good
M. 29	Sh.	Well	<u>very</u>			good
T. 30	Sh.	Well	<u>very</u>		(i.e. often waking & restless, considerable fl but ["not" del] hardly sitting up.	indifferent

(23 double dashes)

1849 Dec. 28 double dashes

1850 Jan. 24 double dashes¹³⁴

1852. -- December

W. 1	S	Well	<u>very</u>		Night: --
Th. 2		Well	<u>very</u>		restless indifferent
F 3		Well	<u>very</u>		goodish, 3 fits
<u>Sat 4</u>		Well	<u>very</u>		<u>very</u> good
S 5		Well	<u>very</u>		good
M. 6		Well	<u>very</u>	(slight occas fl.)	very good : --
T. 7		Well	<u>very</u>		wakeful moderate
W. 8		Well	<u>very</u>		indifferent
Th. 9		Well	<u>very</u>	two fits	goodish
F. 10		Well	<u>very</u>		good
<u>Sat 11</u>		Well	<u>very</u>	two fits	good
S. 12		Well	<u>very</u>	some occas. fl	moderate
M. 13		Well	<u>very</u>	do	wakeful indifferent
T. 14		Well	<u>very</u>	do	very good
W. 15		Well	<u>very</u>		good
Th. 16		Well	<u>very</u>		good
F. 17		Well	<u>very</u>		wakeful indifferent
<u>Sat 18</u>		Well	<u>very</u>	2 fits	moderate
S. 19		Well	<u>very</u>		good.
M. 20		Well	<u>very</u>		poorish
T. 21		Well	<u>very</u>	almost fit no Tea	wakeful. moderate
W. 22		Well	<u>very</u>		pretty good
Th. 23		Well	<u>very</u>	1 fit	wakeful indifferent
F. 24		Well	<u>very</u>		wakeful, restless, consid. fl
<u>S. 25</u>		Well	<u>very</u>	1 fit	pretty good
S. 26		Well	<u>very</u>	2 fits	Little wakeful good:
M. 27		Well	<u>very</u>	do	wakeful goodish:
T. 28		Well	<u>very</u>		slept well good.
W. 29		Well	<u>very</u>		goodish
Th. 30		Well	<u>very</u>		good
F. 31		Well	<u>very</u>	consid occas fl	good
					goodish:

Sat 1	Well <u>very</u> .	some fl. yet poorly	good
S. 2	Well very	2 fit. uncomfortable	goodish
M. 3	Well <u>very</u>		poorish
T. 4	Poorly a little not much fl:	Boil. --	good
W. 5	Poorly		wakeful. poor
Th. 6	Well <u>very</u>	yet rather poorly	goodish
F. 7 ¹³⁷	Well barely	consid fl acid sickness.	do
<u>Sat 8</u> ^{Di}	Poorly in	even[in]g shivering	bad at first. then good
S. 9	Poorly	Boil broke	do do
M. 10	Well not quite		wakeful moderate
T. 11	Well not quite	1 fit	goodish:
W. 12	Well		good
Th. 13	Well <u>very</u>	get Boil not well painful in night	much fl:
F. 14	Well very	2 fits	good
<u>Sat 15</u>	Well <u>very</u>	core extracted Party	moderate
S. 16	Poorly very. excessive fl. ["Bad" del]	Vomiting	good
M. 17	Well <u>very</u>	occas. fl	good
T. 18 ¹³⁸	Well <u>very</u>	do	goodish
W. 19	Well <u>very</u>		wakeful. goodish
Th 20	Well <u>very</u>	occas fl	goodish
F. 21	Well <u>very</u>	1 fit	goodish
<u>Sat 22</u>	Well very	2 or 3 fits	moderate
S. 23	Well <u>very</u>	almost fit	heasyish good
M. 24	Well barely	Much fl activities	good
T 25	Well <u>very</u>	almost fit	heasyish good
W. 26	Well <u>very</u>	1 fit	heasz :
Th 27	Poorly very	acid vomiting Excessive fl	headach good
F 28	Well very	Two fits	goodish
<u>Sat 29</u>	Well <u>very</u>		poor
S. 30	Well consid	fl	good
M 31	Well <u>very</u>	1 fit	good

1853 February ¹³⁹

T. 1 Well very
W. 2 Well very
Th. 3 Well very (sty in rg eye)

¹⁴⁰
London

F. 4 Well very

Sat. 5 Well very

S. 6 Well very

M. 7 Well very almost fit

T. 8 Well very do

W. 9 Well very 1 fit

Th. 10 Well very Do

F. 11 Well very 2 fits (slight boil begun)
failed

Sat 12 Well very 1 slight fit

S. 13 Well very

M. 14 Well very 1 fit

T. 15 Well very do

W. 16 Dr. Well very Cold

Th 17 Dr. Well very do

F. 18 Dr. Well very Cough

Sat 19 Dr. Well very consid fl. in evening

S. 20 Dr. Well very do

M. 21 Sh Well very do

T. 22 Well very 1 fit

W. 23 Well very good

Th 24 Well very heaszhish indifferent:

F. 25 Well very, in evening poorly do goodish

Sat 26 Well very moderate

S. 27 Well very poor

M. 28 Well very goodish

Night

goodish.

goodish

Wakeful

do indifferent

good:

goodish

good

good

good

good

heaszhish good

good

good

good

very good

heaszhish very good

good

indifferent

good:

good

indifferent

goodish

good

heaszhish indifferent:

do goodish

moderate

poor

goodish

Nine Double Dashes

1853 March ¹⁴¹

			Night
T. 1	Well <u>very</u>		goodish
W. 2	Well <u>very</u>		do
Th. 3	Well <u>very</u>		good
F. 4	Well very	2 or 3 fits	poorish
<u>Sat 5</u>	Well very	do	heazish good:
S. 6	Well <u>very</u>	almost fit	indifferent
M. 7	Well <u>very</u>	["do" del]	very good
T. 8	Well <u>very</u>	almost fit	good
W. 9	Well <u>very</u>		good, morning bad
Th. 10	Poorly	headache ["slight" inserted] sickness	goodish
F. 11	Well <u>very</u>	2 or 3 fits baddish in evening	good
<u>Sat 12</u>	Well <u>very</u>	almost fit	goodish
S. 13	Well <u>very</u>	1 fit	heazish good
M 14	Well <u>very</u>		good
T 15	Well <u>very</u>		good
W 16	Well <u>very</u>	some fl from London ¹⁴²	good
Th 17	Well <u>very</u>	1 fit	goodish
F. 18	Well <u>very</u>	in morning; Poorly in evening: dazzling & headache.	heazish
<u>Sat 19</u>	Well <u>very</u>		good:
S. 20	Well <u>very</u>		good
M. 21	Well <u>very</u>		good
T. 22	Well <u>very</u>	almost fit	good
W. 23	Well <u>very</u>	1 fit	goodish
Th. 24	Well <u>very</u>		poorly
F. 25	Well <u>very</u>	1 fit	wakeful goodish
<u>Sat. 26</u>	Well <u>very</u>		heasyish good
S. 27	Well <u>very</u>		wakeful
M. 28	Well <u>very</u>		do good
T. 29	Well <u>very</u>		good
W. 30	Well very	2 or 3 fits	heaszish very good:
Th. 31	Well <u>very</u>		do do

1853 April¹⁴³

F. 1 Well very

Sat 2 Well very

S. 3 Well very

M. 4 Well very

T. 5 Well very

W. 6 Well very

Th. 7 Well very

F. 8 Well very

Sat 9 Well very

S. 10 Well very

M. 11 Well very

T. 12 Well very

W. 13 Well very

Th. 14 Well very

F. 15 Well very

Sat 16 Well very

S. 17 Well very

M. 18 Well very

T. 19 Well very

W. 20 Well very

Th 21 Well very

F. 22 Well very

Sat 23 Well very

S. 24 Well very

M. 25 Well very

T. 26 Well very

W. 27 Poorly sickness frm indigestion

Th. 28 Well very

F. 29 Well very

Sat 30 Well very

1 fit
London¹⁴⁴

almost fit

2 or 3 slight fits

almost fit

do

1 fit

Little swimming¹⁴⁵

well in evening: but cold with a pain & oppression of Breathing.

some continued. some 2nd fever chest pain

almost fit

1 fit

almost fit

1 consid fit

Tea¹⁴⁶

do

Night

very good

moderate

heazish very good

good

do

do

do

wakeful do:

moderate

good.

heasy goodish

goodish

good

goodish

very good

very good

very good

goodish

do – goodish

good

Little wakeful goodish

good

rather wakeful goodish

Little heazish very good

moderate

goodish

very good

very good

good

1853 May

S. 1	Well	consid fl
M 2	Well	<u>very</u>
T. 3	Well	<u>very</u> 1 fit
W. 4	Well	<u>very</u> considerable continued fl
F. 5	Well	<u>very</u> do
<u>Sat 7</u> ¹⁴⁷	Well	<u>very</u>
S. 8	Well	
M 9	Well	
T. 10	Well	<u>very</u> almost one fit
W 11	Well	<u>very</u> do
Th 12	Well	several fit
<u>Sat. 14</u>	Well	<u>very</u>
S. 15	Well	<u>very</u> yet poorly with small Boil
M. 16	Poorly.	yet not much fl
T. 17	Poorly	do
W. 18	Well	<u>very</u> some fl
Th. 19	Well	<u>very</u>
Sat 20	Well	<u>very</u>
<u>Sat 21</u>	Well	<u>very</u>
S. 22	Well	barely
M 23	Well	<u>very</u>
T 24	Well	<u>very</u> some fl
W. 25	Well	<u>very</u>
Th. 26	Well	<u>very</u> 1 baddish fit
F. 27	Well	<u>very</u> do
<u>Sat 28</u>	Well	<u>very</u>
Sun 29	Well	<u>very</u> almost fit
M. 30	Well	<u>very</u>
T. 31	Well	<u>very</u>

Night

good
moderate
poorish
moderate
do
goodish
do
Wakeful Poor:
very good
good
heasy;
do poorish
do goodish
shiverry poorish
good
very good
moderate
goodish
moderate
poorish
good :
good
good
good
moderate
moderate
good
good
good

1853 June

W. 1 ¹⁴⁸	Well very	London 1 ¹⁴⁹
Th 2	Well very	
F 3	Well <u>very</u>	i fit
<u>Sat 4</u>	Well very yet much fl.	Crystal Palace ¹⁵⁰
S. 5	Well <u>very</u>	
M. 6	Well <u>very</u>	almost fit
T. 7	Well <u>very</u>	
W. 8	Well very	2 consid fit
Th 9	Well <u>very</u>	1 fit
F 10	Well <u>very</u>	almost fit
<u>Sat 11</u>	Well	3 or 4 fit
S. 12	Well <u>very</u>	i fit
M 13	Well <u>very</u>	
T. 14	Well <u>very</u>	
W. 15	Well <u>very</u>	
Th. 16	Well not much fl	very slight sickness
F. 17	Well <u>very</u>	
<u>Sat 18</u>	Well <u>very</u>	
S. 19	Well <u>very</u>	i fit
M. 20	Well <u>very</u>	
T. 21	Well <u>very</u> : 1 fit baddish	
W. 22	Well <u>very</u>	
Th 23	Well <u>very</u>	
F. 24	Well very	2 or 3 fits
<u>Sat 25</u>	Well <u>very</u>	
S. 26	Well very	
M 27	Well <u>very</u>	
T. 28	Well <u>very</u>	tired
W. 29	Well <u>very</u>	very tired. consid fit
Th 30	Well <u>very</u>	do

Night

goodish
good
good
good
very good
rather wakeful goodish
very good
goodish
good
restless wakeful poorish:
moderate
good
good
good
moderate
goodish
very good
good
good
indifferent
good
good
good
wakeful moderate
do moderate
goodish
wakeful goodish
rather w-- goodish
goodish
good

<u>1853:</u> -- July: --			<u>Night:</u> --
F. 1	Well <u>very</u>		goodish
<u>Sat 2</u>	Well very	1 or 3 fits	moderate
Sun 3	Well <u>very</u>		good
M. 4	Well <u>very</u>		goodish
T. 5	Well <u>very</u>		indifferent
W 6	Well <u>very</u>		goodish
Th. 7	Well <u>very</u>		indifferent
F. 8	Well very	2 or 3 fits	good
<u>Sat 9</u>	Well barely.	much continued fl. vomited. a litt[le]	moderate
Sun 10	do	do	goodish
M. 11	Poorly	in evening bad vomiting	Bad
T. 12	Well very		good
W. 13	Well <u>very</u>		good
Th 14	Well <u>very</u>	[Eastbourne] ¹⁵¹	good
F. 15	Well very	2 or 3 fit	Dreadful vomiting from Crab
<u>Sat 16</u>	well <u>very</u>	weakish	good
S. 17	Well <u>very</u>	1 longish fit	wakeful goodish
M 18	Well very	languid	heaszish, good
T. 19	Well very	do	goodish
W 20	Well <u>very</u>		very good
Th 21	Well <u>very</u>		very good
F. 22	Well <u>very</u>	languid	good
<u>Sat 23</u>	Well barely.	headache	good. very:
S. 24	Well do	slight do	heazish. goodish
M. 25	Poorly	very heasy	do do
T. 26	Well barely	weak & languid	goodish
W. 27	Well very,	2 or 3 fits, but better.	good
Th. 28	Well <u>very</u>		goodish
F. 29	Well <u>very</u>		goodish
Sat 30	Well <u>very</u> (2 fits)		good
S. 31	Well <u>very</u>		heazish good

August 1853

			Night
M. 1	Well <u>very</u>		good
T. 2	Well <u>very</u>		good
W. 3	Well <u>very</u>		goodish
Th. 4	Well <u>very</u>		good:
F. 5	Well <u>very</u>		good
<u>Sat 6</u>	Well <u>very</u>	i fit	goodish
S. 7	Well <u>very</u>	do	moderate
M. 8	Well <u>very</u>		good
T. 9	Well <u>very</u>	i fit	moderate
W. 10	Well <u>very</u>		goodish
Th. 11	Well <u>very</u>	2 fits	goodish
F. 12	Well <u>very</u>		good
<u>Sat 13</u>	Well <u>very</u>	} Hermitage ¹⁵²	goodish:
S. 14	Well <u>very</u>		goodish
M. 15	Well <u>very</u>		indifferent
T. 16	Well <u>very</u>		do
W. 17	Well <u>very</u>		very good
Th 18	Well <u>very</u>		good
F. 19	Well <u>very</u>	I fit	poorish:
<u>Sat 20</u>	Well <u>very</u>		goodish
S. 21	Well <u>very</u> .	heasy consid fl	heayish good
M 22	Well <u>very</u>		good
T. 23	Well <u>very</u>		good
W. 24	Well <u>very</u>		cold goodish:
Th. 25	Poorly with a cold		
F. 26	do	do	
<u>Sat 27</u>	Well <u>very</u>		wakeful goodish
S 28	Well <u>very</u>		do
M. 29	Well <u>very</u>		good
T. 30	Well <u>very</u>		good
W. 31	Well <u>very</u>		good

17 Double Dashes, but I think I am not so strict
as I used to be. –

September 1853Night

Th. 1	Well <u>very</u>	some occas fl	good.
F. 2	Well <u>very</u>	i fit ¹⁵³	good
<u>Sat 3</u>	Well <u>very</u>		good
S. 4	Well <u>very</u>	consid fl. slight headache	good
M 5	Well <u>very</u>	i fit	good
T. 6	Well <u>very</u>	2 fits	goodish
W. 7	Well <u>very</u>		good
Th 8	Well <u>very</u>		moderate
F. 9	Well <u>very</u>		indifferent
<u>Sat 10</u>	Well <u>very</u>		goodish
S 11	Well barely,	several fits	goodish
M 12	Well <u>very</u>	i fit	moderate
T 13	Well <u>very</u>	very tired	heazish good
W. 14	Well <u>very</u>		do good
Th 15	Well <u>very</u>	tired	good
F. 16	Well <u>very</u>		good
<u>Sat 17</u>	Well <u>very</u>		goodish
S 18	Well <u>very</u>	2 fits	moderate
M 19	Well <u>very</u>		good
T 20	Well <u>very</u>	i fit	moderate
W. 21	Well <u>very</u>	do	very good
Th 22	Well <u>very</u>	several fits & headache from Crystal Palace ¹⁵⁴	good
F 23	Well <u>very</u>		goodish
<u>Sat 24</u>	Well <u>very</u>	i fit	good
S 25	Well <u>very</u>		good
M 26	Well <u>very</u>		moderate
T. 27	Well <u>very</u>		poor
W. 28	Well <u>very</u>	2 or 3 fit	goodish
Th. 29	Well <u>very</u>		good
F. 30	Well <u>very</u> ¹⁵⁵	2 or 3 fits	goodish

<u>1853</u>	October: --			Night
<u>Sat 1:</u>	Well <u>very</u>			good
S. 2	Well	several fits of fl		goodish
M 3	Well <u>very</u>			good
T 4	Well very	2 or 3 fits		good:
W 5	Well <u>very</u>			good.
Th 6	Well very	headach & much fl		moderate
F 7	Well very	do		do
<u>Sat 8</u>	Well <u>very</u>			very good
Sun 9	Well <u>very</u>			wakeful very good
M 10	Well <u>very</u>			do do
T 11	Well very	i baddish fit		do good:
W 12	Well barely	headach & cold		good
Th. 13	Well <u>barely</u>	i fit		good
F. 14	Well <u>very</u>	almost fit		good
<u>Sat 15</u>	Well <u>very</u>			poorish
S. 16	Well <u>very</u>			good
M 17	Well very	i baddish fit		good
T 18	Well <u>very</u>	do		goodish
W 19	Well <u>very</u>			poorish
Th 20	Well ["very" del]	3 fits barely		good
F. 21	Well ["barely much fl" del]	<u>very</u>		good
<u>Sat 22</u>	Well very	2 or 3 fits		good
S. 23	Well very	----		goodish:
M 24	Well very	do		heazish good
T. 25	Well very	do		do good
W. 26	Well very	d		["do" del] goodish
Th. 27	Well very	d		do good
F 28	Well very			goodish:
<u>Sat 29</u>	Well very			good
S. 30	Well <u>very</u>			good
M 31	Well <u>very</u>			good

<u>1853</u>	<u>November</u>			<u>Night</u>
1. T	Well <u>very</u>	I fit		moderate
2. W	Well <u>very</u>			good
3. Th.	Well <u>very</u>	do		good
4. F	Well <u>very</u>	do		goodish
<u>Sat 5</u>	Well <u>very</u>			moderate
S. 6	Poorly	sickness, headache		good
M. 7	Well ["very" del]	<u>sick</u> at night, slight sinking		Poor
T. 8	Well barely	much fl		goodish
W. 9	Well <u>very</u> ¹⁵⁷			good
Th 10	Well <u>very</u>	almost fit		slight sinking at night
F 11	Well <u>very</u>	1 slight fit		moderate
<u>Sat 12</u>	Well <u>very</u>	1 slight fit	158	goodish
Sun 13.	S.W. F.B.	Well <u>very</u>	2 fits	moderate
M. 14	D.	Well <u>very</u>	some ocas fl	good
T. 15	F.B.	Well <u>very</u>	i fit considerable	goodish
W. 16	S.W. D. F.B.	Well <u>very</u>	wakeful	good
Th. 17	F.B.	Well <u>very</u>	some occas	good
F. 18	F.B.	Well <u>very</u>		good
<u>Sat 19</u>	S.W.	Poorly from	Sorry Back	Poor then good
S. 20	D. F.B.	Well <u>very</u>		wakeful good
M. 21	D. F.B.	Well <u>very</u>	1 or 2 fits	do goodish
T. 22	SW. F.B.	Well <u>very</u>		good
W. 23	D. F.B.	Well <u>very</u>		do good
Th. 24	F.B.	Well <u>very</u>		no tea, sleepy, good. ¹⁵⁹
F. 25	S.W. F.B.	Well <u>very</u>	do	do goodish
<u>Sat 26</u>	D. F.B.	Well <u>very</u>	do half do	good
S. 27	F.B.	Well <u>very</u>	some occas fl	do do good
M. 28	S.W. ¹⁶⁰ D. F.B.	Well <u>very</u>	do	good
T 29	} London	Sick & Heasish		
W. 30			<u>Poorly</u> ¹⁶¹	


<u>1853</u>	<u>December</u>						<u>Night:</u> --
Th. 1	(London)	Well	very				
F 2	SW. D. F.B.	Well	<u>very</u>	almost a fit			goodish
<u>Sat 3</u>	F.B.	Well	<u>very</u>	do	tea	<u>wakeful</u> , indifferent, much fl	
Sun 4	D. F.B.	Well	very	2 slight fits	coffee		good
M 5	SW F.B.	Well	<u>very</u>		coffee		good
T. 6	D. F.B.	Well	<u>very</u>		coffee	rather wakeful	good
W. 7	F.B.	Well	very	two fits	coffee		good
Th 8	SW. D. F.B.	Well	<u>very</u>	coffee	rather w. ¹⁶²	indifferent palpitations	
F. 9	F.B.	Well	very	tea	not more wakeful		good
<u>Sat 10</u>		Well	<u>very</u>	(London) ¹⁶³	tea.	<u>rather</u> wakeful	good
S. 11	Sw. D. F.B.	Well	<u>very</u>				good
M 12		Well	very (Barely)	in ev[en]g	much fl		good
T. 13	D. F.B.	Well	<u>very</u>	almost fit	coffee	not wakeful ¹⁶⁴	good
W. 14	SW. F.B.	Well	very	2 fits			moderate
Th. 15	Sh D. F.B.	Well	<u>very</u>		slight, acid sickness		good
F. 16	Sh. F.B.	Well	<u>very</u>	i fit	tea		good
<u>Sat 17</u>	SW. <u>Sh.</u> F.B.	Well	<u>very</u>		do		good
S. 18	Sh. F.B.	Well	very	2 slight fits	do		goodish
M 19	Sh. Sh. F.B.	Well	very – [“do” del]	2 fits	do	consid fl	good
T. 20	Sw. F.B.	Well	very	3 or 4 fits	d		goodish
W. 21	Sw. O O	Well	barely	several fits			good
Th. 22	Sh. F.B.	Well	<u>very</u>	1 fit			consid fl.
F. 23	SW. ¹⁶⁵ Dr. D. F.B.	Well	very	slight acid sickness at Lunch			good
<u>Sat 24</u>	Sh. F.B.	Well	very	2 consid fit			good
S. 25	Sh. D. F.B.	Well	<u>very</u>	¹⁶⁶			goodish
M. 26		Well	<u>very</u>	i fit			goodish
T. 27		Well	<u>very</u>	almost fit			do
W 28		Well	<u>very</u>	i fit	wakeful [“goodish” del]		much fl
Th. 29		Well	<u>very</u>				very good
F. 30		Well	<u>very</u>				very good
<u>Sat 31</u>		Well	<u>very</u>	i fit			do

12 double Dashes

	St	oz
Dec. 23	13	5 ½

1854. January

Night: --

Sun 1	Well <u>very</u>		very good
M 2	Well <u>very</u>		very good
T. 3	Well <u>very</u>		very good
W. 4	Well <u>very</u>		good
Th 5	Well <u>very</u>		moderate
F 6	Well	several fits from party ¹⁶⁷	goodish
<u>Sat 7</u>	Well <u>very</u>		goodish
S. 8	Well <u>very</u>	1 fit	goodish
M. 9	Well <u>very</u>		good
T 10	Well <u>very</u>	almost fit	moderate
W 11	Well <u>very</u>		moderate
Th 12	Well <u>very</u>	2 fits	moderate
F. 13	Well <u>very</u>	1 fit	goodish:
<u>Sat 14</u>	Well <u>very</u>	do	do
Sun 15	Well <u>very</u>	do	moderate
M 16	Well <u>very</u>	2 or 3 fits	goodish
T 17	Well <u>very</u>	almost fit	good
W 18	Well <u>very</u>		goodish:
Th 19	Well <u>very</u>		good
F 20	Well <u>very</u>	London ¹⁶⁸	good
<u>Sat 21</u>	Well <u>very</u>		good
S. 22	Well <u>very</u>	 ¹⁶⁹	good
M 23	Well <u>very</u>	2 or 3 fits ½ Lemon ["thrice" "twice" del] thrice	good
T 24	Well <u>very</u>	(some occas. fl) (Whole Lemon Twice a day)	moderate ¹⁷⁰
W. 25	Well <u>very</u>	some occasional	good
Th 26	Well <u>very</u>	do	good:
F. 27	Well <u>very</u>		goodish
<u>Sat 28</u>	Well <u>very</u>		good
S. 29	Well <u>very</u>		good
M. 30	Well <u>very</u>	no fit of fl	good
T. 31	Well <u>very</u>	i fit	goodish

1853 February

Night

W. 1	Poorly. Bad headache. Sickness	(London) ¹⁷¹	Bad
Th 2.	Well <u>very</u>	1 slight fit	indifferent
F 3	Well <u>very</u>	occas fl	moderate
<u>Sat 4</u>	Well <u>very</u>	do	good:
Sun 5	Well <u>very</u>		goodish
M. 6	Well <u>very</u>	i fit (slight cold)	goodish
T 7	Well <u>very</u>		wakeful poorish
W 8	Well <u>very</u>		one baddish fit moderate
Th. 9	Well <u>very</u>		good
F 10	Well <u>very</u>		one consid fit good
<u>Sat 11</u>	Well <u>very</u>		good
Sun 12	Well <u>very</u>		goodish
M 13	Well <u>very</u>	one consid fit	good
T 14	Well <u>very</u>	(Dinner party) ¹⁷²	goodish
W 15	Well <u>very</u>		indifferent
Th 16	Well very	2 fits	good
F 17	Well <u>very</u>		hardly any fit very good
<u>Sat 18</u>	Well <u>very</u>	almost a fit	good
S. 19	Well <u>very</u>	i fit	very good
M. 20	Well <u>very</u>	do	very good
T 21	Well <u>very</u>	do	good
W 22	Well <u>very</u>	do	very good
Th 23	Headach) London ¹⁷³	moderate
F 24	do		goodish
<u>S. 25</u>	Well <u>very</u>		good
S. 26	Well <u>very</u>		good
M 27	Well <u>very</u>		good
T. 28	Well <u>very</u>		good

15 Double Dashes

17 in long month

& include two visits to London. --

1854 MarchNight

W. 1	Well <u>very</u>	almost fit		good
Th. 2	Well very	2 consid. fits		moderate good:
F. 3	Well <u>very</u>	some occas fl		good:
<u>Sat 4</u>	Well <u>very</u>	i fit		heasy, good.
S. 5	Well <u>very</u>			goodish.
M. 6	Well <u>very</u>	i bad fit & Discomfort		good
T. 7	Well <u>very</u>	1 slight fit	do	good
W 8	Well very	2 fits	(Left off Lemon) ¹⁷⁴	goodish
Th 9	Well <u>very</u>	i fit		good
F. 10	Well <u>very</u>	i fit		goodish
<u>Sat 11</u>	Well <u>very</u>			good
Sun 12	Well <u>very</u>			good
M. 13		at night sickness		
T. 14		Rather Poorly		
W. 15		Hartfield for Franky ¹⁷⁵		
		Well		
Th. 16		Well <u>very</u>		good
F. 17		Well <u>very</u>		goodish
<u>Sat 18</u>	Well <u>very</u>			goodish
Sun 19	Well very	i fit		good
M. 20	Well <u>very</u>	do		good:
T. 21	Well very	2 fits		very good
W. 23	Well <u>very</u>			very good
Th. 23	Well <u>very</u>			good
F. 24	Well <u>very</u>			heazish good
<u>Sat 25</u>	Well <u>very</u>	heasy		good
S. 26	Well <u>very</u>			good
M. 27	Well <u>very</u>	some occas fl		good
T. 28	Well very	2 consid fits	wakeful	goodish
W. 29		Poorly in even[in]g		bad
Th 30	Very Poorly	much vomiting	Bad Boil	bad
F. 31	do		Boil broke in noon	bad

1854	April			<u>Night:</u>
<u>Sat. 1</u>	Well but ill from Boil, which broke in early morning			very restless.
S. 2	Poorly	with do		goodish
M. 3	Sick in early morning			heasyish, goodish
T. 4	Poorly sick – Boil better		do	good
W. 5	Well <u>very</u>	i fit	(Half Lemon) ¹⁷⁶	do do
Th. 6	Well <u>very</u>			very good
F. 7	Well very	2 or 3 fits		good
<u>Sat 8</u>	Well <u>very</u>	i fit		good
S. 9	Well very	2 fits		heasyish, good
M 10	Well very	1 fit		good
T. 11	Well very	2 fits		heasyish, good
W. 12	Well very	2 fits		good
Th. 13	Well <u>very</u>	i fit		good
F. 14	Well <u>very</u>			good
<u>Sat 15</u>	Well very	2 fits		good
S. 16	Well <u>very</u>			good
M. 17	Well very	2 <u>bad fits</u>		goodish
T. 18	Well very	2 <u>bad fits</u>		good;
W. 19	Well <u>very</u>	some occas fl	restless	goodish:
Th 20	Well very	2 fits		good
F. 21	Well <u>very</u>	i fit		very heasy -----
<u>Sat 22</u>	Well <u>very</u>			heasy good
S 23	Well very	several slight fits	very heasy	heayish good
M 24	Well <u>very</u>	occas fl	heasyish	slight sinking. bad fl
T. 25	Well very	2 or 3 fits	do	much fl. almost sick
W. 26	Well <u>very</u>	1 long fit	heay	considerable fl.
Th. 27	Well	2 or 3 slight fits	heazish	better
F. 28	Well <u>very</u>	2 slight fits	do	good
<u>Sat 29</u>	Well	much fl	Dinner Par[t]y ¹⁷⁷	good
S. 30	Well very	2 or 3 fits		goodish

Only 3 Double Dashes & two of these not good!

1854 May

M. 1 Well very

T. 2¹⁷⁸ Well very very well yet consid fl.

W. 3 Well very

Th. 4 Well very

F. 5 Well very

Sat 6 Well very

S. 7 Well very 2 consid. fit

M. 8 Well very

T. 9 Well very 2 fits

W. 10 Well very 1 fit

Th 11 Well very do

F. 12 Well ["very" del] very

Sat 13 Well very

S. 14 Well very

M. 15 Well very 2 fits

T. 16 Well very

W. 17 Well very

Th. 18 Well very

F. 19 Well very

Sat 20 Well very

S. 21 Well very

M 22 Well very

T 23 Well very heazy

W. 24¹⁷⁹

Th. 25¹⁸⁰

F. 26

Sat 27

S 28 Well very

M. 29 Well very

T. 30 Well very

W. 31 Well very

Night

good:

good:

good, --

good.

good.

good.: --

good

restless, goodish

heasyish good.

good.

good

goodish,

good

good

goodish

good

good

rather wakeful

goodish

goodish

good.

good.

restless goodish,

goodish.

good

goodish. --

good

very good

very good

do

(Slightly heazy.)

Eight Double, but night much better.

<u>1854</u>	<u>June.</u> —		<u>Nights:</u> --
Th. 1	Well <u>very</u>		goodish.
F. 2	Well <u>very</u>		good
<u>Sat 3-</u>	Well <u>very</u>		good.
S. 4	Well, but in afternoon one very bad fit of fl		good.
M. 5	Well <u>very</u>		goodish.
T. 6	Well barely several bad fits		good.
W. 7	Well <u>very</u>		good:
Th. 8	Well <u>very</u>	restless	goodish.
F. 9	Well very 2 baddish	restless,	poorish
<u>Sat 10</u>	Poorly & sickness & bad headache from Crystal Palace ¹⁸¹		good
S. 11	Well <u>very</u> some occas.		good
M 12	Well <u>very</u>		good: --
T. 13	Well <u>very</u> (some occas fl.)		goodish
W. 14	Well <u>very</u> i fit		poorish
Th 15	Well 2 or 3 fits		goodish:
F 16	["Well very" del] Poorly sickness, headache		good
Sat 17	Well <u>very</u>		goodish
S. 18	Well <u>very</u>	wakeful	good
M 19	Well <u>very</u> i fit	restless	goodish.
T 20	Well <u>very</u>		good :
W. 21	Well <u>very</u>	} London ¹⁸²	goodish.
Th. 22	Well <u>very</u>		good.
F. 23	Well <u>very</u>		restless good:
<u>Sat 24</u>	Well <u>very</u>		very good.
S 25	Well <u>very</u> 1 slight		very good
M 26	Well <u>very</u>		good
T. 27	Well <u>very</u>		good.
W 28	Well very 2 fits		goodish
Th 29	Well <u>very</u>		good
F. 30	Well <u>very</u>		good

1854 July

Night

<u>Sat 1</u>	Well <u>very</u>		moderate
S. 2	Well not quite,	2 Boils	good. –
M. 3	Poorly, <u>sickness</u>		poorish
T. 4	Rather poorly		goodish
W. 5	Cold	Bad Boil	do
Th. 6	Cold	rather poorly	do
F. 7	Cold		do
<u>Sat 8</u>	Well	2 or 3 fits	goodish:
S. 9	Well	do	good.
M. 10	Well <u>very</u>	(some occas fl)	goodish.
T. 11	Well <u>very</u>	2 or 3 fits	goodish
W. 12	Well <u>very</u>	do	good.
Th. 13	Well	Hartfield ¹⁸³	
F. 14	Well		goodish
<u>Sat 15</u>	Well <u>very</u>		good
S. 16	Well <u>very</u>		goodish.
M. 17	Well <u>very</u>		goodish
T. 18	Well <u>very</u>	¹⁸⁴	good :
W. 19	Well <u>very</u>		good
Th. 20	Well <u>very</u>		good
F. 21	Well <u>very</u>		goodish:
<u>Sat 22</u>	Well <u>very</u>		goodish
S. 23	Well <u>very</u>		moderate
M. 24	Well	2 fits	moderate:
T. 25	Well <u>very</u>		do
W. 26	Well <u>very</u>		good
Th. 27	Well <u>very</u>		goodish
F. 28	Well <u>very</u>		good
<u>Sat 29</u>	Well <u>very</u>		good
S. 30	Well <u>very</u>		good.
M. 31	Well <u>very</u>		good:

1854 August

Night: --

T. 1	Well but sick in Evening (London.) ¹⁸⁵		moderate
W. 2	Well		good:
Th 3	Well <u>very</u>		good
F. 4	Poorly, feverish, Boil		feverish
Sat 5			bad
S. 6			do
M 7	Bad Boil, Lumbago : very poorly. --		do
T. 8			do
W. 9			goodish
Th. 10	Better		good
F. 11	Well <u>very</u>		good.
<u>Sat 12</u>	Well <u>very</u>		good.
S. 13	Well <u>very</u>		good:
M. 14	Well <u>very</u> ¹⁸⁶	i fit	goodish.
T 15	Well <u>very</u> 1 fit		good.
W. 16	Well <u>very</u> do		good
Th 17	Well <u>very</u>		good
F 18	Well <u>very</u> some fl.	restless	good
<u>Sat 19</u>	Well <u>very</u>		good
S. 20	Well <u>very</u>		good
M 21	Well not quite – several fit	heazish	good
T. 22	Well <u>very</u>	do	good
W. 23	Well <u>very</u>	do	good
Th. 24	Well <u>very</u>	do	good
F. 25	Well <u>very</u>	do	good
<u>Sat 26</u>	Well <u>very</u>	do	good
S 27	Well <u>very</u>	do	good
M. 28	Well <u>very</u>		good.
T. 29	Well <u>very</u>		good.
W 30	Well <u>very</u>		good.
Th. 31	Well <u>very</u> as far as stomach. but very p from S.E. ¹⁸⁷		wretched ¹⁸⁸

1854 September

F. 1	Well <u>very</u>				Night—
<u>Sat 2</u>	Well <u>very</u>				good: --
S. 3	Well <u>very</u>				good
M. 4	Well	much fl	(work) ¹⁸⁹	heazish	good.
T. 5	Well <u>very</u>		(work)		good.
W 6	Well <u>very</u>	30 drops of Cordial Aloes	no work		good
Th. 7	Well <u>very</u>	20 drops of do	no work		good:
F. 8	Well <u>very</u>	10 drops purged	5 work		good:
<u>Sat 9</u>	Well	consid fl			good:
S. 10	Well	do			goodish
M. 11	Well	do			good.
T. 12	Well <u>very</u>	i fit			good
W. 13	Well <u>very</u>	do			moderate
Th 14	Well <u>very</u>	almost fit			do
F. 15	Well <u>very</u>				good:
<u>Sat 16</u>	Well <u>very</u>	barely, oppressed			good.
S 17	Well <u>very</u>				good
M 18	Well				good.
T. 19	Well <u>very</u>				good.
W. 20	Well <u>very</u>				good.
Th. 21	Well <u>very</u>				good
F. 22 ¹⁹¹	Well <u>very</u>				good
<u>Sat 23</u>	Well <u>very</u>				moderate
S. 24	Well <u>very</u>				poorish:
M. 25	Well <u>very</u>	(<u>little</u> Boil)			goodish
T. 26	Well <u>very</u>				moderate
W. 27	Well <u>very</u>				good.
Th 28	Well <u>very</u>	some fl			good:
F. 29	Well <u>very</u>				good.
<u>Sat 30</u>	Well <u>very</u>				good.

1854 October

Night.

Sunday 1 Well very 2 baddish fits
 M. 2 Well very
 T. 3 Well very
 W. 4 Well very
 Th. 5 Well very very heasy
 F. 6 Well very
Sat 7 Well very¹⁹²
 S. 8 Well very
 M. 9 Well very
 T. 10 Well
 W. 11 Well very
 Th. 12 Well very
 F. 13 Well very
Sat 14 Well very
 S 15 Well very
 M. 16 Well very
 T. 17 Well very
 Th. 19 Well very
 F. 20 Well very
Sat. 21 Well very
 S 22 Well very
 M. 23¹⁹⁴ Well very
 T. 24 Well very
 W. 25 Well very
 Th. 26¹⁹⁵ Well very
 F> 27 Well very
Sat 28¹⁹⁶ Well very
 S 29 Well very
 M. 20 Well very
 T. 31 Well very 2 fits

Leith Hill¹⁹³

good.
 good. : --
 poorish.
 heasy goodish
 do poorish
 very do good
 do poorly, almost sinking
 do moderate
 wakeful poorish
 do goodish.
 do do
 do good: -
 do good
 ["do" del] good
 very good
 good
 good
 poorish:
 goodish.
 goodish.
 poorish.
 good:
 moderate.
 goodish.
 goodish:
 wakeful good
 do moderate
 do do
 goodish
 do

(Nine Double Dashes)

St.

Oct. 31 13 ; 8 lb

1854 November

W. 1	Well <u>very</u>		<u>night</u> : --
Th. 2 ¹⁹⁷	Well <u>very</u>	London ¹⁹⁸	goodish. –
F. 3	Well <u>very</u>		good: --
<u>Sat. 4</u>	Well <u>very</u>		good: --
Su 5	Well <u>very</u>		good. –
M. 6	Well <u>very</u>	some occas	goodish –
T. 7	Well <u>very</u>		do.
W. 8	Well <u>very</u>	one fit	good
Th 9	Well <u>very</u>	oppressed occ	face tickling poorish
F. 10	Well <u>very</u>		restless goodish
<u>Sat 11</u>	Well	afternoon poorly, much fl	do. acid sickness, poor
S. 12	Well barely		wakeful goodish –
M. 13	Well <u>very</u>		moderate
T. 14	Well <u>very</u>		good
W 15	Well <u>very</u>		moderate
Th. 16	Well very		good: --
F 17	Well <u>very</u>	20 drops of li Tinct. Aloes ¹⁹⁹	goodish
Sat 18	Well <u>very</u>		good
S. 19	Well <u>very</u>	1 w. ²⁰⁰	goodish
M. 20	Well barely (boil) (4 w?) ²⁰¹		very wakeful moderate
T 21	Well <u>very</u>		do do do
W. 22	Well <u>very</u> i f		do do do acid sick
Th 23	Well <u>very</u>		rather wakeful goodish
F. 24	Well <u>very</u>		much ft. do
<u>Sat 25</u>	Well <u>very</u>		goodish
S. 26	Well <u>very</u>	some occas fl	good
M. 27	Well <u>very</u>	do	very good.
T. 28	Well <u>very</u>		very good.
W. 29	Well <u>very</u> ²⁰²		good:
Th. 30	Well <u>very</u>		good

1854

Night

December

F 1 ²⁰³ Well very

good: --

Sat. 2 Well very

good:

S. 3 Well very

goodish.

M. 4 Well very

good

T. 5 Well very

good.

W. 6 Well very

poor

Th. 7 Well very

moderate

F. 8 Well very

Sty in Eye

good.

Sat 9 Well several fits

goodish

S. 10 Well very

restless not good

M. 11 Well very

rather wakeful. goodish

T 12 Well very

i badd[ish] fit

good

W. 13 Well very

good

Th. 14 Well very

moderate

F. 15 Well very

goodish_

Sat 16 Well very

good.

S 17 Well very

good

M 18 Well very

good.

T 19 Well very

good:

W. 20 Well very

goodish.

Th 21 Well very

moderate:

F 22 Well very

good.

Sat 23 Well very

good.

S. 24 Well very

Sickness

goodish

M. 25 Well moderate

moderate

T. 26 Well very

do do

W. 27 Poorly rather

goodish

Th 28 do

good.

F 29 Well barely

good

Sat 30 Well very

good.

S. 31 Well very

very restless

204
Children Ill.--

1855

Night: --

Jan:

M. 1²⁰⁵ Well very

bad.

T. 2 Well very

moderate

W. 3 Well very

good

Th 4 Well very

goodish

F. 5 Well very

poor. acid sick: --

Sat. 6 Well barely

moderate

S. 7 Poorly

sick in evening

baddish

M. 8 Well very

very restless extreme fl.

T. 9 Much flatulence

do

do

W. 10²⁰⁶ Consid fl

good but fl.

Th. 1 Well very

goodish

F. 12 Well very

good:

Sat 13 Well very

good.

S. 14²⁰⁷ Well very

goodish

M 15²⁰⁸ Well very

do.

T. 16 Well very

good

W. 17

Th. 18

F. 19

Sat 20

S. 21

M. 22

T. 23

W. 24

Th. 25²⁰⁹

F. 26

Sat 27

S. 28

M. 29

T. 30

Appendix. Darwin's Diary of Health

1. " + , " denotes one episode of vomiting.
2. "7 days," written in pencil, refers to days that Darwin was free of vomiting and able to work.
3. On 31 January 1849, Darwin attended a council meeting of the Geological Society in London (*Correspondence*, 4: 385).
4. "9 days," written in pencil, refers to the days of 15–23 February, 1849, when Darwin was free of vomiting and able to work.
5. stone lbs ounces
 10 7 12
6. Darwin's "sinking" feeling.
7. "With Flannel Waistcoat is 4 ounces."
8. Five minutes.
9. Evening.
10. On 16 August, 1849, Darwin visited the home of Lord Mahon at Chevening. A visit that was not mentioned in the *Diary*.
11. "Cleansing" may refer to taking an enema.
12. Written in pencil. Refers to Darwin's next weighing of himself being on 10 September 1849.
13. Written in pencil.
14. In her diary for September 1849, Emma recorded that on Tuesday 11 September Darwin went to Birmingham for a meeting of the British Association for the Advancement of Science, and on 12 September she followed him. On Saturday 15 September, they started out for Warwick, but then did not go because Darwin was "unwell." On Sunday 16 September they went to Malvern, and on 17 September returned to Birmingham. On Thursday 20 September they came home to Down. In his manuscript "Journal" Darwin recorded these travels as follows: "Sept 11 to 21. British Assoc. at Birmingham, going to Malvern on that Sunday."
15. "3 double" dashes, written in pencil.
16. Charles and Mary Lyell visited Down 15–18 October. Visit not recorded in *Diary* (*Correspondence*, 4: 385).
17. Written in pencil.
18. Written in pencil.
19. On 2 November 1849 William Fox visited Darwin at Down, although this visit is not mentioned in *Diary*. (*Correspondence*, 4: 385).
20. "T," travelling.
21. On 7 November 1849 Darwin attended a council meeting of the Geological Society (*Correspondence*, 4: 385).
22. This means that in the period of 12 weeks up to Saturday 10 November 1849, for every week Darwin had hydropathy treatments of 5 sweating processes, 2 douches, and 2 dripping sheets.

23. Written in pencil.

24. On 19 December, 1849, Darwin attended a council meeting of the Geological Society (*Correspondence*, 4: 385).

25. "T," travelling.

26. These crossed lines indicate that after 20 December Darwin will begin a new weekly course in hydropathy.

27. In the six-week period from 10 November to 20 December, for every week Darwin had 3 sweating processes, 4 douches, and 2 dripping sheets.

28. Written in pencil.

29. Emma began her confinement on 14 January, and 15 January 1850, Emma gave birth to a son, Leonard Darwin. On this occasion Darwin, for the first time, gave his wife chloroform before the doctor arrived to aid her in delivery (*Correspondence*, 4: 302–3, 311, 385).

30. At this time Darwin wrote Fox: "You ask after water cure.--I go honestly on & had had the douche 36° to 37° for 5 minutes & the shallow bath with water at 39° for 4 minutes this very morning." (*Correspondence*, 4: 303). The double lines may indicate that Darwin will change his hydropathy regimen by again (at times) using a sweating process (SW).

31. The Darwins' son George Howard Darwin born on 9 July, 1845.

32. "Georgey," the Darwins' son George.

33. At this time the Darwins' son William attended a preparatory school at Mitcham in Surrey. Emma's diary records that on Monday 28 January, 1850, "Willy went to school."

34. These notes on the different forms of hydropathy that Darwin used aided him in evaluating the effectiveness of these treatments. At this time he "regularly" reported on the treatments to Dr. Gully, who then gave him instructions (*Correspondence*, 4: 335).

35. Written in pencil.

36. 6 February, 1850, Darwin attended a council meeting of the Geological Society (*Correspondence*, 4: 385).

37. Darwin was nominated for election to the council of the Royal Society at a meeting on 16 November 1849. He attended a meeting of the Council on 7 February 1850, but was not among those who were re-elected at the meeting of 31 October 1850 (Records of the Royal Society).

38. Darwin here describes two successive episodes of vomiting occurring on the same day by first writing " + ," and then by writing "sickness," which was his frequent way of writing vomiting.

39. The parallel lines indicate that Darwin will begin a new regimen of hydropathy.

40. Written in pencil.

41. "16" is written in blue pencil over "15," which was written in black pencil.

42. "T," travelling.

43. On 10 April 1850, Darwin attended a meeting of the Geological Society (*Correspondence*, 4: 385).

44. The line indicates a new regimen of hydropathy.
45. Charles and Mary Lyell visited Down on 28–30 April. Not recorded in *Diary of Health* (*Correspondence*, 4: 385).
46. Written in pencil.
47. The nature of this “excitment” is not known.
48. The line indicates a change in hydropathy.
49. Written in pencil.
50. This was Darwin’s third visit to Malvern since his departure in June 1849. It was made for the purpose of being medically evaluated by Dr. Gully (*Correspondence*, 4: 335).
51. Sitz Bath. 19, 20, 21, 22, and 24 June 1850, are the only times that Darwin recorded using Sitz Baths in the *Diary of Health*.
52. Written in pencil.
53. Written in pencil.
54. “T” travels.
55. Leith Hill was the home of Darwin’s sister, Mrs. Caroline Wedgwood.
56. Written in pencil.
57. The Darwins’ son William Erasmus Darwin, born 27 December, 1839.
58. Written in pencil.
59. Darwin here describes episodes of vomiting in the day, and then at night, by first writing “vomit” and then “+.”
60. Hartfield (a village in East Sussex) usually refers to the home of Sarah Elizabeth Wedgwood, Darwin’s maternal aunt. It sometimes also refers to the nearby home of Emma’s sister Charlotte, who was married to the Reverend Charles Langton (*Companion*).
61. Ramsgate was a town on the Kent coast, which was a resort for sea-bathing. The Darwins went to Ramsgate to try the effects of sea-bathing on their nine year-old daughter Annie who had begun to be ill (*Annie’s Box*, 151–53). The *Diary of Health* shows that on 19, 20, and 21 October Darwin went “swim[ming]” at Ramsgate and did not take any hydropathy.
62. “12 bad days!,” added in pencil after the *Diary* had been written in ink.
63. Written in pencil.
64. “Oct. 14 not tired in evening” added in pencil after the *Diary* had been written in ink.
65. Emma’s diary for 16 November 1850 reads: “Ch & I went to Mitcham & brought home W[illiam].”
66. Written in pencil.
67. On 18 December 1850, Darwin attended a council meeting of the Geological Society (*Correspondence*, 4: 386).
68. Written in pencil.
69. Tartar Emetic Ointment was an irritant to the skin.
70. Change in hydropathy to “Sh.”
71. Written in pencil.

72. “9th began Tartar” written in ink, crossing out in pencil.

73. The last entry on Tartar Emetic Ointment in the *Diary of Health*.

74. Written in pencil.

75. Croton was used as a tonic and in treating dyspepsia.

76. In the week of 24–31 March 1851, Darwin traveled with his sick daughter Annie from Down to London and then to Malvern. After leaving Annie at Malvern for treatment by Dr. Gully, he returned to London, and from there went home to Down (*Annie's Box*, 161–65. *Correspondence*, 5: 535).

77. Written in pencil.

78. Darwin was at Malvern from 17–24 April 1851, and because of his “insufferable” grief over the terminal illness and then death of Annie he did not write any entries about himself in his *Diary of Health* from 15–26 April. During this period he chronicled his grief and states of health in letters to Emma. He recommenced writing the *Diary* two days after he returned to Down from Malvern.

79. Written in pencil.

80. Horace Darwin.

81. Written in pencil.

82. The vertical line from 1 June to 21 June may indicate that during this period Darwin continued to treat himself with “sh” (shallow baths), and that after 21 June he stopped this treatment.

83. The vertical line indicates that the day and night symptoms on 8 and 9 June were the same.

84. Written in pencil.

85. Emma's diary for 1851 records: 22 July, Tuesday, “Rowlands & Armstrongs came”; 23 July, Wednesday, “went.” This may refer to Daniel Rowland (1778–1859), antiquarian and philanthropist, born in Shrewsbury, who endowed Shrewsbury with a hospital for women; and William George Armstrong (1810–1900), inventor, who invented guns for the English government.

86. Written in ink. The first time Darwin writes double dashes in ink, instead of pencil. He also first encloses “double dashes” in parentheses.

87. At this time Darwin and his family sojourned at the London home of his brother Erasmus while they saw the Great Exhibition.

88. The horizontal line written on 27 August indicates after this date Darwin will again begin a course of hydropathy.

89. Written in ink.

90. “speudo” probably means “pseudo.”

91. Written in ink. In April 1850 Darwin recorded 17 double dashes.

92. These crossed lines indicate that after 7 October Darwin changed his hydropathy regimen to only taking daily “sh,” except on 11 October when he was traveling.

93. For more on Darwin's treatments with electrical appliances, see chapter 7, notes 31–33.

94. Written in ink.

95. "SU" means Seldom Up.
96. Bartholomew Sullivan was an officer on the *Beagle*, who then became Darwin's lifelong friend.
97. Written in ink.
98. The vertical lines indicate that the day and night symptoms for 15, 16, and 17 December were the same.
99. On 17 December 1851, Darwin attended a meeting of the Geological Society Club (*Correspondence*, 5: 536).
100. The bottom two lines are written in pencil. On January 1850 Darwin recorded 24 double dashes.
101. The horizontal line indicates that after 14 January Darwin changed his hydropathy regimen.
102. Emma's diary records that on 29 January 1852, Darwin went to London to bring their son William back to Down.
103. Written in ink.
104. These crossed lines indicate that after 29 February Darwin changed his hydropathy regimen.
105. Written in ink.
106. This refers to Darwin's hydropathy treatments from 14 January 1852 to 29 February 1852.
107. On 24 March 1852, Darwin and Emma visited their son William at Rugby School (*Correspondence*, 5: 536).
108. At Shrewsbury Darwin stayed at his family home and visited with his sisters Susan and Catherine (*Correspondence*, 5: 536).
109. Written in ink.
110. From 17–26 April 1852, Hooker and his wife visited Down (*Correspondence*, 5: 536).
111. Written in ink.
112. On 23 May, 1852, Darwin dined at High Elms, the home of his neighbor John William Lubbock (*Correspondence*, 5: 536).
113. Written in ink.
114. In her diary for June 1852 Emma wrote: 2 Wednesday, "Charles went to London sick"; 5 Saturday, "came home pretty well." The reason for Darwin's trip to London is not known.
115. The horizontal line and the crossed lines indicate that after 10 June Darwin had made a change in his hydropathy regimen.
116. The horizontal line on 20 June indicates that on this date Darwin's hydropathy change has stopped.
117. Written in ink.
118. The "Ten Days Treatment" refers to the hydropathy Darwin took on the days between 10 and 20 June.

119. The crossed lines indicate that after 11 July Darwin has begun a new hydropathy regimen.

120. Written in ink.

121. Emma's diary for 1852 records that from 5–9 August Charles and Mary Lyell visited Down, although the visit was not recorded in the *Diary of Health*.

122. The two crossed lines and the extended horizontal line indicate that after 21 August Darwin limited his hydropathy to daily shallow baths.

123. This refers to the weeks of hydropathy treatment from 12 July to 21 August.

124. Written in ink.

125. "Trs" may mean "Transpose"; that Darwin vomited on 6 September instead of 5 September. Emma's diary has no entries for either 5 or 6 September.

126. For Leith Hill, see note 55.

127. Written in ink.

128. Emma's diary for 1852 records that on 15 October "dined at the Normans." This refers to George Warde Norman, who lived at Bromley (*Companion*).

129. Not identified.

130. On 24 October 1852, Darwin wrote Fox: "I have been unusually well of late (no Water Cure) . . ." (*Correspondence*, 5: 100).

131. Emma's diary for 1852 records that on 25 October George Brettingham Sowerby came to prepare the drawings for Darwin's cirripide book.

132. Written in ink. In January 1850 Darwin had 24 double dashes. (Also recorded at end of *Diary* for November 1852).

133. Emma's diary for 1852 records: 8 November, "Ch went to London"; 12 November, "came home," although there is no *Diary* record of this visit. Darwin recollected that he and Hooker watched the funeral of the Duke of Wellington, which took place in London on 17–18 November (*Correspondence*, 5: 194).

134. Written in ink. At the end of the *Diary* for October 1852, Darwin had also mentioned that it was his best month since January 1850.

135. Written in ink.

136. This *Diary* page for January 1853 is written in two kinds of ink. The first two entries for 1 and 2 January and for all of the days of the month of January are written in black ink, which Darwin had used previously. The rest of the *Diary* is written in blue ink, including the last entry on "11 Double Dashes."

137. The vertical line extending from 5–16 January, alongside of which is written "Dr.," shows that Darwin treated himself with dripping sheets during these eleven days in January.

138. On 18 January 1853, Darwin reported to his zoologist friend Waterhouse: "I have just lately had a very bad fortnight, otherwise you w^d. have seen me at the [British] Museum this week" (*Correspondence*, 5: 111–12).

139. The entire *Diary* page for February 1853, including the last entry on "Nine Double Dashes," is written in blue ink.

1. “+,” denotes one episode of vomiting.
2. “7 days,” written in pencil, refers to days that Darwin was free of vomiting and able to work.
3. On 31 January 1849, Darwin attended a council meeting of the Geological Society in London (*Correspondence*, 4: 385).
4. “9 days,” written in pencil, refers to the days of 15-23 February, 1849, when Darwin was free of vomiting and able to work.
5. 10 stone 7 lbs 12 ounces
6. Darwin’s “sinking” feeling.
7. “With Flannel Waistcoat is 4 ounces.”
8. Five minutes.
9. Evening.
10. On 16 August, 1849, Darwin visited the home of Lord Mahon at Chevening. A visit that was not mentioned in the *Diary*.
11. “Cleansing” may refer to taking an enema.
12. Written in pencil. Refers to Darwin’s next weighing of himself being on 10 September 1849.
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14. In her diary for September 1849, Emma recorded that on Tuesday 11 September Darwin went to Birmingham for a meeting of the British Association for the Advancement of Science, and on 12 September she followed him. On Saturday 15 September, they started out for Warwick, but then did not go because Darwin was “unwell.” On Sunday 16 September they went to Malvern, and on 17 September returned to Birmingham. On Thursday 20 September they came home to Down. In his manuscript “Journal” Darwin recorded these travels as follows: “Sept 11 to 21. British Assoc. at Birmingham, going to Malvern on that Sunday.”
15. “3 double” dashes, written in pencil.
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17. Written in pencil.
18. Written in pencil.
19. On 2 November 1849 William Fox visited Darwin at Down, although this visit is not mentioned in *Diary*. (*Correspondence*, 4: 385).
20. “T,” travelling.
21. On 7 November 1849 Darwin attended a council meeting of the Geological Society (*Correspondence*, 4: 385).
22. This means that in the period of 12 weeks up to Saturday 10 November 1849, for every week Darwin had hydropathy treatments of 5 sweating processes, 2 douches, and 2 dripping sheets.
23. Written in pencil.
24. On 19 December, 1849, Darwin attended a council meeting of the Geological Society (*Correspondence*, 4: 385).
25. “T,” travelling.
26. These crossed lines indicate that after 20 December Darwin will begin a new weekly course in hydropathy.
27. In the six-week period from 10 November to 20 December, for every week Darwin had 3 sweating processes, 4 douches, and 2 dripping sheets.
28. Written in pencil.
29. Emma began her confinement on 14 January, and 15 January 1850, Emma gave birth to a son, Leonard Darwin. On this occasion Darwin, for the first time, gave his wife chloroform before the doctor arrived to aid her in delivery (*Correspondence*, 4: 302-3, 311, 385).
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hydropathy regimen by again (at times) using a sweating process (SW).

The Darwins' son George Howard Darwin born on 9 July, 1845.

"Georgey," the Darwins' son George.

At this time the Darwins' son William attended a preparatory school at Mitcham in Surrey. Emma's diary records that on Monday 28 January, 1850, "Willy went to school."

These notes on the different forms of hydropathy that Darwin used aided him in evaluating the effectiveness of these treatments. At this time he "regularly" reported on the treatments to Dr. Gully, who then gave him instructions (*Correspondence*, 4: 335).

Written in pencil.

6 February, 1850, Darwin attended a council meeting of the Geological Society (*Correspondence*, 4: 385).

Darwin was nominated for election to the council of the Royal Society at a meeting on 16 November 1849. He attended a meeting of the Council on 7 February 1850, but was not among those who were re-elected at the meeting of 31 October 1850 (Records of the Royal Society).

Darwin here describes two successive episodes of vomiting occurring on the same day by first writing "+," and then by writing "sickness," which was his frequent way of writing vomiting.

The parallel lines indicate that Darwin will begin a new regimen of hydropathy.

Written in pencil.

"16" is written in blue pencil over "15," which was written in black pencil.

"T," travelling.

On 10 April 1850, Darwin attended a meeting of the Geological Society (*Correspondence*, 4: 385).

The line indicates a new regimen of hydropathy.

Charles and Mary Lyell visited Down on 28-30 April. Not recorded in *Diary of Health* (*Correspondence*, 4: 385).

Written in pencil.

The nature of this "excitement" is not known.

The line indicates a change in hydropathy.

Written in pencil.

This was Darwin's third visit to Malvern since his departure in June 1849. It was made for the purpose of being medically evaluated by Dr. Gully (*Correspondence*, 4: 335).

Sitz Bath. 19, 20, 21, 22, and 24 June 1850, are the only times that Darwin recorded using Sitz Baths in the *Diary of Health*.

Written in pencil.

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"T," travels.

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Written in pencil.

The Darwins' son William Erasmus Darwin, born 27 December, 1839.

Written in pencil.

Darwin here describes episodes of vomiting in the day, and then at night, by first writing "vomit" and then "+."

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"12 bad days!" added in pencil after the *Diary* had been written in ink.

Written in pencil.

"Oct. 14 not tired in evening" added in pencil after the *Diary* had been written in ink.

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70. Change in hydropathy to "Sh."
71. Written in pencil.
72. "9th began Tartar" written in ink, crossing out in pencil.
73. The last entry on Tartar Emetic Ointment in the *Diary of Health*.
74. Written in pencil.
75. Croton was used as a tonic and in treating dyspepsia.
76. In the week of 24-31 March 1851, Darwin traveled with his sick daughter Annie from Down to London and then to Malvern. After leaving Annie at Malvern for treatment by Dr. Gully, he returned to London, and from there went home to Down (*Annie's Box*, 161-65. *Correspondence*, 5: 535).
77. Written in pencil.
78. Darwin was at Malvern from 17-24 April 1851, and because of his "insufferable" grief over the terminal illness and then death of Annie he did not write any entries about himself in his *Diary of Health* from 15-26 April. During this period he chronicled his grief and states of health in letters to Emma. He recommenced writing the *Diary* two days after he returned to Down from Malvern.
79. Written in pencil.
80. Horace Darwin.
81. Written in pencil.
82. The vertical line from 1 June to 21 June may indicate that during this period Darwin continued to treat himself with "sh" (shallow baths), and that after 21 June he stopped this treatment.
83. The vertical line indicates that the day and night symptoms on 8 and 9 June were the same.
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85. Emma's diary for 1851 records: 22 July, Tuesday, "Rowlands & Armstrongs came"; 23 July, Wednesday, "went." This may refer to Daniel Rowland (1778-1859), antiquarian and philanthropist, born in Shrewsbury, who endowed Shrewsbury with a hospital for women; and William George Armstrong (1810-1900), inventor, who invented guns for the English government.
86. Written in ink. The first time Darwin writes double dashes in ink, instead of pencil. He also first encloses "double dashes" in parentheses.
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91. Written in ink. In April 1850 Darwin recorded 17 double dashes.
92. These crossed lines indicate that after 7 October Darwin changed his hydropathy regimen to only taking daily "sh," except on 11 October when he was traveling.
93. For more on Darwin's treatments with electrical appliances, see chapter 7, notes 31-33.
94. Written in ink.
95. "SU" means Seldom Up.
96. Bartholomew Sullivan was an officer on the *Beagle*, who then became Darwin's lifelong friend.
97. Written in ink.
98. The vertical lines indicate that the day and night symptoms for 15, 16, and 17

December were the same.

99. On 17 December 1851, Darwin attended a meeting of the Geological Society Club
(*Correspondence*, 5: 536).

100. The bottom two lines are written in pencil. On January 1850 Darwin recorded 24 double
dashes.

101. The horizontal line indicates that after 14 January Darwin changed his hydropathy
regimen.

102. Emma's diary records that on 29 January 1852, Darwin went to London to bring their
son William back to Down.

103. Written in ink.

104. These crossed lines indicate that after 29 February Darwin changed his hydropathy
regimen.

105. Written in ink.

106. This refers to Darwin's hydropathy treatments from 14 January 1852 to 29 February 1852.

107. On 24 March 1852, Darwin and Emma visited their son William at Rugby School
(*Correspondence*, 5: 536).

108. At Shrewsbury Darwin stayed at his family home and visited with his sisters Susan and
Catherine (*Correspondence*, 5: 536).

109. Written in ink.

110. From 17-26 April 1852, Hooker and his wife visited Down (*Correspondence*, 5: 536).

111. Written in ink.

112. On 23 May, 1852, Darwin dined at High Elms, the home of his neighbor John William
Lubbock (*Correspondence*, 5: 536).

113. Written in ink.

114. In her diary for June 1852 Emma wrote: 2 Wednesday, "Charles went to London sick";
5 Saturday, "came home pretty well." The reason for Darwin's trip to London is not known.

115. The horizontal line and the crossed lines indicate that after 10 June Darwin had made a
change in his hydropathy regimen.

116. The horizontal line on 20 June indicates that on this date Darwin's hydropathy change
has stopped.

117. Written in ink.

118. The "Ten Days Treatment" refers to the hydropathy Darwin took on the days between
10 and 20 June.

119. The crossed lines indicate that after 11 July Darwin has begun a new hydropathy
regimen.

120. Written in ink.

121. Emma's diary for 1852 records that from 5-9 August Charles and Mary Lyell visited
Down, although the visit was not recorded in the *Diary of Health*.

122. The two crossed lines and the extended horizontal line indicate that after 21 August
Darwin limited his hydropathy to daily shallow baths.

123. This refers to the weeks of hydropathy treatment from 12 July to 21 August.

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125. "Trs" may mean "Transpose"; that Darwin vomited on 6 September instead of 5
September. Emma's diary has no entries for either 5 or 6 September.

126. For Leith Hill, see note 55.

127. Written in ink.

128. Emma's diary for 1852 records that on 15 October "dined at the Normans." This refers
to George Warde Norman, who lived at Bromley (*Companion*).

129. Not identified.

130. On 24 October 1852, Darwin wrote Fox: "I have been unusually well of late (no Water
Cure) . . ." (*Correspondence*, 5: 100).

131. Emma's diary for 1852 records that on 25 October George Brettingham Sowerby came
to prepare the drawings for Darwin's cirripide book.

132. Written in ink. In January 1850 Darwin had 24 double dashes. (Also recorded at end of
Diary for November 1852).

133. Emma's diary for 1852 records: 8 November, "Ch went to London"; 12 November, "came home," although there is no *Diary* record of this visit. Darwin recollected that he and Hooker watched the funeral of the Duke of Wellington, which took place in London on 17-18 November (*Correspondence*, 5: 194).
134. Written in ink. At the end of the *Diary* for October 1852, Darwin had also mentioned that it was his best month since January 1850.
135. Written in ink.
136. This *Diary* page for January 1853 is written in two kinds of ink. The first two entries for 1 and 2 January and for all of the days of the month of January are written in black ink, which Darwin had used previously. The rest of the *Diary* is written in blue ink, including the last entry on "11 Double Dashes."
137. The vertical line extending from 5-16 January, alongside of which is written "Dr.," shows that Darwin treated himself with dripping sheets during these eleven days in January.
138. On 18 January 1853, Darwin reported to his zoologist friend Waterhouse: "I have just lately had a very bad fortnight, otherwise you w^d. have seen me at the [British] Museum this week" (*Correspondence*, 5: 111-12).
139. The entire *Diary* page for February 1853, including the last entry on "Nine Double Dashes," is written in blue ink.
140. On 1-3 February 1853, Darwin made a trip to London to visit his sisters Susan and Catherine, and brother Erasmus (*Correspondence*, 5: 536).
141. The entire *Diary* page for March 1853, including the last entry on "18 Double dashes," is written in blue ink.
142. There is no other record of Darwin's being in London around the date of 16 March.
143. The *Diary* page for April 1853 is written in two kinds of ink. All of the days of the month, and the entries through 18 April, are written in blue ink. The rest of the entries are written in black ink. From this time on, all of the *Diary* would be written in black ink.
144. Darwin was in London from 4-7 April 1853, and on 6 April attended a meeting of the Geological Society (*Correspondence*, 5: 536).
145. "Swimming" refers to a sensation that Darwin often experienced in his head.
146. For a discussion of the medicinal effects of tea, see Chapter 7, note 34.
147. On 7 May 1853, Darwin attended Lord Rosse's Royal Society party in London, where he talked with Hooker and Charles Bunbury (*Correspondence*, 5: 536).
148. On 1 June 1853, Darwin attended a meeting of the Geological Society (*Correspondence*, 5: 536).
149. The "1" after London probably refers to one fit of flatulence.
150. The Crystal Palace was being rebuilt at Sydenham.
151. Darwin's manuscript "Journal" for 1853 records: "July 14th to Eastbourne: visited Brighton & Hastings. Home Aug. 4th." Darwin and his family stayed at Sea Houses, Eastbourne, from 14 July to 4 August 1853.
152. The Hermitage, near Woking in Surrey, was the home of Harry Allen Wedgwood, Emma's brother. Darwin and his family stayed at the Hermitage from 13 to 17 August, and while there visited Chobham Camp where the English army was engaged in mimic warfare. Darwin "intensely" enjoyed seeing this warfare (*Correspondence*, 5: 539, note 22).
153. On this *Diary* page (as elsewhere in the *Diary*) Darwin sometimes writes "1" as "i."
154. For Crystal Palace, see note 150.
155. The underlining of the "very" is crossed out.
156. The purpose of this London visit is not known. Darwin mentions the visit in a 10 October 1853 letter to the American geologist James Dana (*Correspondence*, 5: 160).
157. The underlining of the "very" is crossed out.
158. The horizontal line indicates that hydropathy, which has been stopped after November 1852, will now begin again after 12 November 1853.
159. Darwin continued to test the effects of tea on his sleep.
160. In these entries for 13, 16, 19, 22, 25, and 28 November 1853, Darwin changed the way he wrote the sweating process. Instead of writing it as "Sw" he respectively wrote it as: "S.W.,"

“S.W.,” “SW,” “SW,” “S.W.,” and “S.W.” The reasons for these changes are not known.

Darwin’s being “Sick & Heasish” and “Poorly” on 29-30 November, 1853, was caused by his having to attend a public ceremony of the Royal Society on 30 November, where he was awarded the Royal Medal of the Society. The award was for his work on barnacles, and his previous work in geology.

“w” means wakeful.

The reasons for Darwin’s London visits on 1 and 10 December are not known.

Darwin’s taking coffee or tea on 3-10 and 13 December 1853 was to evaluate how each of these drinks influenced his being wakeful at night. He hoped to be able to sleep better at night so that he would be less tired during the day.

In the December entries for 1853 Darwin again changed the way he wrote the sweating process so that he respectively wrote it as: “SW,” “SW,” “SW,” “SW,” “SW,” “SW,” and “SW” from 2-23 December. The reasons for these changes are not known.

The horizontal line indicates that hydropathy was stopped after 25 December 1853.

Emma’s diary for 1854 records: Friday, 6 January, “Mrs Fry’s party.” This may refer to the wife of James Thomas Fry of Bastan, near the village of Hayes, about four miles northwest of Down. The Post Office directory lists the Frys there from the early 1850s to the early 1870s. In a 25 July 1863 letter to his son William, Darwin reports that “one day” his Down family and relatives “all went to the Frys & had a gorgeous party with about 80 people chiefly from London & dancing on the Lawn & dinner in grand tent, Band, & ices &c &c” (*Correspondence*, 11: 560-62, 562n10).

The reasons for Darwin’s visit to London are not known.

The horizontal line indicates Darwin will try the effects of lemons.

On 23 and 24 January 1854, Darwin was evaluating the effects of lemons on his illness.

There is no other account of Darwin’s 1 February 1854 London trip.

The “(Dinner Party)” is not identified.

Darwin went to London with Emma, his daughter Etty, and son Leonard (Emma’s diary for 23-25 February, 1854).

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The Darwins’ son Francis became ill on 12 March 1854 when he was at Hartfield. Darwin and Emma then went to Hartfield on 13 March. Darwin returned to Down on 17 March. Emma stayed at Hartfield with Francis, and returned to Down with him on 20 March. (Emma’s 1854 diary for 12-20 March).

On 23 and 24 January 1854, Darwin was evaluating the effects of lemons on his illness.

Not identified.

Darwin attended a London meeting of the Linnean Society (*Correspondence*, 5: 537).

Emma’s dairy for 1854 records: 24 May, “Ch. went to London.”

On 25 May 1854 Darwin attended a meeting of the Philosophical Club of the Royal Society. At this time he wrote Hooker that his London visits had suited his “stomach admirably” (*Correspondence*, 5: 194, 195n5).

On 10 June 1854 Darwin, Emma, and Etty attended the opening of the new Crystal Palace at Sydenham. (Emma’s diary for 10 June 1854, *Correspondence*, 5: 194-95, 195n6.)

During his 21-23 June 1854 visit to London, Darwin attended a dinner of the Philosophical Club of the Royal Society on 22 June (*Correspondence*, 5: 537).

Emma’s diary for 1854 records: 12 July, “I very bad”; 13 July, “Ch & I to Hartfield”; 15 July, “Came home.”

Double dashes under “very” are crossed out.

The reasons for Darwin’s visit to London are not known.

The second dash under “very” is crossed out.

“p” means “poor.” “S” means “seldom.” Darwin uses “S” for seldom in his 1851 *Diary* entries for 6, 12, 21, 22, 23, and 25 November. “E” probably means evacuation, because of the

contents of the passage, and Darwin's use of purgatives in his *Diary* entries for 6-8 September 1854.

This is the only time in the *Diary* that Darwin uses the term *wretched*. Describing a state of feeling that was worse than "poorly."

"(work)" here, and in the following entry on 5 September, refers to the successful actions of a cathartic, that Darwin is taking, which is probably Cordial Aloes.

For a discussion of the medical uses of Cordial Aloes, see Chapter 7, note 36.

Darwin may have continued to have trouble with his bowels, and tried a different cathartic, because on 22 September 1854, Emma wrote in her diary: "Chalk iron & rhub[arb], to C. did not do good." For a discussion of the Darwin family's use of iron chalk and rhubarb, see Chapter 7, note 36.

The dash under "very" is crossed out.

Emma's diary for 1854 records that from 9-14 October, she, her husband, and all of their children except for Horace went to Leith Hill.

Emma's diary for 1854 records that on 23 October she and Darwin visited London.

Emma's 1854 diary recorded that on 26 October the Lyells and Hookers were at Down for a dinner party.

Emma's 1854 diary records that on 28 October the Lyells left Down.

On 2 November 1854, Darwin was elected a member of the Council of the Royal Society (*Correspondence*, 5: 537).

Emma's diary shows that from 2-4 November 1854, she and her husband visited London.

Instead of using Aloes in the form of a "Cordial," Darwin now uses it in the form of "liquid Tincture."

"1 w." means 1 drop of the liquid tincture of Aloes works.

"(4 ?)" refers to the questionable effectiveness of 4 drops of liquid tincture of Aloes.

The second dash under "very" is crossed out.

On 30 November-1 December 1854, Darwin was in London for the anniversary meeting of the Royal Society (*Correspondence*, 5: 537).

The Darwins' two sons Leonard and Francis were ill from 14-29 December 1854, with what Darwin described as "Fever & Inflammation" (*Correspondence*, 5: 253). Emma wrote in her 1854 diary that Leonard and Francis came home "unwell" from Sarah Wedgwood's on 13 and 15 December respectively. On 22 December she wrote that Francis had a "fit," and on 31 December that he "got up."

On 1 January 1855, Darwin wrote his relative Francis Galton that he and Emma were "looking out . . . for a House in London for a month" (*Correspondence*, 5: 253).

On 10 January he wrote Lyell: "We are going to take a House in London for 4 weeks, if we can get one, which seems exceedingly doubtful" (*Correspondence*, 5: 255).

On 14 January he wrote Lyell: "(I hope we have succeeded in a House, after infinite trouble, but am not sure, in York Place, Baker St.)" (*Correspondence*, 5: 256).

On Monday, 15 January, he reported to his Down neighbor John Lubbock: "I have taken a House (28 York Place Baker St.) for a month & we all move on Thursday morning" (*Correspondence*, 5: 258).

A week after moving into his Baker Street house, on 25 January 1855, Darwin attended a Council meeting of the Royal Society, and a meeting of the Philosophical Club. However, during his sojourn in London his children became unwell, and he and Emma had (what he described as) "coughs, & colds, & rheumatism nearly all the time" (*Correspondence*, 5: 289, 537).

140. On 1–3 February 1853, Darwin made a trip to London to visit his sisters Susan and Catherine, and brother Erasmus (*Correspondence*, 5: 536).

141. The entire *Diary* page for March 1853, including the last entry on “18 Double dashes,” is written in blue ink.

142. There is no other record of Darwin’s being in London around the date of 16 March.

143. The *Diary* page for April 1853 is written in two kinds of ink. All of the days of the month, and the entries through 18 April, are written in blue ink. The rest of the entries are written in black ink. From this time on, all of the *Diary* would be written in black ink.

144. Darwin was in London from 4–7 April 1853, and on 6 April attended a meeting of the Geological Society (*Correspondence*, 5: 536).

145. “Swimming” refers to a sensation that Darwin often experienced in his head.

146. For a discussion of the medicinal effects of tea, see Chapter 7, note 34.

147. On 7 May 1853, Darwin attended Lord Rosse’s Royal Society party in London, where he talked with Hooker and Charles Bunbury (*Correspondence*, 5: 536).

148. On 1 June 1853, Darwin attended a meeting of the Geological Society (*Correspondence*, 5: 536).

149. The “1” after London probably refers to one fit of flatulence.

150. The Crystal Palace was being rebuilt at Sydenham.

151. Darwin’s manuscript “Journal” for 1853 records: “July 14th to Eastbourne: visited Brighton & Hastings. Home Aug. 4th.” Darwin and his family stayed at Sea Houses, Eastbourne, from 14 July to 4 August 1853.

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as: “S.W.,” “S.W.,” “SW,” “SW,” “S.W.,” and “S.W.” The reasons for these changes are not known.

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162. “w” means wakeful.

163. The reasons for Darwin’s London visits on 1 and 10 December are not known.

164. Darwin’s taking coffee or tea on 3–10 and 13 December 1853 was to evaluate how each of these drinks influenced his being wakeful at night. He hoped to be able to sleep better at night so that he would be less tired during the day.

165. In the December entries for 1853 Darwin again changed the way he wrote the sweating process so that he respectively wrote it as: “SW,” “SW,” “SW,” “SW,” “SW,” “SW,” and “SW” from 2–23 December. The reasons for these changes are not known.

166. The horizontal line indicates that hydropathy was stopped after 25 December 1853.

167. Emma’s diary for 1854 records: Friday, 6 January, “Mrs Fry’s party.” This may refer to the wife of James Thomas Fry of Bastan, near the village of Hayes, about four miles northwest of Down. The Post Office directory lists the Frys there from the early 1850s to the early 1870s. In a 25 July 1863 letter to his son William, Darwin reports that “one day” his Down family and relatives “all went to the Frys & had a gorgeous party with about 80 people chiefly from London & dancing on the Lawn & dinner in grand tent, Band, & ices &c &c” (*Correspondence*, 11: 560–62, 562n10).

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175. The Darwins’ son Francis became ill on 12 March 1854 when he was at Hartfield. Darwin and Emma then went to Hartfield on 13 March. Darwin returned to Down on 17 March. Emma stayed at Hartfield with Francis, and returned to Down with him on 20 March. (Emma’s 1854 diary for 12–20 March).

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178. Darwin attended a London meeting of the Linnean Society (*Correspondence*, 5: 537).

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181. On 10 June 1854 Darwin, Emma, and Etty attended the opening of the new Crystal Palace at Sydenham. (Emma's diary for 10 June 1854, *Correspondence*, 5: 194–95, 195n6.)

182. During his 21–23 June 1854 visit to London, Darwin attended a dinner of the Philosophical Club of the Royal Society on 22 June (*Correspondence*, 5: 537).

183. Emma's diary for 1854 records: 12 July, "I very bad"; 13 July, "Ch & I to Hartfield"; 15 July, "Came home."

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187. "p" means "poor." "S" means "seldom." Darwin uses "S" for seldom in his 1851 *Diary* entries for 6, 12, 21, 22, 23, and 25 November. "E" probably means evacuation, because of the contents of the passage, and Darwin's use of purgatives in his *Diary* entries for 6–8 September 1854.

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189. "(work)" here, and in the following entry on 5 September, refers to the successful actions of a cathartic, that Darwin is taking, which is probably Cordial Aloes.

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191. Darwin may have continued to have trouble with his bowels, and tried a different cathartic, because on 22 September 1854, Emma wrote in her diary: "Chalk iron & rhub[arb], to C. did not do good." For a discussion of the Darwin family's use of iron chalk and rhubarb, see Chapter 7, note 36.

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193. Emma's diary for 1854 records that from 9–14 October, she, her husband, and all of their children except for Horace went to Leith Hill.

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198. Emma's diary shows that from 2–4 November 1854, she and her husband visited London.

199. Instead of using Aloes in the form of a “Cordial,” Darwin now uses it in the form of “liquid Tincture.”

200. “1 w.” means 1 drop of the liquid tincture of Aloes works.

201. “(4 ?)” refers to the questionable effectiveness of 4 drops of liquid tincture of Aloes.

202. The second dash under “very” is crossed out.

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204. The Darwins’ two sons Leonard and Francis were ill from 14–29 December 1854, with what Darwin described as “Fever & Inflammation” (*Correspondence*, 5: 253). Emma wrote in her 1854 diary that Leonard and Francis came home “unwell” from Sarah Wedgwood’s on 13 and 15 December respectively. On 22 December she wrote that Francis had a “fit,” and on 31 December that he “got up.”

205. On 1 January 1855, Darwin wrote his relative Francis Galton that he and Emma were “looking out . . . for a House in London for a month” (*Correspondence*, 5: 253).

206. On 10 January he wrote Lyell: “We are going to take a House in London for 4 weeks, if we can get one, which seems exceedingly doubtful” (*Correspondence*, 5: 255).

207. On 14 January he wrote Lyell: “(I hope we have succeeded in a House, after infinite trouble, but am not sure, in York Place, Baker St.)” (*Correspondence*, 5: 256).

208. On Monday, 15 January, he reported to his Down neighbor John Lubbock: “I have taken a House (28 York Place Baker St.) for a month & we all move on Thursday morning” (*Correspondence*, 5: 258).

209. A week after moving into his Baker Street house, on 25 January 1855, Darwin attended a Council meeting of the Royal Society, and a meeting of the Philosophical Club. However, during his sojourn in London his children became unwell, and he and Emma had (what he described as) “coughs, & colds, & rheumatism nearly all the time” (*Correspondence*, 5: 289, 537).

1. “+,” denotes one episode of vomiting.
2. “7 days,” written in pencil, refers to days that Darwin was free of vomiting and able to work.
3. On 31 January 1849, Darwin attended a council meeting of the Geological Society in London (*Correspondence*, 4: 385).
4. “9 days,” written in pencil, refers to the days of 15-23 February, 1849, when Darwin was free of vomiting and able to work.
5. 10 stone 7 lbs 12 ounces
6. Darwin’s “sinking” feeling.
7. “With Flannel Waistcoat is 4 ounces.”
8. Five minutes.
9. Evening.
10. On 16 August, 1849, Darwin visited the home of Lord Mahon at Chevening. A visit that was not mentioned in the *Diary*.
11. “Cleansing” may refer to taking an enema.
12. Written in pencil. Refers to Darwin’s next weighing of himself being on 10 September 1849.
13. Written in pencil.
14. In her diary for September 1849, Emma recorded that on Tuesday 11 September Darwin went to Birmingham for a meeting of the British Association for the Advancement of Science, and on 12 September she followed him. On Saturday 15 September, they started out for Warwick, but then did not go because Darwin was “unwell.” On Sunday 16 September they went to Malvern, and on 17 September returned to Birmingham. On Thursday 20 September they came home to Down. In his manuscript “Journal” Darwin recorded these travels as follows: “Sept 11 to 21. British Assoc. at Birmingham, going to Malvern on that Sunday.”
15. “3 double” dashes, written in pencil.
16. Charles and Mary Lyell visited Down 15-18 October. Visit not recorded in *Diary* (*Correspondence*, 4: 385).
17. Written in pencil.
18. Written in pencil.
19. On 2 November 1849 William Fox visited Darwin at Down, although this visit is not mentioned in *Diary*. (*Correspondence*, 4: 385).
20. “T,” travelling.
21. On 7 November 1849 Darwin attended a council meeting of the Geological Society (*Correspondence*, 4: 385).
22. This means that in the period of 12 weeks up to Saturday 10 November 1849, for every week Darwin had hydropathy treatments of 5 sweating processes, 2 douches, and 2 dripping sheets.
23. Written in pencil.
24. On 19 December, 1849, Darwin attended a council meeting of the Geological Society (*Correspondence*, 4: 385).
25. “T,” travelling.
26. These crossed lines indicate that after 20 December Darwin will begin a new weekly course in hydropathy.
27. In the six-week period from 10 November to 20 December, for every week Darwin had 3 sweating processes, 4 douches, and 2 dripping sheets.
28. Written in pencil.
29. Emma began her confinement on 14 January, and 15 January 1850, Emma gave birth to a son, Leonard Darwin. On this occasion Darwin, for the first time, gave his wife chloroform before the doctor arrived to aid her in delivery (*Correspondence*, 4: 302-3, 311, 385).
30. At this time Darwin wrote Fox: “You ask after water cure.--I go honestly on & had had the douche 36° to 37° for 5 minutes & the shallow bath with water at 39° for 4 minutes this very morning.” (*Correspondence*, 4: 303). The double lines may indicate that Darwin will change his

hydropathy regimen by again (at times) using a sweating process (SW).

The Darwins' son George Howard Darwin born on 9 July, 1845.

"Georgey," the Darwins' son George.

At this time the Darwins' son William attended a preparatory school at Mitcham in Surrey. Emma's diary records that on Monday 28 January, 1850, "Willy went to school."

These notes on the different forms of hydropathy that Darwin used aided him in evaluating the effectiveness of these treatments. At this time he "regularly" reported on the treatments to Dr. Gully, who then gave him instructions (*Correspondence*, 4: 335).

Written in pencil.

6 February, 1850, Darwin attended a council meeting of the Geological Society (*Correspondence*, 4: 385).

Darwin was nominated for election to the council of the Royal Society at a meeting on 16 November 1849. He attended a meeting of the Council on 7 February 1850, but was not among those who were re-elected at the meeting of 31 October 1850 (Records of the Royal Society).

Darwin here describes two successive episodes of vomiting occurring on the same day by first writing "+," and then by writing "sickness," which was his frequent way of writing vomiting.

The parallel lines indicate that Darwin will begin a new regimen of hydropathy.

Written in pencil.

"16" is written in blue pencil over "15," which was written in black pencil.

"T," travelling.

On 10 April 1850, Darwin attended a meeting of the Geological Society (*Correspondence*, 4: 385).

The line indicates a new regimen of hydropathy.

Charles and Mary Lyell visited Down on 28-30 April. Not recorded in *Diary of Health* (*Correspondence*, 4: 385).

Written in pencil.

The nature of this "excitement" is not known.

The line indicates a change in hydropathy.

Written in pencil.

This was Darwin's third visit to Malvern since his departure in June 1849. It was made for the purpose of being medically evaluated by Dr. Gully (*Correspondence*, 4: 335).

Sitz Bath. 19, 20, 21, 22, and 24 June 1850, are the only times that Darwin recorded using Sitz Baths in the *Diary of Health*.

Written in pencil.

Written in pencil.

"T," travels.

Leith Hill was the home of Darwin's sister, Mrs. Caroline Wedgwood.

Written in pencil.

The Darwins' son William Erasmus Darwin, born 27 December, 1839.

Written in pencil.

Darwin here describes episodes of vomiting in the day, and then at night, by first writing "vomit" and then "+."

Hartfield (a village in East Sussex) usually refers to the home of Sarah Elizabeth Wedgwood, Darwin's maternal aunt. It sometimes also refers to the nearby home of Emma's sister Charlotte, who was married to the Reverend Charles Langton (*Companion*).

Ramsgate was a town on the Kent coast, which was a resort for sea-bathing. The Darwins went to Ramsgate to try the effects of sea-bathing on their nine year-old daughter Annie who had begun to be ill (*Annie's Box*, 151-53). The *Diary of Health* shows that on 19, 20, and 21 October Darwin went "swim[ming]" at Ramsgate and did not take any hydropathy.

"12 bad days!" added in pencil after the *Diary* had been written in ink.

Written in pencil.

"Oct. 14 not tired in evening" added in pencil after the *Diary* had been written in ink.

65. Emma's diary for 16 November 1850 reads: "Ch & I went to Mitcham & brought home W[illiam]."
66. Written in pencil.
67. On 18 December 1850, Darwin attended a council meeting of the Geological Society (*Correspondence*, 4: 386).
68. Written in pencil.
69. Tartar Emetic Ointment was an irritant to the skin.
70. Change in hydropathy to "Sh."
71. Written in pencil.
72. "9th began Tartar" written in ink, crossing out in pencil.
73. The last entry on Tartar Emetic Ointment in the *Diary of Health*.
74. Written in pencil.
75. Croton was used as a tonic and in treating dyspepsia.
76. In the week of 24-31 March 1851, Darwin traveled with his sick daughter Annie from Down to London and then to Malvern. After leaving Annie at Malvern for treatment by Dr. Gully, he returned to London, and from there went home to Down (*Annie's Box*, 161-65. *Correspondence*, 5: 535).
77. Written in pencil.
78. Darwin was at Malvern from 17-24 April 1851, and because of his "insufferable" grief over the terminal illness and then death of Annie he did not write any entries about himself in his *Diary of Health* from 15-26 April. During this period he chronicled his grief and states of health in letters to Emma. He recommenced writing the *Diary* two days after he returned to Down from Malvern.
79. Written in pencil.
80. Horace Darwin.
81. Written in pencil.
82. The vertical line from 1 June to 21 June may indicate that during this period Darwin continued to treat himself with "sh" (shallow baths), and that after 21 June he stopped this treatment.
83. The vertical line indicates that the day and night symptoms on 8 and 9 June were the same.
84. Written in pencil.
85. Emma's diary for 1851 records: 22 July, Tuesday, "Rowlands & Armstrongs came"; 23 July, Wednesday, "went." This may refer to Daniel Rowland (1778-1859), antiquarian and philanthropist, born in Shrewsbury, who endowed Shrewsbury with a hospital for women; and William George Armstrong (1810-1900), inventor, who invented guns for the English government.
86. Written in ink. The first time Darwin writes double dashes in ink, instead of pencil. He also first encloses "double dashes" in parentheses.
87. At this time Darwin and his family sojourned at the London home of his brother Erasmus while they saw the Great Exhibition.
88. The horizontal line written on 27 August indicates after this date Darwin will again begin a course of hydropathy.
89. Written in ink.
90. "speudo" probably means "pseudo."
91. Written in ink. In April 1850 Darwin recorded 17 double dashes.
92. These crossed lines indicate that after 7 October Darwin changed his hydropathy regimen to only taking daily "sh," except on 11 October when he was traveling.
93. For more on Darwin's treatments with electrical appliances, see chapter 7, notes 31-33.
94. Written in ink.
95. "SU" means Seldom Up.
96. Bartholomew Sullivan was an officer on the *Beagle*, who then became Darwin's lifelong friend.
97. Written in ink.
98. The vertical lines indicate that the day and night symptoms for 15, 16, and 17

December were the same.

99. On 17 December 1851, Darwin attended a meeting of the Geological Society Club
(*Correspondence*, 5: 536).

100. The bottom two lines are written in pencil. On January 1850 Darwin recorded 24 double
dashes.

101. The horizontal line indicates that after 14 January Darwin changed his hydropathy
regimen.

102. Emma's diary records that on 29 January 1852, Darwin went to London to bring their
son William back to Down.

103. Written in ink.

104. These crossed lines indicate that after 29 February Darwin changed his hydropathy
regimen.

105. Written in ink.

106. This refers to Darwin's hydropathy treatments from 14 January 1852 to 29 February 1852.

107. On 24 March 1852, Darwin and Emma visited their son William at Rugby School
(*Correspondence*, 5: 536).

108. At Shrewsbury Darwin stayed at his family home and visited with his sisters Susan and
Catherine (*Correspondence*, 5: 536).

109. Written in ink.

110. From 17-26 April 1852, Hooker and his wife visited Down (*Correspondence*, 5: 536).

111. Written in ink.

112. On 23 May, 1852, Darwin dined at High Elms, the home of his neighbor John William
Lubbock (*Correspondence*, 5: 536).

113. Written in ink.

114. In her diary for June 1852 Emma wrote: 2 Wednesday, "Charles went to London sick";
5 Saturday, "came home pretty well." The reason for Darwin's trip to London is not known.

115. The horizontal line and the crossed lines indicate that after 10 June Darwin had made a
change in his hydropathy regimen.

116. The horizontal line on 20 June indicates that on this date Darwin's hydropathy change
has stopped.

117. Written in ink.

118. The "Ten Days Treatment" refers to the hydropathy Darwin took on the days between
10 and 20 June.

119. The crossed lines indicate that after 11 July Darwin has begun a new hydropathy
regimen.

120. Written in ink.

121. Emma's diary for 1852 records that from 5-9 August Charles and Mary Lyell visited
Down, although the visit was not recorded in the *Diary of Health*.

122. The two crossed lines and the extended horizontal line indicate that after 21 August
Darwin limited his hydropathy to daily shallow baths.

123. This refers to the weeks of hydropathy treatment from 12 July to 21 August.

124. Written in ink.

125. "Trs" may mean "Transpose"; that Darwin vomited on 6 September instead of 5
September. Emma's diary has no entries for either 5 or 6 September.

126. For Leith Hill, see note 55.

127. Written in ink.

128. Emma's diary for 1852 records that on 15 October "dined at the Normans." This refers
to George Warde Norman, who lived at Bromley (*Companion*).

129. Not identified.

130. On 24 October 1852, Darwin wrote Fox: "I have been unusually well of late (no Water
Cure) . . ." (*Correspondence*, 5: 100).

131. Emma's diary for 1852 records that on 25 October George Brettingham Sowerby came
to prepare the drawings for Darwin's cirripide book.

132. Written in ink. In January 1850 Darwin had 24 double dashes. (Also recorded at end of
Diary for November 1852).

133. Emma's diary for 1852 records: 8 November, "Ch went to London"; 12 November, "came home," although there is no *Diary* record of this visit. Darwin recollected that he and Hooker watched the funeral of the Duke of Wellington, which took place in London on 17-18 November (*Correspondence*, 5: 194).
134. Written in ink. At the end of the *Diary* for October 1852, Darwin had also mentioned that it was his best month since January 1850.
135. Written in ink.
136. This *Diary* page for January 1853 is written in two kinds of ink. The first two entries for 1 and 2 January and for all of the days of the month of January are written in black ink, which Darwin had used previously. The rest of the *Diary* is written in blue ink, including the last entry on "11 Double Dashes."
137. The vertical line extending from 5-16 January, alongside of which is written "Dr.," shows that Darwin treated himself with dripping sheets during these eleven days in January.
138. On 18 January 1853, Darwin reported to his zoologist friend Waterhouse: "I have just lately had a very bad fortnight, otherwise you w^d. have seen me at the [British] Museum this week" (*Correspondence*, 5: 111-12).
139. The entire *Diary* page for February 1853, including the last entry on "Nine Double Dashes," is written in blue ink.
140. On 1-3 February 1853, Darwin made a trip to London to visit his sisters Susan and Catherine, and brother Erasmus (*Correspondence*, 5: 536).
141. The entire *Diary* page for March 1853, including the last entry on "18 Double dashes," is written in blue ink.
142. There is no other record of Darwin's being in London around the date of 16 March.
143. The *Diary* page for April 1853 is written in two kinds of ink. All of the days of the month, and the entries through 18 April, are written in blue ink. The rest of the entries are written in black ink. From this time on, all of the *Diary* would be written in black ink.
144. Darwin was in London from 4-7 April 1853, and on 6 April attended a meeting of the Geological Society (*Correspondence*, 5: 536).
145. "Swimming" refers to a sensation that Darwin often experienced in his head.
146. For a discussion of the medicinal effects of tea, see Chapter 7, note 34.
147. On 7 May 1853, Darwin attended Lord Rosse's Royal Society party in London, where he talked with Hooker and Charles Bunbury (*Correspondence*, 5: 536).
148. On 1 June 1853, Darwin attended a meeting of the Geological Society (*Correspondence*, 5: 536).
149. The "1" after London probably refers to one fit of flatulence.
150. The Crystal Palace was being rebuilt at Sydenham.
151. Darwin's manuscript "Journal" for 1853 records: "July 14th to Eastbourne: visited Brighton & Hastings. Home Aug. 4th." Darwin and his family stayed at Sea Houses, Eastbourne, from 14 July to 4 August 1853.
152. The Hermitage, near Woking in Surrey, was the home of Harry Allen Wedgwood, Emma's brother. Darwin and his family stayed at the Hermitage from 13 to 17 August, and while there visited Chobham Camp where the English army was engaged in mimic warfare. Darwin "intensely" enjoyed seeing this warfare (*Correspondence*, 5: 539, note 22).
153. On this *Diary* page (as elsewhere in the *Diary*) Darwin sometimes writes "1" as "i."
154. For Crystal Palace, see note 150.
155. The underlining of the "very" is crossed out.
156. The purpose of this London visit is not known. Darwin mentions the visit in a 10 October 1853 letter to the American geologist James Dana (*Correspondence*, 5: 160).
157. The underlining of the "very" is crossed out.
158. The horizontal line indicates that hydropathy, which has been stopped after November 1852, will now begin again after 12 November 1853.
159. Darwin continued to test the effects of tea on his sleep.
160. In these entries for 13, 16, 19, 22, 25, and 28 November 1853, Darwin changed the way he wrote the sweating process. Instead of writing it as "Sw" he respectively wrote it as: "S.W.,"

“S.W.,” “SW,” “SW,” “S.W.,” and “S.W.” The reasons for these changes are not known.

Darwin’s being “Sick & Heasish” and “Poorly” on 29-30 November, 1853, was caused by his having to attend a public ceremony of the Royal Society on 30 November, where he was awarded the Royal Medal of the Society. The award was for his work on barnacles, and his previous work in geology.

“w” means wakeful.

The reasons for Darwin’s London visits on 1 and 10 December are not known.

Darwin’s taking coffee or tea on 3-10 and 13 December 1853 was to evaluate how each of these drinks influenced his being wakeful at night. He hoped to be able to sleep better at night so that he would be less tired during the day.

In the December entries for 1853 Darwin again changed the way he wrote the sweating process so that he respectively wrote it as: “SW,” “SW,” “SW,” “SW,” “SW,” “SW,” and “SW” from 2-23 December. The reasons for these changes are not known.

The horizontal line indicates that hydropathy was stopped after 25 December 1853.

Emma’s diary for 1854 records: Friday, 6 January, “Mrs Fry’s party.” This may refer to the wife of James Thomas Fry of Bastan, near the village of Hayes, about four miles northwest of Down. The Post Office directory lists the Frys there from the early 1850s to the early 1870s. In a 25 July 1863 letter to his son William, Darwin reports that “one day” his Down family and relatives “all went to the Frys & had a gorgeous party with about 80 people chiefly from London & dancing on the Lawn & dinner in grand tent, Band, & ices &c &c” (*Correspondence*, 11: 560-62, 562n10).

The reasons for Darwin’s visit to London are not known.

The horizontal line indicates Darwin will try the effects of lemons.

On 23 and 24 January 1854, Darwin was evaluating the effects of lemons on his illness.

There is no other account of Darwin’s 1 February 1854 London trip.

The “(Dinner Party)” is not identified.

Darwin went to London with Emma, his daughter Etty, and son Leonard (Emma’s diary for 23-25 February, 1854).

On 23 and 24 January 1854, Darwin was evaluating the effects of lemons on his illness.

The Darwins’ son Francis became ill on 12 March 1854 when he was at Hartfield. Darwin and Emma then went to Hartfield on 13 March. Darwin returned to Down on 17 March. Emma stayed at Hartfield with Francis, and returned to Down with him on 20 March. (Emma’s 1854 diary for 12-20 March).

On 23 and 24 January 1854, Darwin was evaluating the effects of lemons on his illness.

Not identified.

Darwin attended a London meeting of the Linnean Society (*Correspondence*, 5: 537).

Emma’s dairy for 1854 records: 24 May, “Ch. went to London.”

On 25 May 1854 Darwin attended a meeting of the Philosophical Club of the Royal Society. At this time he wrote Hooker that his London visits had suited his “stomach admirably” (*Correspondence*, 5: 194, 195n5).

On 10 June 1854 Darwin, Emma, and Etty attended the opening of the new Crystal Palace at Sydenham. (Emma’s diary for 10 June 1854, *Correspondence*, 5: 194-95, 195n6.)

During his 21-23 June 1854 visit to London, Darwin attended a dinner of the Philosophical Club of the Royal Society on 22 June (*Correspondence*, 5: 537).

Emma’s diary for 1854 records: 12 July, “I very bad”; 13 July, “Ch & I to Hartfield”; 15 July, “Came home.”

Double dashes under “very” are crossed out.

The reasons for Darwin’s visit to London are not known.

The second dash under “very” is crossed out.

“p” means “poor.” “S” means “seldom.” Darwin uses “S” for seldom in his 1851 *Diary* entries for 6, 12, 21, 22, 23, and 25 November. “E” probably means evacuation, because of the

contents of the passage, and Darwin's use of purgatives in his *Diary* entries for 6-8 September 1854.

188. This is the only time in the *Diary* that Darwin uses the term *wretched*. Describing a state of feeling that was worse than "poorly."

189. "(work)" here, and in the following entry on 5 September, refers to the successful actions of a cathartic, that Darwin is taking, which is probably Cordial Aloes.

190. For a discussion of the medical uses of Cordial Aloes, see Chapter 7, note 36.

191. Darwin may have continued to have trouble with his bowels, and tried a different cathartic, because on 22 September 1854, Emma wrote in her diary: "Chalk iron & rhub[arb], to C. did not do good." For a discussion of the Darwin family's use of iron chalk and rhubarb, see Chapter 7, note 36.

192. The dash under "very" is crossed out.

193. Emma's diary for 1854 records that from 9-14 October, she, her husband, and all of their children except for Horace went to Leith Hill.

194. Emma's diary for 1854 records that on 23 October she and Darwin visited London.

195. Emma's 1854 diary recorded that on 26 October the Lyells and Hookers were at Down for a dinner party.

196. Emma's 1854 diary records that on 28 October the Lyells left Down.

197. On 2 November 1854, Darwin was elected a member of the Council of the Royal Society (*Correspondence*, 5: 537).

198. Emma's diary shows that from 2-4 November 1854, she and her husband visited London.

199. Instead of using Aloes in the form of a "Cordial," Darwin now uses it in the form of "liquid Tincture."

200. "1 w." means 1 drop of the liquid tincture of Aloes works.

201. "(4 ?)" refers to the questionable effectiveness of 4 drops of liquid tincture of Aloes.

202. The second dash under "very" is crossed out.

203. On 30 November-1 December 1854, Darwin was in London for the anniversary meeting of the Royal Society (*Correspondence*, 5: 537).

204. The Darwins' two sons Leonard and Francis were ill from 14-29 December 1854, with what Darwin described as "Fever & Inflammation" (*Correspondence*, 5: 253). Emma wrote in her 1854 diary that Leonard and Francis came home "unwell" from Sarah Wedgwood's on 13 and 15 December respectively. On 22 December she wrote that Francis had a "fit," and on 31 December that he "got up."

205. On 1 January 1855, Darwin wrote his relative Francis Galton that he and Emma were "looking out . . . for a House in London for a month" (*Correspondence*, 5: 253).

206. On 10 January he wrote Lyell: "We are going to take a House in London for 4 weeks, if we can get one, which seems exceedingly doubtful" (*Correspondence*, 5: 255).

207. On 14 January he wrote Lyell: "(I hope we have succeeded in a House, after infinite trouble, but am not sure, in York Place, Baker St.)" (*Correspondence*, 5: 256).

208. On Monday, 15 January, he reported to his Down neighbor John Lubbock: "I have taken a House (28 York Place Baker St.) for a month & we all move on Thursday morning" (*Correspondence*, 5: 258).

209. A week after moving into his Baker Street house, on 25 January 1855, Darwin attended a Council meeting of the Royal Society, and a meeting of the Philosophical Club. However, during his sojourn in London his children became unwell, and he and Emma had (what he described as) "coughs, & colds, & rheumatism nearly all the time" (*Correspondence*, 5: 289, 537).